



QUAKERTOWN LIFESPAN SCHOOL AGE



DECEMBER SNACK MENU 2024

	Monday		Tuesday		Wednesday		Thursday		Friday	
Week of 12/2	BREAKFAST	PM	BREAKFAST	PM	BREAKFAST	PM	BREAKFAST	PM	BREAKFAST	AM/PM
	1 oz Kix Cereal 8oz 1% Milk 4oz Applesauce	1 pk Apple Cinnamon Rice Cakes, 6 oz Apple Juice	1 Blueberry Muffin, 8oz 1%Milk, 4oz Mixed Fruit	1 pk Cheddar Goldfish 6oz Apple Juice	1 oz Crispy Rice 8oz 1% Milk, Pears	3/4 c. Wheat Thins, 1 Cheesestick 6oz White Grape	1 English Muffin w. Cream Cheese 8 oz 1% Milk 4oz Applesauce	1 pk White Ched Popcorn 6oz Apple Juice	1oz Cheerios, 8oz 1% Milk Mandarin Oranges	1 pk Sports Bites 6oz Apple Juice
Grain										
Dairy										
Fruit/Veg.										
Other										
Week of 12/9	BREAKFAST	PM	BREAKFAST	PM	BREAKFAST	PM	BREAKFAST	PM	BREAKFAST	PM
	1 Banana Muffin, 8oz 1%Milk, 4oz Mixed Fruit	1 pk Cheez-its 6oz Apple Juice	1 oz Kix Cereal 8oz 1% Milk 4oz Mandarin Oranges	3/4 c. Wheat Thins, 1 Cheesestick 6oz White Grape	1 Blueberry Muffin, 8oz 1%Milk, 4oz Applesauce	1 pk Trad Chex Mix 6oz Apple Juice	1 oz Crispy Rice 8oz 1% Milk, Pineapples	3/4 c. Wheat Thins, 1 Cheesestick 6oz White Grape	1 Cornbread Muffin, 8oz 1%Milk, 4oz Pears	1 pk Ritz Bits 6oz Apple Juice
Grain										
Dairy										
Fruit/Veg.										
Other										
Week of 12/16	BREAKFAST	PM	BREAKFAST	PM	BREAKFAST	PM	BREAKFAST	PM	BREAKFAST	PM
	1oz Cheerios, 8oz 1% Milk Mandarin Oranges	1 pk White Ched Popcorn 6oz Apple Juice	1 Cornbread Muffin, 8oz 1%Milk, 4oz Pears	1 pk Cheez-its 6oz Apple Juice	1 oz Kix Cereal 8oz 1% Milk 4oz Mixed Fruit	1 pk Heartzels, 1 Cheesestick 6oz Apple Juice	1 Banana Muffin, 8oz 1%Milk, 4oz Applesauce	1 pk Cheddar Goldfish 6oz Apple Juice	1 oz Crispy Rice 8oz 1% Milk, Pineapples	1 pk Ched Chex Mix 6oz Apple Juice
Grain										
Week of 12/23	BREAKFAST	AM/PM	BREAKFAST	AM/PM	CLOSED	CLOSED	BREAKFAST	AM/PM	BREAKFAST	AM/PM
	1 Blueberry Muffin, 8oz 1%Milk, 4oz Applesauce	1 pk Cheez-its 6oz Apple Juice	1 oz Crispy Rice 8oz 1% Milk, Pears	1 pk Heartzels, 1 Cheesestick 6oz Apple Juice	CLOSED	CLOSED	1 Banana Muffin, 8oz 1%Milk, 4oz Mixed Fruit	1 pk Ched Chex Mix 6oz Apple Juice	1 oz Kix Cereal 8oz 1% Milk 4oz Applesauce	1 pk Ritz Bits 6oz Apple Juice
Grain										
Dairy		1 pk Trad Chex Mix 6oz White Grape Juice		1 pk Cheddar Goldfish 6oz Apple Juice	MERRY CHRISTMAS	MERRY CHRISTMAS		1 pk White Ched Popcorn 6oz Apple Juice		1 pk Sports Bites 6oz Apple Juice
Fruit/Veg.					CLOSED MERRY CHRISTMAS	CLOSED MERRY CHRISTMAS				
Other	HOLIDAY CARE	HOLIDAY CARE	HOLIDAY CARE	HOLIDAY CARE			HOLIDAY CARE	HOLIDAY CARE	HOLIDAY CARE	HOLIDAY CARE
Week of 12/30	BREAKFAST	AM/PM	BREAKFAST	AM/PM	CLOSED	CLOSED	BREAKFAST	PM	BREAKFAST	PM
	1 oz Crispy Rice 8oz 1% Milk, Pears	1 pk Heartzels, 1 Cheesestick 6oz Apple Juice	1 English Muffin w. Cream Cheese 8 oz 1% Milk 4oz Applesauce	1 pk Cheez-its 6oz Apple Juice	CLOSED	CLOSED	1oz Cheerios, 8oz 1% Milk Mandarin Oranges	1 pk Ched Chex Mix 6oz Apple Juice	1 Blueberry Muffin, 8oz 1%Milk, 4oz Mixed Fruit	1 pk Trad Chex Mix 6oz White Grape Juice
Grain										
Dairy		1 pk Sports Bites Apple Juice		1 pk Ritz Bits 6oz Apple Juice	CLOSED	CLOSED				
Fruit/Veg.	HOLIDAY CARE	HOLIDAY CARE	HOLIDAY CARE	HOLIDAY CARE	HAPPY NEW YEAR	HAPPY NEW YEAR				