



LIFESPAN SCHOOL-AGE / SUMMER CAMP MENU

JUNE 2025



	Monday		Tuesday		Wednesday		Thursday		Friday	
Week of 6/2-6/6	BREAKFAST	PM	BREAKFAST	PM	BREAKFAST	PM	BREAKFAST	PM	BREAKFAST	PM
Grain	1 Cornbread Muffin	1pk Ritz Bits	1 oz. Kix Cereal	1pk Cheddar Chex Mix	1 Blueberry Muffin	1 pk Pretzels	1oz Cinna Toast Crunch	1pk Sports Bites	1 Cornbread Muffin	1 pk Trad Chex Mix
Dairy	8 oz. 1% Milk	6 oz Apple Juice	8oz 1% Milk	6 oz White Grape Juice	8oz 1% Milk	6 oz Apple Juice	8oz 1% Milk	6oz White Grape	8 oz. 1% Milk	6 oz Apple Juice
Fruit/Veg.	4oz Apple Sauce		4 oz. Mixed Fruit		4 oz. Pears		4oz Pineapples		4oz Mixed Fruit	
Other										
Week of 6/9-6/13	BREAKFAST	AM/PM	BREAKFAST	AM/PM	BREAKFAST	AM/PM	BREAKFAST	AM/PM	BREAKFAST	AM/PM
Grain	1 Blueberry Muffin	1pk Goldfish	1 oz Trix Cereal	1 pk Trad Sun Chips	1oz Kix Cereal	1 pk Ranch Rice Cakes	1 Cornbread Muffin	1 pk Ched Sun Chips	1oz Cinna Toast Crunch	1 pk Trad Chex Mix
Dairy	8oz 1% Milk	6 oz Apple Juice	8 oz. 1% Milk	6 ozApple Juice	8 oz. 1% Milk	6oz Apple Juice	8 oz. 1% Milk	6oz Apple Juice	8oz 1% Milk	6oz Apple Juice
Fruit/Veg.	4 oz. Pineapples	1 pk Pretzels String Cheese	4 ox Mixed Fruit	1pk Cheez Its	4oz Pears	1 pk Sports Bites	4 oz Pineapple Bits	1pk Goldfish	4 oz. Pears	1 pk Ched Rice Cakes
Other		6 oz White Grape		6 oz White Grape		6oz White Grape		6oz White Grape		6oz White Grape
Week of 6/16-6/20	BREAKFAST	AM/PM	BREAKFAST	AM/PM	BREAKFAST	AM/PM	BREAKFAST	AM/PM	BREAKFAST	AM/PM
Grain	1oz Kix Cereal	1 pk Goldfish	1 Blueberry Muffin	1pk Cheez Its	1oz Cinna Toast Crunch	1 pk Ched Chex	1 oz Trix Cereal	1 pk Pretzels	1 Cornbread Muffin	1 pk Ranch Rice Cakes
Dairy	8 oz. 1% Milk	6oz White Grape	8oz 1% Milk	6 oz Apple Juice	8 oz. 1% Milk	6oz Apple Juice	8 oz. 1% Milk	1 String Cheese 6 oz Apple Juice	8 oz. 1% Milk	6 oz White Grape
Fruit/Veg.	4 oz Pineapples	1pk Ched Sun Chips	4 oz Pears	1 pk Sports Bites	4oz Mixed Fruit	1 pk Pretzels String Cheese	4oz Pineapples	1 pk Trad Chex	4oz Mixed Fruit	Trad Sun Chips
Other		6oz Apple Juice		6oz Apple Juice		6oz White Grape		6oz White Grape		6oz Apple Juice
Week 6/23-6/27	BREAKFAST	AM/PM	BREAKFAST	AM/PM	BREAKFAST	AM/PM	BREAKFAST	AM/PM	BREAKFAST	AM/PM
Grain	1 Blueberry Muffin	1 pk Ched Rice Cakes	1 oz Kix Cereal	1pk Goldfish	1oz Cinna Toast Crunch	1 pk Ranch Rice Cakes	1 Cornbread Muffin	1pk Sports Bites	1 oz Trix Cereal	1 pk Trad Chex
Dairy	8oz 1% Milk	6 oz Apple Juice	4ozMixed Fruit	6 oz White Grape	8oz 1% Milk	6oz Apple Juice	8 oz. 1% Milk, 4oz Pineapple Bits	6oz Grape Juice	8oz 1% Milk	6oz Apple Juice
Fruit/Veg.	4oz Pears	1 pk Trad Sun Chips		1 pk Ched Sun Chips	4oz Pears	1 pk Cheez-Its		1pk Goldfish	4 oz Mixed Fruit	1 pk Ritz Bits
Other		6oz White Grape		6oz Apple Juice		6oz White Grape		6 oz Apple Juice		6oz White Grape
Week OF 6/30-7/4	BREAKFAST	AM/PM	BREAKFAST	AM/PM	BREAKFAST	AM/PM	BREAKFAST	AM/PM	BREAKFAST	AM/PM
Grain	1 Cornbread Muffin	1pk Goldfish	1 oz Trix Cereal	1 pk Pretzels	1oz Kix Cereal	1pk Ched Sun Chips	1 Blueberry Muffin	1pk Ritz Bits	CLOSED for 4th of July	
Dairy	8 oz. 1% Milk,	6oz Apple Juice	8 oz. 1% Milk	1 String Cheese	8 oz. 1% Milk	6oz Apple Juice	8oz 1% Milk	6oz White Grape		
Fruit/Veg.	4 oz. Pears	1 pk Sports Bites	4oz Mixed Fruit	1 pk Ched Rice Cakes	4oz Pineapples	1 pk Pretzels	4 oz Pears	1pk Cheez Its		
Other		6oz White Grape		6oz Apple Juice		6oz White Grape		6oz Apple Juice		

LifeSpan's School-Age Snack Menu is subject to change without notice – All meals provided are per the CACFP guidelines and components – Substitute meals or extra snack may be brought from home – Water is offered at all times

This institution is an equal opportunity provider.