



## Lunch Menu – Wheat & Soy Free May 2025

This institution is an equal opportunity provider.

Serving Sizes are as follows:

12months – 24 months Old – m/ma 1oz, Fruit 1/8 c, vegetable 1/8 c, grain ½ oz, 4oz Plain Whole Milk (*menu modifications in italics*)

24months – 36 months Old - m/ma 1oz, Fruit 1/8 c, vegetable 1/8 c, grain ½ oz, 4oz Plain 1% Milk (*menu modifications in italics*)

3–5-Year-Old – m/ma 1.5oz, Fruit ¼ c, vegetable ¼ c, grain ½ oz, 6oz 1% Plain Milk

School Age – m/ma 2oz, fruit ¼ c, vegetables ½ c, grain 1oz, 8oz 1% Plain or Chocolate Milk

Monday	Tuesday	Wednesday	Thursday	Friday
<b>April 28</b> <b>Turkey Sandwich on GF Bun</b> Carrot Sticks (Chic Peas) Fruit Cocktail Milk	<b>April 29</b> <b>Taco Beef</b> Rice Corn Banana Milk	<b>April 30</b> <b>Grilled Chicken</b> Brown Rice Fresh Broccoli (Peas) Mandarins and Strawberries Milk	<b>May 1</b> <b>Grilled Chicken</b> Romaine Lettuce w/ Parmesan Cheese Caesar Dressing GF Dinner Roll Blueberries	<b>May 2</b> <b>Turkey Sausage</b> Rice Breakfast Potatoes Orange Slices (mandarins) Milk
<b>May 5</b> <b>SunButter &amp; Grape Fruit Spread Sandwich on GF Bread</b> String Cheese Carrot Sticks (Chic Peas) Fruit Cocktail Milk	<b>May 6</b> <b>Grilled Chicken</b> Brown Rice Cooked Carrots Banana Milk	<b>May 7</b> <b>GF Pasta w. Meat Sauce</b> Peas Mandarins and Strawberries Milk	<b>May 8</b> <b>Grilled Chicken Sandwich</b> GF Sandwich Bun Carrots Blueberries Milk	<b>May 9</b> <b>Turkey Sandwich on GF Sandwich Bun</b> Fresh Broccoli (Chic peas) Orange Slices (Mandarins) Milk
<b>May 12</b> <b>Turkey Sandwich on GF Bread</b> Carrot Sticks (Chic Peas) Mandarins and Strawberries Milk	<b>May 13</b> <b>Turkey Sausage</b> Rice Breakfast Potatoes Fruit Cocktail Milk	<b>May 14</b> <b>Grilled Chicken</b> Mixed Vegetables GF Dinner Roll Banana Milk  “National Buttermilk Biscuit Day”	<b>May 15</b> <b>Turkey Burger GF Bun</b> Green Beans Ketchup Blueberries Milk	<b>May 16</b> <b>SunButter &amp; Grape Fruit Spread Sandwich on GF Bread</b> Carrot Sticks (Diced tomatoes) Orange Slices (Mandarins) Milk
<b>May 19</b> <b>Turkey Ham Sandwich on GF Bun</b> Carrot Sticks (Chic Peas) Fruit Cocktail Milk	<b>May 20</b> <b>100% Ground Beef Patty</b> Brown Rice Cooked Carrots Banana Milk	<b>May 21</b> <b>Grilled Chicken</b> Brown Rice Celery (Diced Tomatoes) Mandarins and Strawberries Milk	<b>May 22</b> <b>GF Pasta w. Meat Sauce</b> Peas Blueberries Milk	<b>May 23</b> <b>SunButter &amp; Grape Fruit Spread Sandwich on GF Bread</b> Fresh Broccoli (Cucumbers) Orange Slices (Mandarins) Milk
<b>May 26</b>	<b>May 27</b> <b>Turkey Sausage</b> Rice Carrot Sticks (Tator Tots) Fruit Cocktail Milk	<b>May 28</b> <b>100% Ground Beef Patty</b> GF Sandwich Bun Mixed Vegetables Mandarins and Strawberries Milk “National Hamburger Day”	<b>May 29</b> <b>Grilled Chicken</b> Rice Corn Blueberries Milk	<b>May 30</b> <b>Strawberry Yogurt</b> GF Bread String Cheese Fresh Broccoli (Diced tomatoes) Orange Slices (Mandarins) Milk

**\*\*ALL GRAIN COMPONENTS ARE WHOLE GRAIN RICH\*\***

Fruit options vary when in season and will be rotated based on availability: Apples, Applesauce, Flavored Applesauce, Banana, Diced Pears, Diced Peaches, Pineapple, Oranges, Pears, Cantaloupe, Honeydew, Strawberries, Fruit Cocktail, Peaches, Mandarin Oranges, Mangos, Blueberries