

## **QUAKERTOWN LIFESPAN SCHOOL AGE**



## **DECEMBER SNACK MENU 2024**

	G 49			DECEMBER SNACK MENU							
	Monday		Tuesday		Wednesday		Thursday		Friday		
Week of 12/2	BREAKFAST	PM	BREAKFAST	PM	BREAKFAST	PM	BREAKFAST	PM	BREAKFAST	AM/PM	
	1 oz Kix Cereal	1 pk Apple	1 Blueberry	1 pk Cheddar	1 oz Crispy Rice	3/4 c. Wheat	1 English Muffin	1 pk White Ched	loz Cheerios,	1 pk Sports Bites	
	8oz 1% Milk 4oz	Cinnamon Rice	Muffin, 8oz	Goldfish 6oz	8oz 1% Milk,	Thins, 1	w. Cream Cheese	Popcorn 6oz	8oz 1% Milk	6oz Apple Juice	
	Applesauce	Cakes, 6 oz Apple	1%Milk,	Apple Juice	Pears	Cheesestick 6oz	8 oz 1% Milk	Apple Juice	Mandarin		
		Juice	4oz Mixed Fruit			White Grape	4oz Applesauce		Oranges		
Grain											
Dairy	1										
Fruit/Veg.					1				1		
Other											
Week of 12/9	BREAKFAST	PM	BREAKFAST	PM	BREAKFAST	PM	BREAKFAST	PM	BREAKFAST	PM	
,	1 Banana Muffin,	1 pk Cheez-its	1 oz Kix Cereal	3/4 c. Wheat	1 Blueberry	1 pk Trad Chex	1 oz Crispy Rice	3/4 c. Wheat	1 Cornbread	1 pk Ritz Bits	
	8oz 1%Milk,	6oz Apple Juice	8oz 1% Milk 4oz	Thins, 1	Muffin, 8oz	Mix 6oz	8oz 1% Milk,	Thins, 1	Muffin, 8oz	6oz Apple Juice	
	4oz Mixed Fruit	**************************************	Mandarin Oranges	Cheesestick 6oz	1%Milk,	Apple Juice	Pineapples	Cheesestick 6oz	1%Milk,	·	
Grain				White Grape	4oz Applesauce	11	11	White Grape	4oz Pears		
Dairy					1 .,						
Fruit/Veg.											
Other											
Week of 12/16	BREAKFAST	PM	BREAKFAST	PM	BREAKFAST	PM	BREAKFAST	PM	BREAKFAST	PM	
,	loz Cheerios, 8oz	1 pk White Ched	1 Cornbread	1 pk Cheez-its	1 oz Kix Cereal	1 pk Heartzels, 1	1 Banana Muffin,	1 pk Cheddar	1 oz Crispy Rice	1 pk Ched Chex	
	1% Milk Mandarin	•	Muffin, 8oz	6oz Apple Juice	8oz 1% Milk 4oz	Cheesestick 6oz	8oz 1%Milk,	Goldfish 6oz	8oz 1% Milk,	Mix 6oz	
	Oranges	Apple Juice	1%Milk,	**	Mixed Fruit	Apple Juice	4oz Applesauce	Apple Juice	Pineapples	Apple Juice	
	Č	**	4oz Pears				11	11	11	••	
Grain											
Week of 12/23	BREAKFAST	AM/PM	BREAKFAST	AM/PM			BREAKFAST	AM/PM	BREAKFAST	AM/PM	
	1 Blueberry	1 pk Cheez-its	1 oz Crispy Rice	1 pk Heartzels, 1	CLOSED	CLOSED	1 Banana Muffin,	1 pk Ched Chex	1 oz Kix Cereal	1 pk Ritz Bits	
	Muffin, 8oz	6oz Apple Juice	8oz 1% Milk,	Cheesestick 6oz			8oz 1%Milk,	Mix 6oz	8oz 1% Milk 4oz	6oz Apple Juice	
	1%Milk,		Pears	Apple Juice			4oz Mixed Fruit	Apple Juice	Applesauce		
Grain	4oz Applesauce										
		1 pk Trad Chex		1 pk Cheddar	MERRY	MERRY		1 pk White Ched		1 pk Sports Bites	
		Mix 6oz		Goldfish 6oz	CHRISTMAS	CHRISTMAS		Popcorn 6oz		6oz Apple Juice	
Dairy		White Grape Juice		Apple Juice		~~ ~~~~		Apple Juice			
Fruit/Veg.					CLOSED	CLOSED					
Other	HOLIDAY	HOLIDAY CARE	HOLIDAY	HOLIDAY	MERRY	MERRY	HOLIDAY	HOLIDAY	HOLIDAY	HOLIDAY	
	CARE	4.34/D34	CARE	CARE	CHRISTMAS	CHRISTMAS	CARE	CARE	CARE	CARE	
Week of 12/30	BREAKFAST	AM/PM	BREAKFAST	AM/PM			BREAKFAST	PM	BREAKFAST	PM	
	1 oz Crispy Rice	1 pk Heartzels, 1	1 English Muffin	1 pk Cheez-its			loz Cheerios,	1 pk Ched Chex	1 Blueberry	1 pk Trad Chex	
	8oz 1% Milk, Pears	Cheesestick 6oz	w. Cream Cheese 8 oz 1% Milk 4oz	6oz Apple Juice			8oz 1% Milk Mandarin	Mix 6oz	Muffin, 8oz 1%Milk,	Mix 6oz	
	Pears	Apple Juice						Apple Juice	4oz Mixed Fruit	White Grape Juice	
			Applesauce				Oranges		40Z MIXCU I'IUIL	Juice	
Crain											
Grain		1 -1- C D'-		1 -1- D'- D'-	OI CORD	OI CORP					
		1 pk Sports Bites		1 pk Ritz Bits	CLOSED	CLOSED					
		Apple Juice		6oz Apple Juice							
Dairy											
Dairy	HOLIDAY CARE	HOLIDAY CARE	HOLIDAY CARE	HOLIDAY CARE	HAPPY NEW YEAR	HAPPY NEW YEAR					
Fruit/Veg.	HOLIDAT CARE	HOLIDAT CARE	HOLIDAT CARE	HOLIDAI CARE	AITT NEW TEAR	TITTEW TEAR					