



## Breakfast Menu - Hot Option

**August 2025**

This institution is an equal opportunity provider.

Serving Sizes are as follows:

12months – 24months Old – m/ma ½oz, fruit ¼c, grain ½oz, 4oz Plain Whole Milk

24months – 36months Old – m/ma ½ oz, fruit ¼ c, grain ½ oz, 4oz Plain 1% Milk

3-5 Year Olds – m/ma ½ oz, fruit ½ c, grain ½ oz, 6oz Plain 1% Milk

School Age – m/ma 1oz, fruit ½ c, grain 1oz, 8oz Plain 1% Milk

Monday	Tuesday	Wednesday	Thursday	Friday
<b>July 28</b> <b>WGR Apple Cinnamon Muffin</b> Peaches Milk	<b>July 29</b> <b>WG Rice Krispies</b> Apple Slices (Applesauce) Milk	<b>July 30</b> <b>Yogurt</b> Clementine (Mandarins) Milk	<b>July 31</b> <b>WG Kix</b> Whole Apple (Applesauce) Milk	<b>August 1</b> <b>WGR Waffle</b> Banana Milk
<b>August 4</b> <b>WGR Banana Muffin</b> Fruit Cocktail Milk	<b>August 5</b> <b>WG Cheerios</b> Apple Slices (Applesauce) Milk	<b>August 6</b> <b>Yogurt</b> Clementine (Mandarins) Milk	<b>August 7</b> <b>WG Corn Flakes</b> Whole Apple (Applesauce) Milk	<b>August 8</b> <b>WGR Waffle</b> Banana Milk
<b>August 11</b> <b>WGR Blueberry Muffin</b> Fruit Cocktail Milk	<b>August 12</b> <b>WG Rice Krispies</b> Apple Slices (Applesauce) Milk	<b>August 13</b> <b>Yogurt</b> Clementine (Mandarins) Milk	<b>August 14</b> <b>WG Life Cereal</b> Whole Apple (Applesauce) Milk	<b>August 15</b> <b>WGR French Toast</b> Banana Milk
<b>August 18</b> <b>WGR Corn Muffin</b> Fruit Cocktail Milk	<b>August 19</b> <b>WG Cheerios</b> Apple Slices (Applesauce) Milk	<b>August 20</b> <b>Yogurt</b> Clementine (Mandarins) Milk	<b>August 21</b> <b>WG Corn Flakes</b> Diced Pears Milk	<b>August 22</b> <b>WGR Pancake</b> Banana Milk
<b>August 25</b> <b>WGR Apple Cinnamon Muffin</b> Fruit Cocktail Milk	<b>August 26</b> <b>WG Rice Krispies</b> Apple Slices (Applesauce) Milk	<b>August 27</b> <b>Yogurt</b> Clementine (Mandarins) Milk	<b>August 28</b> <b>WG Kix</b> Whole Apple (Applesauce) Milk	<b>August 29</b> <b>WGR Waffle</b> Banana Milk

WG = Whole Grain

Fruit options vary when in season, viable options are as follows: Apples, Applesauce, Flavored Applesauce, Banana, Diced Pears, Diced Peaches, Pineapple, Oranges, Pears, Cantaloupe, Honeydew, Strawberries, Fruit Cocktail, Peaches, Mandarin Oranges, Mangos

**\*\*All Cereals contain no more than 6 grams of sugar per dry ounce\*\***

**\*\*All Yogurt contains no more than 23 grams of sugar per 6 ounce serving\*\***