



Breakfast Menu – Wheat & Soy Free

June 2025

This institution is an equal opportunity provider.

Serving Sizes are as follows:

12months – 24months Old – m/ma ½oz, fruit ¼c, grain ½oz, 4oz Plain Whole Milk

24months – 36months Old – m/ma ½ oz, fruit ¼ c, grain ½ oz, 4oz Plain 1% Milk

3-5 Year Olds – m/ma ½ oz, fruit ½ c, grain ½ oz, 6oz Plain 1% Milk

School Age – m/ma 1oz, fruit ½ c, grain 1oz, 8oz Plain 1% Milk

Monday	Tuesday	Wednesday	Thursday	Friday
June 2 Rice Chex Peaches Milk	June 3 WG Cheerios Apple Slices (Applesauce) Milk	June 4 Corn Chex Diced Pears Milk	June 5 WG Kix Whole Apple (Applesauce) Milk	June 6 WG Cheerios Orange Slices (Mandarins) Milk
June 9 Rice Chex Peaches Milk	June 10 WG Cheerios Apple Slices (Applesauce) Milk	June 11 Corn Chex Diced Pears Milk	June 12 WG Kix Whole Apple (Applesauce) Milk	June 13 WG Cheerios Orange Slices (Mandarins) Milk
June 16 Rice Chex Pineapple Milk	June 17 WG Cheerios Apple Slices (Applesauce) Milk	June 18 Corn Chex Diced Pears Milk	June 19 WG Kix Whole Apple (Applesauce) Milk	June 20 WG Cheerios Orange Slices (Mandarins) Milk
June 23 Rice Chex Pineapple Milk	June 24 WG Cheerios Apple Slices (Applesauce) Milk	June 25 Corn Chex Diced Pears Milk	June 26 WG Kix Whole Apple (Applesauce) Milk	June 27 WG Cheerios Orange Slices (Mandarins) Milk
June 30 Rice Chex Pineapple Milk	July 1 WG Cheerios Apple Slices (Applesauce) Milk	July 2 Corn Chex Diced Pears Milk	July 3 WG Kix Whole Apple (Applesauce) Milk	July 4

WG = Whole Grain

Fruit options vary when in season, viable options are as follows: Apples, Applesauce, Flavored Applesauce, Banana, Diced Pears, Diced Peaches, Pineapple, Oranges, Pears, Cantaloupe, Honeydew, Strawberries, Fruit Cocktail, Peaches, Mandarin Oranges, Mangos

****All Cereals contain no more than 6 grams of sugar per dry ounce****

****All Yogurt contains no more than 23 grams of sugar per 6 ounce serving****