



Breakfast Menu - Hot Option

July 2025

This institution is an equal opportunity provider.

Serving Sizes are as follows:

12months – 24months Old – m/ma ½oz, fruit ¼c, grain ½oz, 4oz Plain Whole Milk

24months – 36months Old – m/ma ½ oz, fruit ¼ c, grain ½ oz, 4oz Plain 1% Milk

3-5 Year Olds – m/ma ½ oz, fruit ½ c, grain ½ oz, 6oz Plain 1% Milk

School Age – m/ma 1oz, fruit ½ c, grain 1oz, 8oz Plain 1% Milk

Monday	Tuesday	Wednesday	Thursday	Friday
June 30 WGR Apple Cinnamon Muffin Peaches Milk	July 1 WG Rice Krispies Apple Slices (Applesauce) Milk	July 2 Yogurt Clementine (Mandarins) Milk	July 3 WG Kix Whole Apple (Applesauce) Milk	July 4
July 7 WGR Banana Muffin Peaches Milk	July 8 WG Cheerios Apple Slices (Applesauce) Milk	July 9 Yogurt Clementine (Mandarins) Milk	July 10 WG Corn Flakes Whole Apple (Applesauce) Milk	July 11 WGR Waffle Pineapple Milk
July 14 WGR Blueberry Muffin Peaches Milk	July 15 WG Rice Krispies Apple Slices (Applesauce) Milk	July 16 Yogurt Clementine (Mandarins) Milk	July 17 WG Life Cereal Whole Apple (Applesauce) Milk	July 18 WGR French Toast Pineapple Milk
July 21 WGR Corn Muffin Peaches Milk	July 22 WG Cheerios Apple Slices (Applesauce) Milk	July 23 Yogurt Clementine (Mandarins) Milk	July 24 WG Corn Flakes Whole Apple (Applesauce) Milk	July 25 WGR Pancake Pineapple Milk
July 28 WGR Apple Cinnamon Muffin Peaches Milk	July 29 WG Rice Krispies Apple Slices (Applesauce) Milk	July 30 Yogurt Clementine (Mandarins) Milk	July 31 WG Kix Whole Apple (Applesauce) Milk	August 1 WGR Waffle Pineapple Milk

WG = Whole Grain

Fruit options vary when in season, viable options are as follows: Apples, Applesauce, Flavored Applesauce, Banana, Diced Pears, Diced Peaches, Pineapple, Oranges, Pears, Cantaloupe, Honeydew, Strawberries, Fruit Cocktail, Peaches, Mandarin Oranges, Mangos

****All Cereals contain no more than 6 grams of sugar per dry ounce****

****All Yogurt contains no more than 23 grams of sugar per 6 ounce serving****