



**Lunch Menu – Dairy & Egg Free
May 2025**

This institution is an equal opportunity provider.

Serving Sizes are as follows:

12months – 24 months Old – m/ma 1oz, Fruit 1/8 c, vegetable 1/8 c, grain ½ oz, 4oz Plain Whole Milk Alternative (*menu modifications in italics*)

24months – 36 months Old - m/ma 1oz, Fruit 1/8 c, vegetable 1/8 c, grain ½ oz, 4oz Plain 1% Milk Alternative (*menu modifications in italics*)

3–5-Year-Old – m/ma 1.5oz, Fruit ¼ c, vegetable ¼ c, grain ½ oz, 6oz 1% Plain Milk Alternative

School Age – m/ma 2oz, fruit ¼ c, vegetables ½ c, grain 1oz, 8oz 1% Plain or Chocolate Milk Alternative

Monday	Tuesday	Wednesday	Thursday	Friday
April 28 Turkey Sandwich on WGR Sandwich Bun Carrot Sticks (Chic Peas) Fruit Cocktail Milk Alternative	April 29 “Walking Taco” Taco Beef WG Tortilla Chips (Flour Tortilla) Corn Banana Milk Alternative	April 30 Chicken Teriyaki Bowl Brown Rice, Pineapple, Chicken w/ Teriyaki Sauce Fresh Broccoli (Peas) Mandarins and Strawberries Milk Alternative	May 1 Grilled Chicken Romaine Lettuce Italian Dressing Dinner Roll Blueberries	May 2 Turkey Sausage WGR Bagel Diced Breakfast Potatoes Orange Slices (mandarins) Milk Alternative
May 5 SunButter & Grape Fruit Spread Sandwich on WGR Bread Carrot Sticks (Chic Peas) Fruit Cocktail Milk Alternative	May 6 WGR Chicken Fingers Carrots Ketchup Banana Milk Alternative	May 7 Pasta w. Meat Sauce Peas Mandarins and Strawberries Milk Alternative	May 8 Grilled Chicken Sandwich WGR Sandwich Bun Carrots Blueberries Milk Alternative	May 9 Turkey Sandwich on WGR Sandwich Bun Fresh Broccoli (Chic peas) Orange Slices (Mandarins) Milk Alternative
May 12 Turkey Sandwich on WGR Bread Carrot Sticks (Chic Peas) Mandarins and Strawberries Milk Alternative	May 13 Turkey Sausage WGR Bagel Breakfast Potatoes Fruit Cocktail Milk Alternative “National Fruit Cocktail Day”	May 14 Grilled Chicken Mixed Vegetables WG Dinner Roll Banana Milk Alternative “National ButterMilk Alternative Biscuit Day”	May 15 Turkey Burger on WGR Bun Green Beans Ketchup Blueberries Milk Alternative	May 16 SunButter & Grape Fruit Spread Sandwich on WGR Bread Carrot Sticks (Diced tomatoes) Orange Slices (Mandarins) Milk Alternative
May 19 Turkey Ham Sandwich on WGR Bun Carrot Sticks (Chic Peas) Fruit Cocktail Milk Alternative	May 20 WGR Chicken Fingers Cooked Carrots Banana Milk Alternative	May 21 Balsamic Chicken Brown Rice Celery (Diced Tomatoes) Mandarins and Strawberries Milk Alternative	May 22 Pasta w. Meat Sauce Peas Blueberries Milk Alternative	May 23 SunButter & Grape Fruit Spread Sandwich on WGR Bread Fresh Broccoli (Cucumbers) Orange Slices (Mandarins) Milk Alternative
May 26	May 27 Turkey Sausage WGR Vegan French Toast Carrot Sticks (Tator Tots) Fruit Cocktail Milk Alternative	May 28 Hamburger WGR Sandwich Bun Mixed Vegetables Mandarins and Strawberries Milk Alternative “National Hamburger Day”	May 29 Chicken Taco Rice Bake w/ Black Beans Corn Blueberries Milk Alternative	May 30 Turkey Sandwich on WGR Bread Fresh Broccoli w/ Ranch (Diced tomatoes) Orange Slices (Mandarins) Milk Alternative

****ALL GRAIN COMPONENTS ARE WHOLE GRAIN RICH****

Fruit options vary when in season and will be rotated based on availability: Apples, Applesauce, Flavored Applesauce, Banana, Diced Pears, Diced Peaches, Pineapple, Oranges, Pears, Cantaloupe, Honeydew, Strawberries, Fruit Cocktail, Peaches, Mandarin Oranges, Mangos, Blueberries