



## Breakfast Menu – Wheat & Soy Free

**August 2025**

This institution is an equal opportunity provider.

Serving Sizes are as follows:

12months – 24months Old – m/ma ½oz, fruit ¼c, grain ½oz, 4oz Plain Whole Milk

24months – 36months Old – m/ma ½ oz, fruit ¼ c, grain ½ oz, 4oz Plain 1% Milk

3-5 Year Olds – m/ma ½ oz, fruit ½ c, grain ½ oz, 6oz Plain 1% Milk

School Age – m/ma 1oz, fruit ½ c, grain 1oz, 8oz Plain 1% Milk

Monday	Tuesday	Wednesday	Thursday	Friday
<b>July 28</b> Rice Chex Peaches Milk	<b>July 29</b> WG Cheerios Apple Slices (Applesauce) Milk	<b>July 30</b> Yogurt Clementine (Mandarins) Milk	<b>July 31</b> WG Kix Whole Apple (Applesauce) Milk	<b>August 1</b> Corn Chex Banana Milk
<b>August 4</b> Rice Chex Pineapple Milk	<b>August 5</b> WG Cheerios Apple Slices (Applesauce) Milk	<b>August 6</b> Yogurt Clementine (mandarins) Milk	<b>August 7</b> WG Kix Whole Apple (Applesauce) Milk	<b>August 8</b> Corn Chex Banana Milk
<b>August 11</b> Rice Chex Pineapple Milk	<b>August 12</b> WG Cheerios Apple Slices (Applesauce) Milk	<b>August 13</b> Yogurt Clementine (Mandarins) Milk	<b>August 14</b> WG Kix Whole Apple (Applesauce) Milk	<b>August 15</b> Corn Chex Banana Milk
<b>August 18</b> Rice Chex Pineapple Milk	<b>August 19</b> WG Cheerios Apple Slices (Applesauce) Milk	<b>August 20</b> Yogurt Clementine (mandarins) Milk	<b>August 21</b> WG Kix Pears Milk	<b>August 22</b> Corn Chex Banana Milk
<b>August 25</b> Rice Chex Pineapple Milk	<b>August 26</b> WG Cheerios Apple Slices (Applesauce) Milk	<b>August 27</b> Yogurt Clementine (mandarins) Milk	<b>August 28</b> WG Kix Whole Apple (Applesauce) Milk	<b>August 29</b> Corn Chex Banana Milk

WG = Whole Grain

Fruit options vary when in season, viable options are as follows: Apples, Applesauce, Flavored Applesauce, Banana, Diced Pears, Diced Peaches, Pineapple, Oranges, Pears, Cantaloupe, Honeydew, Strawberries, Fruit Cocktail, Peaches, Mandarin Oranges, Mangos

**\*\*All Cereals contain no more than 6 grams of sugar per dry ounce\*\***

**\*\*All Yogurt contains no more than 23 grams of sugar per 6 ounce serving\*\***