



## Main Lunch Menu May 2025

This institution is an equal opportunity provider.

Serving Sizes are as follows:

12months – 24 months Old – m/ma 1oz, Fruit 1/8 c, vegetable 1/8 c, grain ½ oz, 4oz Plain Whole Milk (*menu modifications in italics*)

24months – 36 months Old - m/ma 1oz, Fruit 1/8 c, vegetable 1/8 c, grain ½ oz, 4oz Plain 1% Milk (*menu modifications in italics*)

3–5-Year-Old – m/ma 1.5oz, Fruit ¼ c, vegetable ¼ c, grain ½ oz, 6oz 1% Plain Milk

School Age – m/ma 2oz, fruit ¼ c, vegetables ½ c, grain 1oz, 8oz 1% Plain or Chocolate Milk

Monday	Tuesday	Wednesday	Thursday	Friday
<b>April 28</b> <b>Chicken Salad Sandwich on WGR Sandwich Bun</b> Carrot Sticks (Chic Peas) Ranch Dressing Fruit Cocktail Milk <b>Cheese Sandwich</b>	<b>April 29</b> <b>“Walking Taco” Taco Beef</b> WG Tortilla Chips (Flour Tortilla) Shredded Cheddar Cheese Corn Banana Milk <b>Bean Taco</b>	<b>April 30</b> <b>Chicken Teriyaki Bowl</b> Brown Rice, Pineapple, Chicken w/ Teriyaki Sauce Fresh Broccoli w/ Ranch (Peas) Mandarins and Strawberries Milk <b>Tofu Teriyaki Bowl</b>	<b>May 1</b> <b>Grilled Chicken</b> Romaine Lettuce w/ Parmesan Cheese Caesar Dressing Dinner Roll w/ Butter Blueberries <b>Veggie Nuggets</b>	<b>May 2</b> <b>Egg Patty &amp; Cheese on WGR Bagel</b> Diced Breakfast Potatoes Orange Slices (mandarins) Milk
<b>May 5</b> <b>SunButter &amp; Grape Fruit Spread Sandwich on WGR Bread</b> String Cheese Carrot Sticks (Chic Peas) Fruit Cocktail Milk	<b>May 6</b> <b>WGR Chicken Fingers</b> Mashed Potatoes Ketchup Banana Milk <b>Veggie Nuggets</b>	<b>May 7</b> <b>Turkey Ham Mac &amp; Cheese w/ WGR Pasta</b> Peas Mandarins and Strawberries Milk <b>Bean BBQ</b>	<b>May 8</b> <b>Grilled Chicken Sandwich w/ American Cheese</b> WGR Sandwich Bun Carrots Blueberries Milk <b>Veggie Burger</b>	<b>May 9</b> <b>Pepperoni Pizza (cold)</b> Fresh Broccoli w/ Ranch Dressing (Chic peas) Orange Slices (Mandarins) Milk <b>Veggie Burger</b>
<b>May 12</b> <b>Turkey &amp; Cheese Sandwich on WGR Bread</b> Carrot Sticks w/ Ranch (Chic Peas) Mandarins and Strawberries Milk <b>Cheese Sandwich</b>	<b>May 13</b> <b>Egg &amp; Cheese Omelet</b> WGR English Muffin w/ Grape Fruit Spread Breakfast Potatoes Fruit Cocktail Milk <b>“National Fruit Cocktail Day”</b>	<b>May 14</b> <b>Grilled Chicken w/ Gravy</b> Mixed Vegetables WG Buttermilk Biscuit Banana Milk <b>Lentils w/Gravy</b> <b>“National Buttermilk Biscuit Day”</b>	<b>May 15</b> <b>Turkey Burger w/ Cheddar Cheese on WGR Bun</b> Green Beans Ketchup Blueberries Milk <b>Veggie Burger on WG Bun</b>	<b>May 16</b> <b>WGR Chicken Caesar Pasta Salad w/Peas</b> Carrot Sticks (Diced tomatoes) Ranch Dressing Orange Slices (Mandarins) Milk <b>Edamame Caesar Pasta Salad</b>
<b>May 19</b> <b>Turkey Ham and Cheese Sandwich on WGR Bun</b> Carrot Sticks (Chic Peas) Ranch Dressing Fruit Cocktail Milk <b>Cheese Sandwich</b>	<b>May 20</b> <b>WGR Chicken Fingers</b> Mashed Potatoes Banana Milk <b>Veggie Nuggets</b>	<b>May 21</b> <b>Balsamic Chicken</b> Brown Rice Celery (Diced Tomatoes) Mandarins and Strawberries Milk <b>Balsamic Tofu</b>	<b>May 22</b> <b>Meatballs in Marinara Sauce</b> Dinner Roll w/ Butter Peas Blueberries Milk <b>Veggie Meatballs w/ Marinara Sauce</b>	<b>May 23</b> <b>Pepperoni Pizza (cold)</b> Fresh Broccoli w/ Ranch Dressing (Cucumbers) Orange Slices (Mandarins) Milk <b>Veggie Burger</b>
<b>May 26</b>	<b>May 27</b> <b>Turkey Sausage</b> String Cheese WGR French Toast Carrot Sticks w/ Ranch Dressing (Tator Tots) Fruit Cocktail Milk <b>WG Waffle and Veggie Sausage</b>	<b>May 28</b> <b>Hamburger w/ Cheddar Cheese</b> WGR Sandwich Bun Mixed Vegetables Mandarins and Strawberries Milk <b>Veggie Burger</b> <b>“National Hamburger Day”</b>	<b>May 29</b> <b>Chicken Taco Rice Bake w/ Black Beans, Cheddar Cheese</b> Corn Blueberries Milk <b>Tofu &amp; Cheddar Rice Bake</b>	<b>May 30</b> <b>Strawberry Yogurt</b> WGR Plain Bagel w/ Cream Cheese String Cheese Fresh Broccoli w/ Ranch (Diced tomatoes) Orange Slices (Mandarins) Milk

**\*\*ALL GRAIN COMPONENTS ARE WHOLE GRAIN RICH\*\***

Fruit options vary when in season and will be rotated based on availability: Apples, Applesauce, Flavored Applesauce, Banana, Diced Pears, Diced Peaches, Pineapple, Oranges, Pears, Cantaloupe, Honeydew, Strawberries, Fruit Cocktail, Peaches, Mandarin Oranges, Mangos, Blueberries