



LifeSpan

Day Care You Can Trust For Children.

2460 John Fries Highway

Quakertown, PA 18951

215-536-4417

CALENDAR OF EVENTS

January 1st

LIFESPAN IS CLOSED
New Years Day

January 3rd

Friday Spirit Day- Show School Spirit!
Wear Blue
K/K Prep- Story Time with Grand-Friends 10:30AM at The Village

January 6th-10th

Double Good Popcorn Fundraiser
Download the app to participate!

January 7th

Pre-K 1 and Pre-K 2 Arts and Crafts
with Grand-Friends at Nursing Center

January 9th

Law Enforcement Appreciation Day

January 10th

Friday Spirit Day- Neon Day –
Bring some brightness to the chilly weather

January 17th

Friday Spirit Day- Hat Day

January 20th

LIFESPAN IS CLOSED
Professional Development Day

January 24th

Friday Spirit Day-
Keeping Cozy in the Cold

January 27th-January 30th

National School Choice Week-
Celebrate our families choosing
LifeSpan!

We are excited to be sharing the year ahead with all of you as we start to explore the winter season! With switching into winter weather, please be sure to update your child's spare clothing to items that will help them stay warm. Speaking of staying warm, we are especially touched by the generous donations we received throughout December for our Mitten Tree! These items will keep plenty of families in need warm throughout the winter season.

Throughout the month of January, we will be discussing combating of germs with proper handwashing. We ask that parents and children wash their hands upon arrival to their classroom in the morning to start the day germ free! Thank you for your understanding and support. We also commit to daily use of a "cough cover" to avoid spreading germs. Ask your child if they know how to cough with their cough cover into their elbow. Please ask the office if you are interested in a copy of our Coughing, Sneezing, and More Social Story that will be read in our 2 and up classrooms. We are hoping everyone has a happy and healthy new year!



MONTHLY SAFETY TOPIC:

Throughout the month of January our safety topic is illness and school attendance. Regular attendance and consistency in your child's daily schedule set them up for success. However, there are times that illness becomes a factor in their school day. Your child should stay home when...

- Seeming overly tired and needs rest (common with flu)
- Has vomiting or diarrhea
- Has a strong cough that disrupts normal activity
- Has distracting pain from earache, headache, or bellyache
- Has yellow or green drainage from eye or eyes
- Breaks out in rash with unknown cause
- Has a fever higher than 100.5

If your child starts the day off seemingly okay, please know that in accordance to DHS and the health and safety of all in the school setting, LifeSpan will send your child home early if...

- Child's fever reaches 101 or above
- Child has three occurrences of vomiting
- Child has three occurrences of diarrhea
- Child has a skin rash with unknown cause
- Child is displaying signs and symptoms of strep throat
- Child has lice (nits or eggs) upon head check

Children will be asked to stay home if child has a contagious disease (such as RSV) or strep throat until a doctors note states when they can return to school.



HAPPY BIRTHDAY

Please join us in wishing the following a very happy birthday this month!

Mia- 4th
Haisleigh- 7th
Spencer- 10th
Ms. Cat- 16th
Jason- 18th
Cecilia- 23rd
Genevieve- 23rd
Ms. Jamie- 24th
Owen- 26th
Gavin- 28th
Mr. Hunter- 30th

FARM TO SCHOOL UPDATES:

Our Harvest of the month for the month of January is sweet potatoes. Did you know that even though sweet potatoes grow beneath the ground, their leaves grow upward above ground? To store sweet potatoes, it is best to avoid putting them in the refrigerator. It is best to place sweet potatoes in a cool, dark place away from heat. This will help your sweet potatoes last 2-3 weeks. Look for the PA Harvest of the Month bulletin board in the hallway near the kitchen for a recipe for Black Bean and Sweet Potato Salad. Let us know if your family gives this a try at home!

