QUAKERTOWN LIFESPAN SCHOOL AGE

JANUARY SNACK MENU 2025

	Monday		Tuesday		Wednesday		Thursday		Friday	
Week of 12/30	BREAKFAST	PM	BREAKFAST	PM	BREAKFAST	PM	BREAKFAST	PM	BREAKFAST	AM/PM
Grain Dairy Fruit/Veg. Other							1oz Cheerios, 8oz 1% Milk Mandarin Oranges	1 pk Ranch Rice Cakes 6oz Apple Juice	1 Cornbread Muffin, 8oz 1%Milk, 4oz Mixed Fruit	1 pk Trad Chex Mix 6oz White Grape Juice
Week of 1/6	BREAKFAST	PM	BREAKFAST	PM	BREAKFAST	PM	BREAKFAST	PM	BREAKFAST	PM
Grain Dairy Fruit/Veg. Other	1 oz Kix Cereal 8oz 1% Milk 4oz Mandarin Oranges	1 pk Ched Chex Mix 6oz Apple Juice	1 oz Crispy Rice 8oz 1% Milk, Pineapples	1 pk White Ched Popcorn 6oz Apple Juice	1 Cornbread Muffin, 8oz 1%Milk, 4oz Applesauce	1 pk Ritz Bits 6oz Apple Juice	1 oz Crispy Rice 8oz 1% Milk, Pineapples	1 pk Cheddar Goldfish 6oz Apple Juice	1oz Cheerios, 8oz 1% Milk Mandarin Oranges	1 pk Sports Bites 6oz Apple Juice
Week of 1/13	BREAKFAST	PM	BREAKFAST	PM	BREAKFAST	PM	BREAKFAST	PM	BREAKFAST	PM
Grain	1 Cornbread Muffin, 8oz 1%Milk, 4oz Pears	1 pk Popcorners 6oz Apple Juice	1 oz Kix Cereal 8oz 1% Milk 4oz Mixed Fruit	1 pk Cheez-its 6oz Apple Juice	1 oz Kix Cereal 8oz 1% Milk 4oz Applesauce	1 pk Ranch Rice Cakes 6oz Apple Juice	1oz Cheerios, 8oz 1% Milk Mandarin Oranges	1 pk Sports Bites 6oz Apple Juice	1 Cornbread Muffin, 8oz 1%Milk, 4oz Pears	1 pk Ched Chex Mix 6oz Apple Juice
Week of 1/20	BREAKFAST	AM/PM	BREAKFAST	PM	BREAKFAST	PM	BREAKFAST	PM	BREAKFAST	AM/PM
Grain Dairy Fruit/Veg. Other	**CLOSED**	**CLOSED**	1 oz Crispy Rice 8oz 1% Milk, Pears	1 pk Sports Bites 6oz Apple Juice	1 Blueberry Muffin, 8oz 1%Milk, 4oz Mixed Fruit	1 pk Ched Rice Cakes 6oz Apple Juice	1 Banana Muffin, 8oz 1%Milk, 4oz Mixed Fruit	1 pk Cheddar Goldfish 6oz Apple Juice	1 oz Kix Cereal 8oz 1% Milk 4oz Applesauce **HOLIDAY CARE**	1 pk Ritz Bits 6oz Apple Juice 1 pk Sports Bites 6oz Apple Juice **HOLIDAY CARE**
Week of 1/27	BREAKFAST	PM	BREAKFAST	PM	BREAKFAST		BREAKFAST	PM	BREAKFAST	PM
Grain Dairy Fruit/Veg.	1 oz Kix Cereal 8oz 1% Milk 4oz Applesauce	1 pk White Ched Popcorn 6oz Apple Juice	1 Cornbread Muffin, 8oz 1%Milk, 4oz Pears	1 pk Cheez-its 6oz Apple Juice	1 oz Kix Cereal 8oz 1% Milk 4oz Applesauce	1 pk Cheddar Goldfish 6oz Apple Juice	1 Cornbread Muffin, 8oz 1%Milk, 4oz Pears	1 pk Ritz Bits 6oz Apple Juice	1oz Cheerios, 8oz 1% Milk Mandarin Oranges	1 pk Ranch Rice Cakes 6oz Apple Juice