



Breakfast Menu

May 2025

This institution is an equal opportunity provider.

Serving Sizes are as follows:

12months – 24months Old – m/ma ½oz, fruit ¼c, grain ½oz, 4oz Plain Whole Milk

24months – 36months Old – m/ma ½ oz, fruit ¼ c, grain ½ oz, 4oz Plain 1% Milk

3-5 Year Olds – m/ma ½ oz, fruit ½ c, grain ½ oz, 6oz Plain 1% Milk

School Age – m/ma 1oz, fruit ½ c, grain 1oz, 8oz Plain 1% Milk

Monday	Tuesday	Wednesday	Thursday	Friday
April 28 WGR Apple Cinnamon Muffin Pineapple Milk	April 29 WG Rice Krispies Apple Slices (Applesauce) Milk	April 30 Yogurt Diced Pears Milk	May 1 WG Cinnamon Toast Crunch Banana Milk	May 2 WGR Pancake Whole Apple (Applesauce) Milk
May 5 WGR Banana Muffin Pineapple Milk	May 6 WG Cheerios Apple Slices (Applesauce) Milk	May 7 Yogurt Diced Pears Milk	May 8 WG Corn Flakes Banana Milk	May 9 WGR Waffle Whole Apple (Applesauce) Milk
May 12 WGR Blueberry Muffin Pineapple Milk	May 13 WG Rice Krispies Apple Slices (Applesauce) Milk	May 14 Yogurt Diced Pears Milk	May 15 WG Kix Banana Milk	May 16 WGR French Toast Whole Apple (Applesauce) Milk
May 19 WGR Corn Muffin Pineapple Milk	May 20 WG Cheerios Apple Slices (Applesauce) Milk	May 21 Yogurt Diced Pears Milk	May 22 WG Corn Flakes Banana Milk	May 23 WGR Pancake Whole Apple (Applesauce) Milk
May 26 WGR Apple Cinnamon Muffin Pineapple Milk	May 27 WG Rice Krispies Apple Slices (Applesauce) Milk	May 28 Yogurt Diced Pears Milk	May 29 WG Kix Banana Milk	May 30 WGR Waffle Whole Apple (Applesauce) Milk

WG = Whole Grain

Fruit options vary when in season, viable options are as follows: Apples, Applesauce, Flavored Applesauce, Banana, Diced Pears, Diced Peaches, Pineapple, Oranges, Pears, Cantaloupe, Honeydew, Strawberries, Fruit Cocktail, Peaches, Mandarin Oranges, Mangos

****All Cereals contain no more than 6 grams of sugar per dry ounce****

****All Yogurt contains no more than 23 grams of sugar per 6 ounce serving****