



# MARCH 2025



	Monday		Tuesday		Wednesday		Thursday		Friday	
week of 3/3-3/7	BREAKFAST	PM	BREAKFAST	PM	BREAKFAST	PM	BREAKFAST	PM	BREAKFAST	PM
Grain	1 oz Crispy Rice	1pk Ritz Bits	1 Corn Muffin	1pk Cheddar Rice Cakes	1 oz Kix Cereal	3/4c Pretzels	1 Apple Cinna	3/4 c Apple Cinna Straws	1oz Trix	1pk Sports Bites
Dairy	8 oz. 1% Milk		8oz 1% Milk		8oz 1% Milk	Cheese Stick	8 oz. 1% Milk		8oz 1% Milk	
Fruit/Veg.	4oz Apple Sauce		4oz Mixed Fruit		4oz Pineapple Bits		4oz Pears		4oz Pears	
Other		6oz White Grape		6 oz Apple Juice		6oz Grape Juice		6oz Apple Juice		6 oz Apple Juice
week of 3/10-3/14	BREAKFAST	PM	BREAKFAST	PM	BREAKFAST	PM	BREAKFAST	PM	BREAKFAST	AM/PM
Grain	1 Corn Muffin	1pk Popcorners	1 oz Kix Cereal	1pk Cheez Its	1 Apple Cinna	1 pk Trad Chex Mix	1 oz Crispy Rice	1pk Goldfish	1 Corn Muffin	1 pk Ranch Rice Cakes, 6oz Apple Juice
Dairy	8oz 1% Milk		8oz 1% Milk		8 oz. 1% Milk		8 oz. 1% Milk		8oz 1% Milk	1 pk Ritz Bits, 6oz White Grape
Fruit/Veg.	4oz Pineapples	6 oz Apple Juice	4oz Pears Bits	6oz Grape Juice	4oz Pineapple Bits	6oz Apple Juice	4oz Apple Sauce	6oz White Grape	4oz Applesauce	
Other									<b>HOLIDAY CARE</b>	<b>HOLIDAY CARE</b>
week of 3/17-3/21	BREAKFAST	AM/PM	BREAKFAST	PM	BREAKFAST	PM	BREAKFAST	PM	BREAKFAST	PM
Grain	1oz Trix	3/4c Pretzels	1 Corn Muffin	1pk Cheddar Chex Mix	1 oz Kix Cereal	1pk Ritz Bits	1 Apple Cinna	1pk Cheez Its	1 oz Crispy Rice	1pk Gold Fish
Dairy	8oz 1% Milk	Cheese Stick	8oz 1% Milk		8oz 1% Milk		8 oz. 1% Milk		8 oz. 1% Milk	
Fruit/Veg.	1pk Applesauce		4oz Mandarin Oranges		4oz Pears		4oz Mixed Fruit		4oz Pineapples	
Other		6oz Grape Juice		6oz Grape Juice		6oz Apple Juice		6 oz Apple Juice		6oz Grape Juice
week of 3/24-3/28	BREAKFAST	AM/PM	BREAKFAST	PM	BREAKFAST	PM	BREAKFAST	PM	BREAKFAST	AM/PM
Grain	1 Apple Cinna	1 Pk Ched Chex	1 oz Kix Cereal	1 pk Ranch Rice Cakes	1 Corn Muffin	1pk Popcorners	1 oz Crispy Rice	1 pk Goldfish	1oz Trix	1pk Sports Bites 6oz Apple Juice
Dairy	8 oz. 1% Milk	8oz 1% Milk	8oz 1% Milk	6oz Apple Juice	8oz 1% Milk		8 oz. 1% Milk	6oz Apple Juice	8oz 1% Milk	
Fruit/Veg.	4oz Mandarin Oranges		4oz Pears Bits		4oz Applesauce	6oz White Grape	4oz Apple Sauce		4oz Applesauce	1 pk Goldfish, 6 oz White Grape
Other									<b>HOLIDAY CARE</b>	<b>HOLIDAY CARE</b>
week of 3/31-4/4	BREAKFAST	PM	BREAKFAST	PM	BREAKFAST	PM	BREAKFAST	PM	BREAKFAST	PM
Grain	1 oz Kix Cereal	1pk Ritz Bits	1 Corn Muffin	3/4c Pretzels	1 oz Crispy Rice	1 pk Trad Chex Mix	1 Apple Cinna	1pk Cheez Its	1oz Trix	1pk Gold Fish
Dairy	8oz 1% Milk	6 oz White Grape	8oz 1% Milk	Cheese Stick	8 oz. 1% Milk		8 oz. 1% Milk		8oz 1% Milk	
Fruit/Veg.	4oz Pears		4oz Mandarin Oranges	6oz Apple Juice	4oz Apple Sauce	6oz Apple Juice	4oz Pineapple Bits	6 oz White Grape	4oz Pears	6 oz Apple Juice
Other										

LifeSpan's School-Age Snack Menu is subject to change without notice – All meals provided are per the CACFP guidelines and components – Substitute meals or extra snack may be brought from home – Water is offered at all times

*This institution is an equal opportunity provider.*