

# LifeSpan

Day Care You Can Trust For Children.



# **Upper Perkiomen School District**

# **Before and After School Care**

# **Enrollment Package**

# 2024-2025 School Year

Programs offered at Hereford and Marlborough Elementary School (also serving 4-5<sup>th</sup> Grade center students)



Dear LifeSpan Families,

Please let me introduce myself and thank you for choosing LifeSpan for your before/after school needs. My name is Nicole Fetherman and I am the Executive Director of all the programs at LifeSpan serving the Upper Perkiomen School District.

Since 1987, LifeSpan has been providing before and after school care for the Quakertown School District. In addition to these programs, we host a full day summer camp. We proudly provide care for approximately 165 children from East Greenville and the surrounding communities.

LifeSpan provides a reliable service for working parents while giving you peace of mind knowing your children are being well cared for in a safe environment. Before and After School Programs have become an extension of the home. LifeSpan takes pride in our caring staff who provide guidance, assist with school work, and provide supervised extra learning opportunities for peer interaction and socialization. All staff complete comprehensive backgrounds checks and many are certified teachers.

With our programs being located within the school buildings, this serves nicely to collaborate academic programming with the school district and can reach more children in need of academic support.

LifeSpan's programs are licensed by the Department of Human Services and follow their guidelines for program operation. Our programs participate in Pennsylvania's Keystone STARS quality initiative with all programs rating a STAR 4 quality rating. We strive to continually improve our programs through this voluntary program.

#### LifeSpan's Program Activities include the following:

- Collaborative academic programs with the school district
- Homework supervision
- Curriculum based activities
- Organized Games/Active Play
- Creative Arts/Dramatic Play
- STEM activities (Science, Technology, Engineering and Math)
- ✤ Breakfast and Snacks
- Monthly activity calendars and Special Events

#### Hours of Operation

On regularly scheduled school days the program opens at 6:30 am and runs until the school bell rings. LifeSpan staff will be on site from the time school closes approximately 3:30 p.m. until 6:00 p.m.

- Delayed openings—8:30 a.m. and remain until the beginning of school day.
- Early dismissal--will run from dismissal until 6:00 pm unless district decides otherwise
- In-service/holiday care days:
  - The following in-service days will be held at Hereford Elementary School: 8/30/24, 10/7/24, 10/18/24, 11/25/24, 11/26/24, 2/14/25, 4/17/25, 4/21/25, 6/11/25
  - The following holiday care days will be held at St. Mark's Lutheran Church: 11/5/24, 11/27/24, 11/29/24, 12/23/24, 12/24/24, 12/26/24, 12/27/24, 12/30/24, 12/31/24
  - The following days LifeSpan will be closed: 8/23/24, 9/2/24, 11/28/24, 12/25/24, 1/1/25, 1/20/25, 2/17/25, 4/18/25
  - Pre-Registration sheets will be required for sign up. They will be handled closer to the date of the in-service/holiday care day.
  - Breakfast and snack will be provided on these days, but a packed lunch is required for all students.

\*When the UPSD schools close due to severe weather or snow, no care is provided.

LifeSpan takes pride in our reputable history of exceptional service to families. We look forward to a stimulating 2024/2025 school year and learning more about your family.

Sincerely,

Nicole Fetherman Executive Director 2460 John Fries Highway Quakertown, PA 18951 215-536-9036 215-538-9435 (fax) nfetherman@lq.org www.lifespanchildcare.org



Dear LifeSpan Parents,

This letter is to assure you of our concern for the safety and welfare of children attending LifeSpan. Our Emergency Plan, which is located at each facility, provides for complete response to all types of emergencies. Depending on the circumstance of the emergency, we will use one of the following protective actions:

- Immediate evacuation: students are evacuated to a safe area on the grounds of the facility in the event of a fire, etc.
- In-place sheltering: sudden occurrences, such as weather or hazardous materials related incidents, may dictate that taking cover inside the building is the best immediate response.
- Evacuation: total evacuation of the facility may become necessary if there is a danger in the area. If requested by local authorities, children will be taken to a relocation facility as follows.

LifeSpan at Hereford/Marlborough

LifeSpan Day Care – East Greenville 399 Washington St. East Greenville PA

 Modified Operation - may include cancellation, postponement or rescheduling of normal activities. These actions are normally taken in case of a winter storm or building problems that make it unsafe for children, but may be necessary in a variety of situations.

Please listen to Channel 69 Storm Center for announcements relaying any of the emergency actions listed above.

We will rely on the telephone as the primary means of notification and communication. Calls can be made to LifeSpan cell phones concerning emergency status using the following numbers:

LifeSpan Day Care – Quakertown	215-536-4417
LifeSpan Day Care - Allentown	267-733-3419
LifeSpan Day Care – E. Greenville	610-216-7170

The form designating persons to pick up your child is included with this letter for you to complete and have returned to the day care facility as soon as possible. This form will be used every time your child is released. Please ensure that only those persons you list on the form attempt to pick up your child. Please feel free to contact the facility director with any questions or concerns.



Date: _ Child's Name: _ Parents/Guardians: _			rth Date:		
- Mailing Address:					
Home Number: _ Work Number: _		* ⊑	Number:		
Facility Child attend	s: Here	ford Elementary	Marlborough	Elementary	4 <sup>th</sup> /5 <sup>th</sup> Grade enter
Child's Schedule for Care:Full Time (5 days)Part Time (2-4 days)Drop In (1 day/as needed)					:)
Days Child will be At	rtending:	Monday Tues Thursday Frida		sday	
		School Age Pr	ogram Only		
Grade: Program Interest: Before School After School Before & After School Holiday/Non-Instructional Days Location:					
Select your child's home school: Hereford Elementary Marlborough Elementary Other:					
Where did you hear a	bout us?				
Were you referred b	y someone?	If so, by whor	n?		-
Office Lles Only:	Napagit	Amount			

**Enrollment** Application

Office Use Only: Deposit	Amount			
Anticipated Start Date	Class	Н	М	
Form Reviewe	d & Entered by			

## LIFESPAN SCHOOL AGE RATES - UPSD

2460 John Fries Highway Quakertown, PA 18951 215-536-4417

## EFFECTIVE July 1st, 2024

BEFORE & AFTER	Before	6:30 a.m. to 8:30 a.m.	\$ 30.00	Day
SCHOOL CARE	After	3:00 p.m. to 6:00 p.m.	\$ 30.00	Day
	Before & After	6:30 a.m. to 6:00 p.m.	\$ 45.00	Day
	Drop In	(in addition to daily rate)	\$ 6.00	Day
	Early Dismissal/Delay Holidays/In-service	(in addition to daily rate)	\$ 12.00	Day
	days		\$ 56.00	Day
	An	nual Registration Fees:		
		\$75.00 for 1 child		
	\$	5100.00 for 2 children		
	¢125	.00 for 3 or more children		

Late Fees: \$1.00 per minute after 6:00 p.m.

UPSD will provide bussing to and from 4<sup>th</sup>/5<sup>th</sup> grade center to homeschool elementary locations. Contact UPSD transportation for details/concerns.

#### AGREEMENT

NAME OF CHILD			START DATE			
FEE AMOUNT \$	PER		PAYMENT TO BE MADE ON MONI	DAYS		
	DAY	WEEK	WEEKLY MONTH	LY		
SERVICES TO BE PROVIDED AS	PART OF THE DAY CARE	FEE (EXAMPLES: TR	ANSPORTATION, CARE, MEALS, ETC.)			
FULL TIME PART TIME	DROP IN		ROOM ASSIGN	IMENT		
MONDAY TUESDAY WE	DNESDAY THURSD	AY FRIDAY				
		OPMENTAL ASSESSMENT	TS GIVEN 2 TIMES A YEAR			
SCHOOL AGE PKC						
CHILD'S ARRIVAL TIME CHILD	'S DEPARTURE TIME	PERSONS DESIGN	ATED BY PARENTS TO WHOM CHILD MA	Y BE RELEASED		
LATE FEE \$1.00 PER N	11N-HR MINUTE					
EXTRA SERVICES TO BE PROVID	ED AT AN ADDITIONAL F	EE (IF APPLICABLE)	TUITION RATE			
			CHILD CARE WORKS/TITLE XX			
REGISTRATION FEE:			PRE-K COUNTS			
DEPOSIT (Last week of care):			CONTRACTUAL ALLOWANCE			
PROMOTION (Optional):			LQ EMPLOYEE DISCOUNT (FACILITY)			
Payment Method: TE Che	eck Cash Cro	edit Card	TOTAL DUE WEEKLY			
I, the Parent/Guardian;						
Receive	d complete written prog	ram information at th	ne time of enrollment. (§ 3270.121, 328	0.121, 3290.121)		
Agree to update the emergency contact/parental consent form information whenever changes occur or every 6 months at a minimum. (§ 3270.124, 3280.124, 3290.124)						
		. ,				
Receive	ed a copy of the Parent I	Handbook.				
Signature – Operator		Date Sign	ature – Parent or Guardian	Date		
DATE OF CHILD'S ADMISSION PERIODIC REVIEW						
DATE OF WITHDRAWAL	SIGNATURE – PARENT O					
	JONATORE - FARENT U	IN GUARDIAN	DATE			

# Allergy Posting

Dear parents,

In order to post medical/allergy information about children, staff must obtain written permission from the parent.

Please sign this form stating that Lifespan has permission to post your child's name on our medical/allergy posting.

Thank You, Lifespan

\*\*\*\*\*\*

Child's Name:

Allergy/Medical Condition:\_\_\_\_\_

Parent/Guardian Signature:\_\_\_\_\_

Date:\_\_\_\_\_

### CHILD HEALTH REPORT

(FIRST)

(55 PA CODE §§3270.131, 3280.131 AND 3290.131)

PARENT/GUARDIAN:

CHILD'S NAME: (LAST)

DATE OF BIRTH:	н	OME PHONE:		ADDRESS:		
CHILD CARE FACILITY NAME:						
FACILITY PHONE:	С	OUNTY:		WORK PHO	WORK PHONE:	
I authorize the child care staff and my child's health professional to communicate directly if needed to clarify information on this form about my child.						
PARENT'S SIGNATURE:						
		DO N	ΟΤ ΟΜΙΤ Α	NY INFOR	MATION	
		professional.	Initial and o	date any ne	w data. The o	hild care facility needs a copy of the form.
HEALTH HISTORY AND MEDICAL INFORMA NONE	TION PERTI	INENT TO RO	UTINE CHIL	.D CARE AN	D DIAGNOSI	S/TREATMENT IN EMERGENCY (DESCRIBE, IF ANY):
DESCRIBE ALL MEDICATION AND ANY SPE CHILD RECEIVES SHOULD BE DOCUMENT NONE	CIAL DIET ED IN THE I	The Child F Event the C	receives ai Child Requi	ND THE REA IRES EMERO	Son for Mi Sency Medi	EDICATION AND SPECIAL DIET. ALL MEDICATIONS A CAL CARE. ATTACH ADDITIONAL SHEETS IF NECESSARY.
CHILD'S ALLERGIES (DESCRIBE, IF ANY)	:					
LIST ANY HEALTH PROBLEMS OR SPECIA DESCRIBE THE PLAN FOR CARE THAT SH EQUIPMENT AND PROVISION FOR EMERG NONE	OULD BE F	ND RECOMM OLLOWED F	IENDED TRE OR THE CHI	ATMENT/SI	ERVICES. AT DING INDIC	TACH ADDITIONAL SHEETS IF NECESSARY TO ATION OF SPECIAL TRAINING REQUIRED FOR STAFF,
COMMUNICABLE DISEASES?	AIN YOUR A	NSWER:	OW IF THE I	RESULTS O	F <b>VISION, H</b>	D APPEAR TO BE FREE FROM CONTAGIOUS OR
SCREENINGS LISTED IN THE ROUTINE PRE HEALTH CARE SERVICES CURRENTLY RECO BY THE AMERICAN ACADEMY OF PEDIATRIC	MMENDED		TION ABOUT			THE DATE THE SCREENING WAS COMPLETED AND TIONS OR ACTIONS RECOMMENDED FOR THE CHILD
SCHEDULE AT <u>WWW.AAP.ORG</u> )		VISION (subjective until age 3)			)	
VES INO		HEARING	(subjectiv	e until age	e 4)	
		LEAD	LEAD			
RECORD DATES OF IMMU	NIZATIO	NS BELOW	OR ATTAC	н а рното	COPY OF T	HE CHILD'S IMMUNIZATION RECORD
IMMUNIZATIONS	DATE	DATE	DATE	DATE	DATE	COMMENTS
HEP-B						
ROTAVIRUS		1				
DTAP/DTP/TD		1				
НІБ					1	
PNEUMOCOCCAL					1	
POLIO						
INFLUENZA						
MMR		1				
VARICELLA						
HEP-A		<u> </u>		-		
MENINGOCOCCAL						
OTHER						
MEDICAL CARE PROVIDER:					SIGNATURE	OF PHYSICIAN, CRNP OR PHYSICIAN'S ASSISTANT
ADDRESS.						
ADDRESS:					TITLE:	
PHONE:			LICENSE NU	MBER: DATE FORM SIGNED:		



We are excited to offer the safety, convenience and ease of Tuition Express<sup>®</sup>—a payment processing system that allows secure, on-time tuition and fee payments to be made from either your bank account or credit card.

## ELECTRONIC FUNDS TRANSFER AUTHORIZATION FOR BANK ACCOUNT and CREDIT CARD

#### COMPLETE ONE SECTION ONLY

SECTION A (Credit Card)

Cardholder Name		Phone #		
Cardholder Address		City		State Zip
Account Number		Expiratio	n Date	
Cardholder Signature				Date
ECTION B (Bank Account)				
Your Name		Phone #		
Address		City		State Zip
Bank or Credit Union Name	Bank or Credit Union A	Address City		State Zip
Routing Transit Number (see sampl	e below)	Account Number (	see sample below)	Checking Savings
Authorized Signature				Date
For Official Use Only	John Sample Mary Sample 123 Nice Street Anytown, USA	вань ся Ти 555-555-55		A service of
Date Received	Pay to the order of:	Attach Voided Check H	tere s	
Employee Signature		Deposit slips not accepted	Dollars	procare software*
		0226	Convia	ht Procare Software 1/19/20



I have received, read and understand the billing policies and procedures as outlined in the attached document for my family's participation in LifeSpan programs.

Family Name	
Signature	Date

Please provide an updated email address for program communications, newsletters and notifications and special announcements.

Email:			
Email:		 	 

Please return to the front office upon enrollment.



#### "GETTING TO KNOW YOU"

We are asking that parents and children involved in our programs participate in a brief survey and questionnaire that will help us create a better understanding of your child, your family and your expectations of our program. We respect and understand your right to privacy and the purpose of this survey is to ensure that your children are receiving the best care possible for each individual child. Please answer the questions honestly and know that your responses will only be reviewed by the director and staff directly involved with the care of your child. Please feel free to contact us to discuss any information you may not be comfortable answering on the survey. If you would prefer to discuss the survey in person with the director and staff, an appointment can be arranged at your convenience.

The first section is general information about your family and life at home. The second section is for you to do with your child. This section will allow us to better understand your child's likes and dislikes which will aid us in designing a program better suited to the preferences of the children within the group. The third section pertains to your child's educational experiences, possible limitations, health and safety issues and general well being. The information you provide here will aid us in providing the most effective environment, learning experiences and appropriate atmosphere for your child to spend their out of school time.

We thank you in advance for your cooperation and the time dedicated to completing the survey. Please return to the office upon completion.

Thank you,

LifeSpan Staff



# Getting to know you-Kindergarten/School-age

Child's Name\_\_\_\_\_ Date\_\_\_\_\_

Section 1 - Family Information

Tell us about your family: Does your child have siblings? Are there nicknames that your child uses to refer to his/her self or other family members?

Section 2 - What makes your child happy? Does your child have a particular hobby, collection, or interest that we could tie into our learning to help your child make meaningful connections and share his/her experiences?

Section 3 - Goals for the school year (social, emotional, cognitive) Are there specific areas that you would like to see us strengthen throughout the school year?

Is there an academic area that you feel your child enjoys that you'd like to see us continue to elaborate on this year?

How does your child get along with others? Is he/she shy? Outgoing? A team player? A Leader?

Is your child exceptional in any way?

## Section 4: Parent Involvement

Does your schedule allow you to read to the class, speak about your favorite hobby, or help organize parties or class events?

Would you like to schedule a "Getting to Know You" meeting with the Director to discuss your child's needs further? \_\_\_\_yes \_\_\_\_not at this time

<b>LifeSpan</b> Day Care You Can Trust For Children.
Homework Contract
LifeSpan School Age Programs offers and encourages children to do homework while attending the after school program. Homework help is available daily. Parents are still responsible to check their child's homework to ensure all assignments have been completed properly. Please note below your preferences in regards to homework for your child.
Child's Name
□ Should complete all assignments
□Should attempt to complete assignments
□Should save homework for home
□OTHER (please specify your preference)
Parent Signature Date



#### Photo Permission Form LifeSpan Release

Of consideration of my engagement as a model, and for other good and valuable consideration herein acknowledged as received, I hereby grant to LifeQuest, his/her heirs legal representatives and assigns, those for whom Photographer is acting, and those acting with his authority, and permission the irrevocable and unrestricted right and permission to take, copyright in his own name or otherwise, and use, reuse and republish photographic portraits or pictures of me or in which I may be included in whole or part, or composite or distorted in character or form without restriction as to changes or alterations, in conjunction with my own or a fictitious name, or reproductions thereof in color or otherwise, made through any medium at his studios or elsewhere, and in any or all media now or hereafter known for illustration, promotion, art editorial, advertising, trade, stock sales, or any other purpose whatsoever, without further compensation. I also consent to the use of any published matter in conjunction therewith.

I hereby waive any right that I may have to inspect or approve the finished product or products and the advertising copy or other matter that may be used in conjunction therewith or the use to which it may be applied.

I hereby release, discharge and release LifeQuest, his/her heirs, legal representatives and assigns, and all persons acting under his permission or authority or those for whom he is acting, from any liability by virtue of any blurring, distortion, alteration, optical illusion, or use in composite form, whether intentional or otherwise, that may occur or be produced in the taking of said photograph or in any subsequent processing thereof, as well as any publication thereof, including without limitations any claims for libel or invasion of privacy.

I hereby warrant that I am of legal age and have the right to contract in my name. I have read the above authorization, release, and agreement, prior to its execution, and am fully familiar with the contents thereof. This release shall be binding upon me and my heirs, legal representatives, and assigns.

I Agree	I Disagree	
Child's Name	Date	
Parent/Guardian Name	Parent/Guardian Signature	
Witness		

CHILD PICE	
I,, (ren) to the person(s) designated. This is in conso	, authorize LifeSpan School & Daycare to release my child nance with the LifeSpan Emergency Plan.
<u>Child(ren) Name(s)</u>	Designated Person(s) Name & Relationship
Parent/Guardian Signature:	
Date:	
Note: Parents/Guardians should designate them other relatives may also be designated.	nselves as a designated person. Friends, neighbors and
Do you have a custody order, restraining order, p child? Yes No	protection from abuse or other court order that affects your
orders of the court will be strictly followed. In th	the most recent order and all amendments thereto. The ne absence of a court order on file with LifeSpan, <u>both</u> nild as stipulated by law. LifeSpan cannot, without a court rent, regardless of the reason.
Rev. 7/15	

#### COMMONWEALTH OF PENNSYLVANIA

TO: Parents and/or Guardians

FROM: Site Director

SUBJECT: Nondiscrimination in Services

Admissions, the provision of services, and referrals of clients shall be made without regard to race, color, religious creed, disability, ancestry, national origin, age or sex.

Program services shall be made accessible to eligible persons with disabilities through the most practical and economically feasible methods available. These methods include, but are not limited to, equipment redesign, the provisions of aides, and the use of alternate service delivery locations. Structural modifications shall be considered only as a last resort among available methods.

Any parent and/or their guardian, who believes they have been discriminated against, may file a complaint with any of the following:

LifeSpan School and Daycare 399 Washington ST. East Greenville, PA 18041

Department of Human Services OCDEL, Southeast Region 801 Market Street Suite 5132 Southeast Regional Office Philadelphia PA 19107

U.S. Dept. of Health and Human Services Bureau of Equal Opportunity Room 223 Health & Welfare Building PO Box 2675 Harrisburg, PA 17105

PA Human Relations Commission Philadelphia Regional Office 11 N. 8<sup>th</sup> Street, Suite 501 Philadelphia, PA 19107 Commonwealth of Pennsylvania DHS Bureau of Equal Opportunity 801 Market Street, Suite 5034 Philadelphia, PA 19107

LifeSpan at Hereford Elementary 1043 Gravel Pike Hereford, PA 18056

LifeSpan at Marlborough Elementary 1450 Gravel Pike Green Lane, PA 18054

LifeSpan serving Fourth/Fifth Grade Center 510 Jefferson St. East Greenville PA 18041

#### Parent/Guardian Signature

Rev. 3/11



# **Parent Handbook**

# 2024-2025

The LifeSpan Parent Handbook can be found on the LifeSpan Child Care website, under the "For Our Parents" tab. The Parent Handbook contains policies and procedures for all parents to review. The web address is <a href="https://www.lifespanchildcare.org/">https://www.lifespanchildcare.org/</a>

I have been given information about where to find the LifeSpan Parent Handbook. I understand that if I have questions, at any time, regarding the handbook, I will consult with the Executive Director.

Parent's Signature:

Parent's Printed Name: \_\_\_\_\_

Child's Name:	

Date:	

#### INDIVIDUALIZED EDUCATION PLANS (IEP) AND INDIVIDUALIZED FAMILY SERVICE PLANS (IFSP) INFORMATION SHEET

Because of the diverse set of needs of the children in our program, it is important to gather as much information about the best ways to educate each child. IEP's and IFSP's are created by service providers working with children with special needs and include this information. The Keystone STARS Performance Standards therefore require each early learning provider to request copies of IEP's and IFSP's for the children in their care. Because of the importance of the IEP/IFSP to a child's learning, the program should have a copy before the child begins to attend, if possible.

The information found on an IEP/IFSP is protected by privacy laws including the Heath Insurance Portability and Accountability Act (HIPPA). Releases of information may also be required to speak to members of a child's treatment team. Professional development regarding privacy issues, and HIPPA in particular, is highly recommended.

Your child's growth and development is measured with developmental assessments. If your child currently has an IEP/IFSP, it would be beneficial to share a copy of this plan with us so we can work together to ensure that the guidelines are put into practice. You do not have to provide this information if you do not wish to do so.

Please circle an option below:

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I am providing a copy of my child's IEP or IFSP.

I am not providing a copy of my child's IEP or IFSP.

This is not applicable to my child.

Parent/Guardian Signature		1.00000	
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Printed Name

\_\_\_\_Date \_\_\_\_\_

# EMERGENCY CONTACT/ PARENTAL CONSENT FORM

医心脏 医尿道 医尿道 医子子 化化学 法		
	(a)(b), 3270.181 & 182; 3380.124(a)(b), 3280.181 & 182; 3290.124 (a)(b), 329	A 191 A
ee oo waxay waxaa waxay ayaa aya	Maxima 2996 181 AV 182: 3280,124(080), 3600,000 BV 186, 26294662 (2889) 252	n-101 m
22 LV F CIMP CHINE TRUE DALWIAL	Autor seatone and another that a	

CHILD'S NAME			BIRTHDATE
ADDRESS			
MOTHER'S NAME/LEGĂĹ GUARDIAN			HOME NUMBER
ADDRESS			CELLNUMBER
BUSINESS NAME	EMAIL A	DDRESS	WORK NUMBER
FATHER'S NAME/ LEGAL GUARDIAN			HOME NUMBER
ADDRESS			CELL NUMBER
BUSINESS NAME	EMAIL	ADDRESS	WORK NUMBER
EMERGENCY CONTACT PERSON(S)			PHONE NUMBER WHEN CHILD IS IN CARE
1			
3			
PERSON(S) TO WHOM CHILD MAY BE RELEASED	ADDRESS		PHONE NUMBER
2			
3 NAME OF CHILD'S PHYSICIAN' MEDICAL CARE PROVIDER			PITONE NUMBER
PROVIDER ADDRESS		1	
SPECIAL DISABILITIES (IF ANY)		ALLERGIES (INCLUI	DING MEDICATION REACTIONS)
MEDICALI DIETARY INFO NECESSARY IN EMERGENCY SITUAT	TION	MEDICATIONS/SPECI	AL CONDITIONS
ADDITIONAL INFORMATION ON SPECIAL NEEDS OF CHILD			
HEALTH INSURANCE COVERAGE FOR CHILD or MEDICAL ASS	ISTANCE BENH	ns POL	KCY NUMBER (REQUIRED)
PARENT SIGNATURE IS REQUIRED FOR E	ADMIN	WITO INDICATE PARI OF MINOR FIRST AID	ENTAL CONSENT PROCEDURES
WALKS AND TRIPS	SWIMM	nNG	
TRANSPORTATION BY FACILITY	WADIN	G	

#### SIGNATURE OF PARENT OR GUARDIAN

D	A	1	E

#### CHILD CARE REQUEST FORM

STUDENT / PARENT INFORMATION Student Name:	REQUESTED START DATE:	Ч
Grade: Home Address:	Cell Phone:	
MORNING REQUEST: Child Care Provider:	Phone Number:	
Pick Up from Home: M T W TH F	Pick Up From Child Care: M T W TH F	
AFTERNOON REQUEST: Child Care Provider:	Phone Number:	
Child Care Address: Drop off at Home: M T W TH F	Drop off at Child Care: M T W TH F	

The Upper Perkiomen School District shall transport students in grades K-5 who are picked up or dropped off at a destination other than their home on a daily basis, for the purpose of child care. Transportation will not be provided for any day care facility located within a walking boundary of a school, or located outside of the district. The parent of students in child care must submit a written request to the Transportation Department yearly for review and approval by June 1st of the preceding school year.

The following conditions must also be met:

- 1. In order to be effective for the beginning of each school year, the Child Care Request Form with parent signature must be submitted by June 1st. Late requests and requests made during the school year, may take up to 2 weeks to complete.
- 2. Such students must board or disembark at an existing stop on the regularly scheduled bus route. We will not reroute buses to accommodate child care requests.
- 3. There must be space available on the bus.
- 4. Such students will be accepted on a first come, first-served basis.
- 5. Such students may not continue to ride the bus if other students, eligible for transportation under the foregoing provisions, are assigned to the bus causing the bus to reach its rated capacity.
- 6. All requests must be for a minimum of two weeks.
- 7. A request to ride an alternate bus, for a temporary situation, will not be issued.
- 8. Subject to the foregoing, not more than three (3) requests for change in location to accommodate a modification of child-care arrangements may be sought during a school term. Split schedule requests will only be accommodated one (1) lime per school vear.
- 9. Eligible stops are accredited child care centers that are within 3 miles of the student's Elementary school boundary; all other stops, family/neighbon/friend, must be within the student's Elementary school boundary.

Dale: Parent/Guardian Signature:

(I have read the policy rules and request the change in accordance with the rules listed above)

## LifeSpan School & Daycare Authorization to Release Student Records

I hereby authorize LifeSpan School & Davcare

To send /release the records indicated below to:

Upper Perkiomen School District

Those records checked, if available, may be released:

1. \_\_\_\_\_Official Administrative Record (name, address, birth date, classroom/grade level completed, grades, and attendance records)

- 2. Health Records including immunization information
- 3. \_\_\_\_\_Child Assessments (Ounce Scale, Work Sampling, Dibels, PALS, Math, Ages and Stage), other developmental screenings.
- 4. \_\_\_\_\_ Teacher Observations and Ratings
- 5. \_\_\_\_\_ Confidential Records (individually administered test results and behavioral, psychological, psychiatric and neurological reports, IEP's/IFSP's)
- 6. <u>X</u>Student Assistance information (behavior reports, incident reports, referral forms, parent questionnaires, and release of information)
- 7. X Verbal/phone and email discussion regarding the educational support and care of my child.

Student's Full Name

Signature of Parent or Guardian

Student's Date of Birth

Date

## LifeSpan School & Daycare Authorization to Release Student Records

I	hereby	authorize
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Upper Perkiomen School District

To send /release the records indicated below to:

LifeSpan School & Day Care

Those records checked, if available, may be released:

1. \_\_\_\_\_Official Administrative Record (name, address, birth date, classroom/grade level completed, grades, and attendance records)

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- 3. \_\_\_\_\_Child Assessments (Ounce Scale, Work Sampling, Dibels, PALS, Math, Ages and Stage), other developmental screenings.
- 4. \_\_\_\_\_Teacher Observations and Ratings
- 5. \_\_\_\_\_ Confidential Records (individually administered test results and behavioral, psychological, psychiatric and neurological reports, IEP's/IFSP's)
- 6. \_\_\_\_\_\_Student Assistance information (behavior reports, incident reports, referral forms, parent questionnaires, and release of information)
- 7. Verbal/phone and email discussion regarding the educational support and care of my child.

Student's Full Name

Signature of Parent or Guardian

Student's Date of Birth

Date



# Child and Adult Care Food Program Enrollment Packet

2024-2025

2460 John Fries Highway Quakertown, PA 18951 215-536-4417 1651 N. Cedar Crest Blvd Allentown, PA 18104 610-435-7833 399 Washington St. East Greenville, PA 18104 215-679-5940

#### **Child and Adult Care Food Program Child Enrollment Form**

#### Sponsor/Center Name: Lifespan

300-09-145-5 Agreement #: \_\_\_\_

#### ENROLLMENT FORM FOR CHILDREN IN CHILD CARE

This document does not have to be completed for children in Emergency Shelters, Outside School Hours, and/or At-Risk programs. It is recommended to have new CACFP Annual Enrollment Forms completed each year during the Household Eligibility Application renewal period. Review completed enrollment form and enter the effective date in lower right hand section.

PARENTS: This institution participates in the Child and Adult Care Food Program (CACFP) and receives relmbursement to provide more nutritious meals for your child(ren). Federal CACFP regulations require all parents and guardians to complete a CACFP Annual Enrollment Form when enrolling their child(ren) and again every year thereafter. This information will help ensure all children receive appropriate meals during their care.

Please complete all areas to include signing and dating same.

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MML	THURSDAY	Other:									
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CHILD CARE REPRESENTATIVE USE ONLY: Effective Date of This Enrollment Form:

Name of Representative/Signature

The effective date can be made retroactive back to the first day the child participates in the CACEP as long as it occurs in the same month this form is received.

Dote

*****			
Annual Time Period Covered by Signature:	to		
Signature Parent/Guardian		Date	
Signature Center Administrator/Home Provider			
*****			
Annual Time Period Covered by Signature:	to		
Characterize Devent / Consultant			
Signature Parent/Guardian		Date	
Signature Parent/Guardian Signature Center Administrator/Home Provider		Date	
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Signature Center Administrator/Home Provider	*****	Date	
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Signature Center Administrator/Home Provider *******************************	••••••••••••••••••••••••••••••••••••••	Date	****
Signature Center Administrator/Home Provider	•••••••••••••••••••••	Date	****
Signature Center Administrator/Home Provider *******************************	to	Date Date Date Date	****

In accordance with federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color, national origin, sex (including gender identity and sexual orientation), disability, age, or reprisal or retaliation for prior civil rights activity.

Program information may be made available in languages other than English. Persons with disabilities who require alternative means of communication to obtain program information (e.g., Braille, large print, audiotape, American Sign Language), should contact the responsible state or local agency that administers the program or USDA's TARGET Center at (202) 720-2600 (voice and TTY) or contact USDA through the Federal Relay Service at (800) 877-8339.

To file a program discrimination complaint, a Complainant should complete a Form AD-3027, USDA Program Discrimination Complaint Form which can be obtained online

at: https://www.usda.gov/sites/default/files/documents/USDA-OASCR%20P-Complaint-Form-0508-0002-508-11-28-17Fax2Mail.pdf, from any USDA office, by calling (866) 632-9992, or by writing a letter addressed to USDA. The letter must contain the complainant's name, address, telephone number, and a written description of the alleged discriminatory action in sufficient detail to inform the Assistant Secretary for Civil Rights (ASCR) about the nature and date of an alleged civil rights violation. The completed AD-3027 form or letter must be submitted to USDA by:

1. mail:

U.S. Department of Agriculture Office of the Assistant Secretary for Civil Rights 1400 Independence Avenue, SW Washington, D.C. 20250-9410; or

- fax: (833) 256-1665 or (202) 690-7442; or
   email:
  - program.intake@usda.gov

This institution is an equal opportunity provider.

### CACFP Meal Benefit Income Eligibility Form Instructions July 1, 2024-June 30, 2025

The Child and Adult Care Food Program (CACFP) makes good food a regular part of your child's day care! Please fill out the *CACFP Meal Benefit Income Eligibility* form. It helps us find out if your household qualifies for free or reduced-price meals. This lets us know how much money CACFP will give to support your day care home or center.

#### Instructions

Here are instructions to help you fill out the form. Before you begin, turn the form over to learn why we ask for this information. It tells you how we use the information and what rights you have. It also tells you how to contact USDA if you believe you are treated unfairly.

Please make sure to fill in all of the requested information. Use a pen to mark your answers on one form. When you are finished, please return the form to us at:

#### Lifespan Phone #\_\_\_\_\_

#### Step 1:

List all the children from your household in the day care. Use one line for each child's name. Write one letter in each box. Stop if you run out of space. If there are more children, add their names on a second piece of paper.

Do you have any foster children? If you answer Yes, mark the *Foster Child* box next to the child's name. If you are only applying for foster children, finish Step 1 and go to Step 4. If you are applying for both foster and non-foster children, go to Step 2.

Are any children migrant, runaway, homeless, or enrolled in Head Start? If Yes, mark the correct boxes next to the child's name and go to Step 4.

#### Step 2:

You qualify for free meals if you live in a household that receives Supplemental Nutrition Assistance Program (SNAP), Temporary Assistance for Needy Families (TANF), or Food Distribution Program on Indian Reservations (FDPIR).

Do any household members, including you, currently receive SNAP, TANF, or FDPIR? If Yes, write the case number in the box and go to Step 4. You only need to provide one case number. If *No*, go to Step 3.

#### Step 3:

Report current income for all household members. Skip this step if you answered Yes in Step 2.

How do you report child income? Turn the form over and use the Source of *Income for Children* chart to see if your household has income to report. Write the amount in the boxes in part A of the form. Mark how often the amount is earned. Write 0 in the box if there is no income to report.

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How do you report income of adult household members? Turn the form over and use the *Source of Income for Adults* chart to see if your household has income to report.

In part B, list all the adults in your household, including you, even if each of you doesn't receive income. Include all adults, such as grandparents, other relatives, and friends who live with you and share household income and expenses. Write the amount of income each of you receives, in the boxes next to your names. Mark how often the amount is received. Write *0* in the box if there is no income to report.

Make sure you report the current amount of money you get before taxes. Don't include SNAP, FDPIR, WIC, student financial aid, or money you receive for a foster child as income.

Count the number of all children and adults in your household. Include all infants, children, students, and adults. Write the total number in the box under the list of adult household members.

Do you or another adult household member have a Social Security number? Write the last four digits in the boxes. If there is no Social Security number, mark the *Check if no SSN* box.

#### **Points to Remember:**

lf:	Then:
Your income isn't always the same	List the amount of money that you normally get. For example, don't include overtime pay, if you don't normally get it. If your income is normally higher or lower, you can report annual income instead.
Your household includes members who aren't citizens	You or your children don't have to be U.S. citizens to qualify for meal benefits.
You are in the military	Don't include your Family Subsistence Supplemental Allowance (FSSA), combat pay, or the money you receive for privatized housing. If deployed, count the amount of pay that is made available to your household as income.

#### Step 4:

An adult household member must sign this form. The signer promises that all information is true and complete.

Print the name, address, and telephone or email of the adult signer. Sign and write today's date in the marked boxes.

#### Optional

We ask about your children's ethnicity and race to make sure we do our best to serve our community. Providing this information is not required. You won't be denied benefits based on your race, color, national origin, sex, age, or disability.

#### CACFP Meal Benefit Income Eligibility Form Sharing Information with Medicaid and SCHIP July 1, 2024-June 30, 2025

Children who get Child and Adult Care Food Program (CACFP) free or reduced-price meals may also qualify for low cost health insurance through Medicaid or the State Children's Health Insurance Program (SCHIP).

We may share your child's CACFP eligibility information with Medicaid or SCHIP, *unless you tell us not to*. Medicaid and SCHIP *only* use the information to find out if children are eligible for their programs. Their staff may contact you to offer to enroll your children in these health insurance programs.

If you **do not** want us to share your information with Medicaid or SCHIP, fill out this page. You should send this page with your *CACFP Meal Benefit Income Eligibility* form when you apply. Sending in this page will not change your child's eligibility for free or reduced-price meals.

÷,

□ No! I do not want my child's CACFP eligibility information shared with Medicaid or SCHIP.

If you checked no, fill this out:	
Child's Name:	
Today's Date:	
Print Your Name:	
Address:	
Signature of Parent or Guardian:	
If you have questions or need help, please contact Craig Kunsman at 484-	243-0619

Ckunsman@lq.org

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#### CACFP Meal Benefit Income Eligibility Form Letter to Parents (Non-Pricing Centers) July 1, 2024-June 30, 2025

July 9, 2024

Dear Parent or Guardian:

LIFESPAN offers healthy meals and snacks to children as part of the Child and Adult Care Food Program (CACFP). LIFESPAN receives support from CACFP to serve those meals. CACFP gives more support if your household income is less than or equal to the limits on this chart:

	ederal Income Standard e Meals for July 1, 2024	
Household size	Yearly Income	Monthly Income
1	\$27,861	\$2,322
2	\$37,814	\$3,152
3	\$47,767	\$3,981
4	\$57,720	\$4,810
5	\$67.673	\$5,640

Please fill out a CACFP Meal Benefit Income Eligibility form. It will help us find out how much support LIFESPAN receives. Please be sure to read the instructions carefully. Fill in all the information we request. We can only accept complete forms. Please send the completed form to:

#### 2460 John Fries Hwy, Quakertown, PA 18951 399 Washington St. East Greenville, PA 18041 1651 N. Cedar Crest Blvd. Allentown, PA 18104

Thank you for taking the time to fill out the form. We hope your child enjoys CACFP meals!

In the operation of child nutrition programs, no person will be discriminated against because of race, color, national origin, sex, age, or disability. If you have questions or need help, please contact **Nicole Fetherman** at **215-536-9036** or **nfetherman@lq.org**.

Sincerely,

Nicole Fetherman M.Ed.

Nicole Fetherman M.Ed. Executive Director This institution is an equal opportunity provider.

This institution is an equal opportunity provider.

#### CACFP Meal Benefit Income Eligibility (Child Care)

Complete one application per household. Please use a pen (not a pencil).

STEP 1 List ALL child	ren in day care (if more spaces are required for a	dditional nam	es, atlach	anothers	heet o	f paper)												
Definition of <b>Household</b> Member: "Anyone who is living with you and shares income and expenses, even if not related."	Child's First Name		MI CI	iild's Last	Name	Í			-			TE	er Child M	ligrant F	lunaway	Homele	ss Head	Start
Children in Foster care and children who meet the definition of Hometess, Migrant or Runaway are eligible for free meals.												Check all tha						
STEP 2 Do any house	shold members (including you) currently participa	te in one or m	iore of the	following	) assilal	ance pr	ograms: SNAP, T	ANF, or	FDPIR	<b>X</b>			n. i	1				
FNO > Go to STEP 3 IF YE	S > Write case number here and proceed to STEP 4 (c	do not complete	e STEP 3)	CASE	NUMBE	iR:							1910	Write on	ly one cas	e numbe	or in this s	space.
STEP 3 Report Incom	ne for ALL Household Members (Skip this step if y	ou answered	'Yes' to S	(EP 2)	1	1.5		Ster	5.49	12.2	120	8.10	18.20	100	1	2 16	-	
Are you unsure what income to include here? Flip the page and review the charts titled "Sources of Income" for more information.	include the TOTAL Income received by all Child B. All Household Members (Including yourself) List all Household Members not listed in STEP 1 (inc for each source in whole dollars (no cents) only. If th Name of Household Members (First and last)	cluding yourself	) even if the ve income f	y do not re om any so	urce, wr v often?	ite 'O'. If y	■         reach Household M         rou enter "0" or leave         Weifare/Child         Support/Alimony	any field	ds blank	, you ar	e certify	ng (pron Pen: Soci	port tota hising) th ions/Retir al Security enetils	nat there rement/ //SSI/	is no in	come to How ofte	o report.	
The "Sources of Income for Children" chart will		\$		0 0	0	0	\$	0	0	0	0	\$			0 (	) C	2 (	)
help you with the Child Income section.		5		0 0	0	0	\$	0	0	0	0	\$	[		0 0	o c	2 (	<u>)</u> '
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The "Sources of Income for Adults" chart will help you with All Adult		\$	[	0 0	0	0	\$,	0	0	0	0	\$	[		0 (	C C	D C	С
Household Members section.		\$.		0 0	0	0	\$1	0	0	0	0	\$		1	0 0	с (	c c	С
	Total Household Members (Children and Adults)		r Digits of So Wage Earne				ber X X X	X	x			Che	eck if no i	SSN [	]			_
STEP 4 Contact in	formation and adult signature. This form is r	not valid wit	hout sign	ature ar	id date	of adu	ult household n	ember					1. 197	10	- 31 P	1		
	l information on this application is true and that all prmation, I am aware that if I purposely give false i																officials	s

Print Name of Adult Signing the Form	Signature of Adult			Today's Date	
Address	City	State	Zip	Phone/Email	

Source of Income for Children		Source of Income for Adults					
Sources of Child Income	Examples	Earnings from Work	Public Assistance/Allmony/ Child Support	Pensions/Retirement/ All other sources of income			
Earnings from work	<ul> <li>A child has a regular full or part-time job where they earn a salary or wages</li> </ul>	<ul> <li>Salary, wages, cash bonuses</li> </ul>	Unemployment benefits     Workers compensation     Supplemental Security Income (SSI)     Cash assistance from State or local     government     Alimony payments	Social Security (including railroad retirement and black lung benefits)     Private Pensions or disability benef Income from trusts or estates     Annuities     Investment income			
Social Security - Disability Payments - Survivors Benefits	<ul> <li>A child is blind or disabled and receives Social Security benefits</li> <li>A parent is disabled, retired, or deceased, and their child receives Social Security benefits</li> </ul>	(farm or business) If you are in the U.S. Military: • Basic pay and cash bonuses (do NOT					
Income from person outside of household	<ul> <li>A friend or extended family member reguartly gives a child spending money</li> </ul>	Include combat pay, FSSA, or privatized housing allowances) • Allowances for off-base housing, food, and clothing	<ul> <li>Child support payments</li> <li>Veterans benefits</li> <li>Strike benefits</li> </ul>	Earned interest     Rental income     Regular cash payments from     outside household			
income from any other source	<ul> <li>A child receives regular income from a private pension fund, annuity, or trust</li> </ul>			OUTSIDE HOUSENDIG			

#### OPTIONAL Children's Ethnic and Racial Identities (Optional)

We are required to ask for information about your children's race and ethnicity. This information is important and helps to make sure we are fully serving our community. Responding to this section is optional and does not affect your children's eligibility for receiving meals during care.

Ethnicity (check one): Hispanic or Latino	Not Hispanic or Latino					
Race (check one or more): 🔲 American Inc	lian or Alaskan Native 📃 Asian	Black or African A	merican 🔲 Native Hawalian	or Other Pacific Islar	der 🗌 White	
The Richard B. Russell National School Lunch A application. You do not have to give the informatic care center/provider receives may be impacted. the social security number of the adult household last four digits of the social security number is no a foster child or you list a Supplemental Nutrition Assistance for Needy Families (TANF) Program or Reservations (FDPIR) case number or other FDPI indicate that the adult household member signing security number. We will use your information to your child care center/provider. We MAY share yo health, and nutrition programs to help them eval	on, but if you do not, the funds your chi fou must include the last four digits of a member who signs the application. T at required when you apply on behalf on Assistance Program (SNAP), Tempora r Food Distribution Program on Indian R identifier for your child or when you g the application does not have a social determine the meal reimbursement four ur eligibility information with educatio uate, fund, or determine benefits for th	Id discriminating or rights activity, he f Program Informa program informa or USDA's TARGE To file a program online at: https:/ or calling (866) 632. n, description of th eir rights violation. T	the basis of race, color, national origition may be made available in langua tion may be made available in langua tion (e.g., Braille, large print, audiota T Center at (202) 720-2600 (voice an a discrimination complaint, a Compla /www.usda.gov/sites/default/files/dr 9992, or by writing a letter addressed	gin, sex {including gende inges other than English. ipe, American Sign Langu d TTY) or contact USDA i inant should complete s occuments/USDA-OASCR d to USDA. The letter m iclent detail to inform th	(USDA) civil rights regulations and policies, this r identity and sexual orientation), disability, age Persons with disabilities who require alternative age), should contact the responsible state or ic through the Federal Relay Service at (800) 877-1 ; Form AD-3027, USDA Program Discrimination %20P-Complaint-Form-0508-0002-508-11-28-1 ust contain the complainant's name, address, te exsistant Secretary for Civil Rights (ASCR) abo JSDA by:	e, or reprisal or retailation for prior civil e means of communication to obtain ocal agency that administers the program 8339. Complaint Form which can be obtained 7Fax2Mail.pdf, from any USDA office, by slephone number, and a written
programs, auditors for program reviews, and law into violations of program rules.	enrorcement officials to help them loc	MAIL*: U.S Off 140	i, Department of Agriculture ice of the Assistant Secretary for Ci 10 Independence Avenue, SW shington, D.C. 20250-9410	-	(833) 256-1665 or (202) 690-7442; L: or program.intake@usda.gov. nstitution is an equal opportunity provider.	"Only use this address if you are filing a complaint of discrimination.
For Official CACFP Sponsor Use Only	NOT VALID WITHOUT DETERM	INING OFFICIAL'S SIG	NATURE AND DATE			
Annual Income Conversion: Weekly x 52, E	very 2 Weeks x 26, Twice a Mont	h x 24, Monthly x 12		4		
Total Income	How often? Weckly BHWeckly Manthly 2xMonth OOOO	usehold size	Categorial Eligibility 🔛	Eligibility Free Reduced Dan		
Determining Official's Signature	Date Co	nfirming Official's Signature		Date	Follow-up Official's Signature	Date

Effective Date: If the Institution is using the parent/guardian signature date as the effective date, the form must have been signed by the Institution representative within the same month the parent signed the form or the immediately following month.

(second check)

(For Pricing Institutions - Verification Official)



## Children and Adults with Disabilities and Special Dietary Needs

Operators of the Child and Adult Care Food Program (CACFP) and Summer Food Service Program (SFSP) are required to make reasonable modifications to Program meals or the meal service to accommodate children or adults (Program participants) with disabilities that restrict the diet.

## 1. Licensed Medical Authority's Statement for Participants with Disabilities

U.S. Department of Agriculture (USDA) regulations at 7 CFR Part 15b require substitutions or modifications in Program meals for participants whose disabilities restrict their diets. Sponsors, centers, and day care homes must provide modifications for participants on a case-by-case basis when requests are supported by a written statement from a state licensed medical authority.

The third page of this document ("Medical Plan of Care for Child Nutrition Programs") may be used to obtain the required information from the licensed medical authority. For this purpose, a state licensed medical authority in Pennsylvania includes a:

- Physician,
- Physician assistant,
- Certified registered nurse practitioner, or
- Dentist.

The written medical statement must include:

- An explanation of how the participant's physical or mental impairment restricts the diet;
- An explanation of what must be done to accommodate the participant; and
- The food or foods to be omitted and recommended alternatives, if appropriate. •

#### 2. Other Special Dietary Needs

Program operators may make food substitutions for individual participants who do not have a medical statement on file. Such determinations are made on a case-by-case basis and all accommodations must be made according to USDA's meal pattern requirements. Program operators are encouraged, but not required, to have documentation on file when making menu modifications within the meal pattern.

Special dietary needs and requests such as those related to general health concerns and personal preferences are not disabilities and are optional for Program operators to accommodate. Meal modifications for non-disability reasons are reimbursable provided that these meals adhere to Program regulations.

#### 3. Rehabilitation Act of 1973 and the Americans with Disabilities Act

Under Section 504 of the Rehabilitation Act of 1973, the Americans with Disabilities Act (ADA) of 1990 and the ADA Amendments Act of 2008, a person with a disability means any person who has a physical or mental impairment that substantially limits one or more major life activities or major bodily functions, has a record of such an impairment, or is regarded as having such an impairment. A physical or mental impairment does not need to be life threatening in order to constitute a disability. If it limits a major life activity, it is considered a disability.

Major life activities include, but are not limited to: caring for oneself, performing manual tasks, seeing, hearing, eating, sleeping, walking, standing, lifting, bending, speaking, breathing, learning, reading, concentrating, thinking, communicating, and working. A major life activity also includes the operation of a major bodily function, including but not limited to: functions of the immune system; normal cell growth; and digestive, bowel, bladder, neurological, brain, respiratory, circulatory, endocrine, and reproductive functions.

#### Children and Adults with Disabilities and Special Dietary Needs

#### 4. Individuals with Disabilities Education Act

Preschool children, infants, and toddlers with disabilities have additional rights under the *Individuals with Disabilities Education Act* (IDEA). Questions regarding the IDEA's requirements should be directed to the U.S. Department of Education, which is the federal agency responsible for the administration and enforcement of the IDEA.

#### Child Nutrition Program (CACFP/SFSP) Contact

For more information about requesting accommodations to Program meals and the meal service for participants with disabilities, contact:

Click here to enter local contact name and information.

#### **USDA Nondiscrimination Statement**

In accordance with federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color, national origin, sex (including gender identity and sexual orientation), disability, age, or reprisal or retaliation for prior civil rights activity.

Program information may be made available in languages other than English. Persons with disabilities who require alternative means of communication to obtain program information (e.g., Braille, large print, audiotape, American Sign Language), should contact the responsible state or local agency that administers the program or USDA's TARGET Center at (202) 720-2600 (voice and TTY) or contact USDA through the Federal Relay Service at (800) 877-8339.

To file a program discrimination complaint, a Complainant should complete a Form AD-3027, USDA Program Discrimination Complaint Form which can be obtained online at: <a href="https://www.usda.gov/sites/default/files/documents/USDA-OASCR%20P-Complaint-Form-0508-0002-508-11-28-17Fax2Mail.pdf">https://www.usda.gov/sites/default/files/documents/USDA-OASCR%20P-Complaint-Form-0508-0002-508-11-28-17Fax2Mail.pdf</a>, from any USDA office, by calling (866) 632-9992, or by writing a letter addressed to USDA. The letter must contain the complainant's name, address, telephone number, and a written description of the alleged discriminatory action in sufficient detail to inform the Assistant Secretary for Civil Rights (ASCR) about the nature and date of an alleged civil rights violation, The completed AD-3027 form or letter must be submitted to USDA by:

- mail: U.S. Department of Agriculture Office of the Assistant Secretary for Civil Rights 1400 Independence Avenue, SW Washington, D.C. 20250-9410; or
- 2. fax: (833) 256-1665 or (202) 690-7442; or
- email: program.intake@usda.gov.

This institution is an equal opportunity provider.

# Medical Plan of Care for Child Nutrition Programs (CACFP and SFSP) Please read pages 1 and 2 before completing this form.

Participant's Name	Date of Bir	th	Age/Classroom
Name of Center/Program/Site			
Name of Parent/Guardian or Participant's Representative	Phon	e Number of	Parent/Guardian/Representative
Signature of Parent/Guardian or Participant's Representative	Date		
1. Provide an explanation below of how the participant's physical or n	nental impairm	ent restricts t	he participant's diet:
2. Describe the specific diet or necessary modifications prescribed by participant's needs:			
3. List the food or foods to be omitted (please be specific) and recom Foods to be omitted:	mended altern	atives, if app	ropriate.
Suggested substitutions:			
4. Indicate texture modifications, if applicable:			
Chopped/Cut into bite-sized pieces Diced/Finely Ground	Pureed LIC	)ther:	
5. List any required special adaptive equipment:			
Name of Physician/Medical Authority & Title (Please Print)		Provider Pho	one Number
Signature of Physician/Medical Authority			Date
Signing the following section is optional but may prevent delays by allow	ing the Program	n to speak with	h the physician/medical authority.
Health Insurance Portability and Accountability Act Waiver In accordance with the provisions of the Health Insurance Portability Rights and Privacy Act, I hereby authorize protected health information of the participant as is necessary for the (center/program	and Accounta specific purpo /site) and I cor	bility Act of 19 (me ose of Specia sent to allow the participan	996 and the Family Educational dical authority) to release such I Diet information to the physician/medical authority to t with the childcare/adult care/
summer food program as necessary. I understand that I may refuse request for a special diet for the participant. I understand that permis except when the information has already been released. My permiss (date). This information is to be released for t	ssion to releas sion to release he specific pu	e this informat this informat pose of Spec	ation may be rescinded at any time ion will expire on cial Diet information.
The undersigned certifies that he/she is ( <i>circle one</i> ): Parent Gua listed on this document and has the legal authority to sign on behalf	rdian Adult   of that person.		or Representative of participant
Signature:		_ Date:	

#### How does CACFP work?

Day care homes and centers receive money for serving nutritious meals. The Food and Nutrition Service (FNS), an agency of the U.S. Department of Agriculture (USDA) oversees CACFP.

States approve sponsors and centers to operate the program. States also monitor and provide training and guidance to make sure CACFP runs right.

Sponsoring organizations support day care homes and centers with training and monitoring. All day care homes participate in CACFP through a sponsor.





#### Contacts

Here is space for the State agency and sponsoring organization to add contact information.



FNS-319 October 2019 USDA is an equal opportunity provider, employer and lender.

# Building for The Future



# In the Child and Adult Care Food Program (CACFP)

# Building for the Future in the CACFP

#### What is CACFP?

CACFP is the Child and Adult Care Food Program. It is a Federal program that pays for healthy meals and snacks for children and adults in day care.

CACFP improves the quality of day care. It makes the cost of day care cheaper for many low-income families.

Besides providing meals in day care, CACFP makes afterschool programs more appealing to at-risk children and youth. Serving afterschool meals and snacks attracts students to learning activities that are safe and fun.

Children and youth who are homeless can also receive meals at shelters that participate in CACFP.

Here is space for the State agency and sponsoring organization to add contact information.

#### Who is eligible for CACFP meals?

- Children under age 13,
- Migrant children under age 16,
- Children and youth under age 19 in afterschool programs in lowincome areas,
- Children and youth under age 19 who live in homeless shelters, and
- Adults who are impaired or over age 60 and enrolled in adult day care

#### What kinds of meals are served?

CACFP meals follow USDA nutrition standards.

- Breakfast consists of milk, fruits or vegetables, and grains.
- Lunch and Supper require milk, grains, meat or other proteins, fruits, and vegetables.
- Snacks include two different servings from the five components: milk, fruits, vegetables, grains, or meat or other proteins.

#### Where are CACFP meals served?

Many types of facilities participate in CACFP.

#### Child Care Centers:

Licensed child care centers and Head Start programs provide day care with meals and snacks to large numbers of children.

Outside-School-Hours Care Centers: Licensed centers offer before or afterschool care with meals and snacks to large numbers of school-aged children.

#### Family Day Care Homes:

Licensed providers offer family child care with free meals and snacks to small groups of children in private homes.

#### "At-Risk" Afterschool Care Programs:

Centers in low-income areas provide learning activities with free meals and snacks to school-age children and youth.

#### Emergency Shelters:

Homeless, domestic violence, and runaway youth shelters provide places to live with free meals for children and youth.

#### Adult Day Care Centers:

Licensed centers provide day care with meals and snacks to enrolled adults.

## Did you know?

- Even if you receive SNAP, MA or TANF, you may also apply for WIC.
- In most instances, WIC has higher income guidelines than SNAP, MA or TANF. Even if you don't qualify for these programs, you may qualify for WIC.
- Most families in Head Start and Early Head Start qualify for WIC.
- Foster children under age 5 qualify for WIC. Foster parent income is not considered.
- WIC does not require proof of citizenship.

#### **WIC Income Guidelines**

Household Size	*Monthly (Approx.)	
1	\$2,322	
2	\$3,152	
3	\$3,981	
4	\$4,810	

\$830



\*Income (before taxes) is effective July 1, 2024. For each unborn infant, add one to household size.



## How DO I APPLY?

Get started online at pawic.com or call 1-800-WIC-WINS (1-800-942-9467).

www.health.pa.gov www.pawic.com

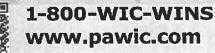


PA WIC is funded by the USDA. This institution is an equal opportunity provider.

Rev. 7/24



Choose Healthy. Choose WIC!



## What IS WIC?

WIC is the Special Supplemental Nutrition Program to help improve the health of women, infants and children. WIC services are provided at no cost to you and your family.

#### "WIC has helped me make healthier choices for my child, and I can save on my grocery bill." -- WIC Mom

## Who IS ELIGIBLE?

- Women who are pregnant, breastfeeding or recently had a baby (under 6 months)
- Infants
- Children under age 5

You must live in Pennsylvania, have a nutrition need and not exceed the income guidelines.

WIC is for married and single parents, working families and the unemployed. If you are a father, mother, foster parent or other legal guardian of a child under age 5, you can apply for WIC for your child.



## How CAN WIC HELP MY FAMILY?

# Offers screenings and referrals to health care and other services

- Iron testing for anemia
- Immunization, health and lead screenings
- Referrals for SNAP, MA, TANF, CHIP, Healthy Beginnings Plus, Head Start, food banks, etc.

#### Gives advice for healthy eating

- One-on-one nutrition education
- Nutrition materials
- Online information

#### Supports breastfeeding

Breastfeeding provides many health, nutritional, economical and emotional benefits to mother and baby. WIC helps mothers continue breastfeeding even if they return to work.

#### **Provides healthy food**

- ✓ Milk
- ✓ Cheese
- ✓ Yogurt
- ✓ Soy-based beverages
- 🗸 Tofu
- Fruits and vegetables (fresh, frozen or canned)
- ✓ Dried or canned beans/peas
- ✓ Eggs
- ✓ Peanut butter
- ✓ Canned fish
- 🗸 Juice
- ✓ Cereal
- ✓ Whole grains (bread, tortillas, oats, brown rice and pasta)
- ✓ Infant foods
- ✓ Formula and medically necessary supplements

