



LIFESPAN SCHOOL-AGE MENU



APRIL 2025

	Monday		Tuesday		Wednesday		Thursday		Friday	
Week of 3/31-4/4	BREAKFAST	AM	BREAKFAST	PM	BREAKFAST	PM	BREAKFAST	PM	BREAKFAST	PM
Grain	1 oz Crispy Rice	1 pk Goldfish	1 Cornbread Muffin	1pk Trad Chex Mix	1oz Kix Cereal	1 pk Pretzels	1 Apple Cinna Muffin	1pk Cheez Its	1 1oz Crispy Rice	1 pk Sports Bites
Dairy	8 oz. 1% Milk		8oz 1% Milk		8oz 1% Milk	1 Cheese Stick	8oz 1% Milk		8oz 1% Milk	
Fruit/Veg.	4oz Apple Sauce	6oz White Grape	4oz Mixed Fruit	6 oz Apple Juice	4oz Pineapple Bits	6oz White Grape	1pk Mandarin Oranees	6oz Apple Juice	4oz Apple Sauce	6 oz White Grape
Other										
Week of 4/7-4/11	BREAKFAST	PM	BREAKFAST	PM	BREAKFAST	PM	BREAKFAST	PM	BREAKFAST	PM
Grain	1 Blueberry Muffin	1 pk Ched Rice Cakes	1oz Cinna Toast Crunch	1pk Popcorners	1 Cornbread Muffin	1 pk Pretzels	1oz Kix	1pk Ched Chex	1 Apple Cinn Muffin	1pk Ritz Bits
Dairy	8 oz. 1% Milk		8 oz. 1% Milk		8 oz. 1% Milk	1 Cheese Stick	8 oz. 1% Milk		8 oz. 1% Milk	
Fruit/Veg.	4oz Pears		4oz Pineapple Bits		4oz Mandarin Oranges		4oz Mixed Fruit		4oz Apple Sauce	
Other		6 oz Apple Juice		6oz White Grape		6oz Apple Juice		6 oz White Grape		6oz Apple Juice
Week of 4/14-4/18	BREAKFAST	PM	BREAKFAST	PM	BREAKFAST	PM	BREAKFAST	PM	BREAKFAST	PM
Grain	1 oz Cinna Toast Crunch	1pk Ranch Rice Cakes	1 Blueberry Muffin	1pk Cheez Its	1 Apple Cinn Muffin	1pk Goldfish	1 Cornbread Muffin	1 pk Pretzels	CLOSED	CLOSED
Dairy	8 oz. 1% Milk		8 oz. 1% Milk		8 oz. 1% Milk		8 oz. 1% Milk	1 Cheesestick		
Fruit/Veg.	4 oz Pineapple Bits	6oz White Grape	4oz Pears	6oz Apple Juice	4oz Mixed Fruit	6oz White Grape	4oz Apple Sauce	6 oz Apple Juice		
Other										
Week of 4/21-4/25	BREAKFAST	AM/PM	BREAKFAST	PM	BREAKFAST	PM	BREAKFAST	PM	BREAKFAST	PM
Grain	1oz Kix	1 pk Goldfish	1 Bluerberry Muffin	1pk Ritz Bits	1 oz Cinna Toast Crunch	1pk Sports Bites	1 Apple Cinna	1 pk Ranch Rice Cakes	1oz Crispy Rice	1pk Cheddar Chex Mix
Dairy	8oz 1% Milk	6oz White Grape	8oz 1% Milk		8 oz. 1% Milk		8 oz. 1% Milk		8 oz. 1% Milk	
Fruit/Veg.	4oz Pears	1 pk Popcorners	4oz Mixed Fruit		1pk Applesauce		4oz Pineapple Bits		4oz Pears	
Other	HOLIDAY CARE	6oz Apple Juice		6oz White Grape		6oz White Grape		6 oz Apple Juice		6oz Apple Juice
Week of 4/28-5/2	BREAKFAST	PM	BREAKFAST	PM	BREAKFAST	PM	BREAKFAST	PM	BREAKFAST	PM
Grain	Blueberry Muffin	1pk Trad Sun Chips	1oz Crispy Rice	1pk Sports Bites	1 Apple Cinn Muffin	1pk Popcorn	1oz Kix	1 pk Goldfish	Blueberry Muffin	1 pk Pretzels
Dairy	8oz 1% Milk		8 oz. 1% Milk		8 oz. 1% Milk		8oz 1% Milk		8oz 1% Milk	1 Cheese Stick