



# LIFESPAN SCHOOL-AGE MENU

MAY



	Monday		Tuesday		Wednesday		Thursday		Friday	
Week of 4/28-5/2	BREAKFAST	PM	BREAKFAST	PM	BREAKFAST	PM	BREAKFAST	PM	BREAKFAST	PM
Grain	1oz Kix Cereal	1pk Ched Chex Mix	1oz Crispy Rice	1pk Sports Bites	1oz Cinna Toast Crunch	1pk Popcorners	1oz Kix	1 pk Ched Rice Cakes	1 oz Crispy Rice	1 pk Pretzels
Dairy	8oz 1% Milk		8 oz. 1% Milk		8 oz. 1% Milk		8oz 1% Milk		8oz 1% Milk	
Fruit/Veg.	4oz Mixed Fruit		4oz Pears		4oz Pineapples		4oz Applesauce		4oz Mixed Fruit	
Other			6oz White Grape		6oz Apple Juice		6oz White Grape		6 oz Apple Juice	
Week of 5/5-5/9	BREAKFAST	PM	BREAKFAST	PM	BREAKFAST	PM	BREAKFAST	PM	BREAKFAST	PM
Grain	1 Cornbread Muffin	1pk Cheez Its	1 oz Trix Cereal	1pk Ranch Rice Cakes	1 oz Kix Cereal	1pk Trad Chex Mix	1oz Cinna Toast Crunch	1pk Goldfish	1 Cornbread Muffin	1pk Ritz Bits
Dairy	8 oz. 1% Milk		8 oz. 1% Milk		8 oz. 1% Milk		8 oz. 1% Milk		8 oz. 1% Milk	
Fruit/Veg.	4oz Pears		4oz Pineapples		4oz Applesauce		4oz Mixed Fruit		4oz Pears	
Other			6oz Apple Juice		6oz White Grape		6oz Apple Juice		6 oz White Grape	
Week of 5/12-5/16	BREAKFAST	PM	BREAKFAST	PM	BREAKFAST	PM	BREAKFAST	PM	BREAKFAST	PM
Grain	1oz Cinna Toast Crunch	1pk Ched Chex Mix	1 Cornbread Muffin	1pk Sport Bites	1 oz Trix Cereal	1pk Popcorners	1 Cornbread Muffin	1pk Ched Rice Cakes	1oz Kix	1pk Cheez Its
Dairy	8 oz. 1% Milk		8 oz. 1% Milk		8 oz. 1% Milk		8 oz. 1% Milk		8oz 1% Milk	
Fruit/Veg.	4oz Pineapples		4oz Applesauce		4oz Mixed Fruit		4oz Pears		4oz Pineapples	
Other			6oz White Grape		6oz Apple Juice		6oz White Grape		6 oz Apple Juice	
Week of 5/19-5/23	BREAKFAST	PM	BREAKFAST	PM	BREAKFAST	PM	BREAKFAST	PM	BREAKFAST	PM
Grain	1 Cornbread Muffin	1pk Ritz Bits	1oz Cinna Toast Crunch	1pk Pretzels, 1 Cheesestick	1 Cornbread Muffin	1pk Ranch Rice Cakes	1 oz Trix Cereal	1pk Trad Chex Mix	1 Cornbread Muffin	1 pk Popcorners
Dairy	8 oz. 1% Milk		8 oz. 1% Milk		8 oz. 1% Milk		8 oz. 1% Milk		8 oz. 1% Milk	
Fruit/Veg.	4oz Applesauce		4oz Mixed Fruit	1 pk Goldfish, 6oz Apple Juice	4oz Pears		4oz Pineapple Bits		4oz Applesauce	
Other			HOLIDAY CARE	HOLIDAY CARE			6oz White Grape		6oz Apple Juice	
Week of 5/26-5/30	BREAKFAST	PM	BREAKFAST	PM	BREAKFAST	PM	BREAKFAST	PM	BREAKFAST	PM
Grain	CLOSED IN OBSERVANCE OF MEMORIAL DAY	CLOSED IN OBSERVANCE OF MEMORIAL DAY	1 oz Trix Cereal	1pk Sports Bites	1 Cornbread Muffin	1pk Cheez Its	1 oz Kix Cereal	1 pk Ritz Bits	1 Cornbread Muffin	1 pk Ched Rice Cakes
Dairy			8 oz. 1% Milk		8 oz. 1% Milk		8 oz. 1% Milk		8 oz. 1% Milk	
			6oz Apple Juice		6oz White Grape		6 oz Apple Juice		6oz White Grape	