



# LIFESPAN SCHOOL AGE/ SUMMER CAMP MENU

## AUGUST 2025



	Monday		Tuesday		Wednesday		Thursday		Friday	
Week of 7/28	BREAKFAST	AM/PM	BREAKFAST	AM/PM	BREAKFAST	AM/PM	BREAKFAST	AM/PM	BREAKFAST	AM/PM
Grain									1 Cornbread Muffin	1 pk Goldfish
Dairy									8 oz. 1% Milk	6 oz White Grape
Fruit/Veg.									4oz Mixed Fruit	Ched Sun Chips
Other										6oz Apple Juice
Week of 8/4	BREAKFAST	AM/PM	BREAKFAST	AM/PM	BREAKFAST	AM/PM	BREAKFAST	AM/PM	BREAKFAST	AM/PM
Grain	Apple Cinna Muffin 8oz 1%Milk, 1 oz Applesauce	1 pk Ched Chex Mix 6oz Apple Juice	1 Kix Cereal 8oz 1%Milk, 4oz Pineapples	1 pk Goldfish 6oz White Grape	1oz Cinna Toast Crunch 8oz 1%Milk 4oz Pears	1 pk Ranch Rice Cakes 8oz White Grape	Cornbread Muffin 8oz 1% Milk 4oz Mixed Fruit	1pk Cheez-Its 6oz Apple Juice	Apple Cinna 8oz 1 %Milk 4oz Pears	1 pk Popcorners 6oz Apple Juice
Dairy		1 pk Cheez-Its 6 oz White Grape Juice		1pk Trad Chex Mix 6oz Apple Juice		1pk Sports Bites 6oz Apple Juice		1 pk Goldfish 6oz White Grape		1 pk Pretzels 1 Cheesestick 6oz White Grape
Other										
Week of 8/11	BREAKFAST	AM/PM	BREAKFAST	AM/PM	BREAKFAST	AM/PM	BREAKFAST	AM/PM	BREAKFAST	AM/PM
Grain	1 pk Trix 8oz 1% Milk 4oz Pears	1 pk Ritz Bits 6oz Apple Juice	1 Apple Cinn Muffin, 8oz 1% milk 4oz Mixed Fruit	1pk Popcorners 6oz Apple Juice	1oz Kix 8oz 1% Milk 4oz Applesauce	1 pk Ched Chex 6oz White Grape	1 Cornbread Muffin, 8oz 1% milk 4oz Pears	1 pk Sports Bites 6 oz White Grape	1 Apple Cinn Muffin, 8oz 1% milk 4oz Mixed Fruit	1 pk Goldfish 6 oz White Grape
Dairy										
Fruit/Veg.		1 pk Goldfish 6oz White Grape		1 pk Trad Chex 6oz White Grape		1 pk Pretzels 1 Cheesestick 6oz Apple Juice		1 pk Ranch Rice Cakes 6oz Apple Juice		1 pk Cheez-Its 6oz Apple Juice
Other										
Week of 8/18	BREAKFAST	AM/PM	BREAKFAST	AM/PM	BREAKFAST	AM/PM	BREAKFAST	AM/PM	BREAKFAST	AM/PM
Grain	1 Cornbread Muffin 8oz 1% Milk 4oz Pineapples	1 pk Ranch Rice Cakes 6oz Apple Juice	1 Apple Cinn Muffin 8oz 1%Milk 4oz Mixed Fruit	1pk Popcorners 6oz Apple Juice	1 pk Trix 8oz 1% Milk 4oz Pears	1 pk Cheez Its 6oz Apple Juice	1 Cornbread Muffin, 8oz 1% milk 4oz Pears	1 pk Goldfish 6oz White Grape	CLOSED	CLOSED
Dairy										
Fruit/Veg.		1pk Sports Bites 6oz White Grape		1 pk Trad Chex Mix 6oz White		1 pk Pretzels 1 Cheesestick 6oz White Grape		1 pk Ched Chex 6oz Apple Juice		
Other								CAMP LAST DAY!		
Week of 8/25	BREAKFAST	AM/PM	BREAKFAST	AM/PM	BREAKFAST	AM/PM	BREAKFAST	PM	CLOSED	CLOSED
Grain	1oz Cheerios 8oz 1% Milk Applesauce	1 pk Cheez Its 6oz Apple Juice	1 Cornbread Muffin, 8oz 1% milk 4oz Pineapple	1pk Popcorners 6oz Apple Juice	1oz Cinna Toast Crunch 8oz 1%Milk 4oz Pears	1 pk Ranch Rice Cakes 6oz Apple Juice	1oz Crispy Rice, 4oz Pears	Cheez-Its 6oz Apple Juice	CLOSED	CLOSED
Dairy										
Fruit/Veg.		1 pk Pretzels 1 Cheesestick 6oz White Grape		1 pk Trad Chex Mix 6oz White Grape		1 pk Trad Chex Mix 6oz White Grape		1 pk Goldfish 6oz White Grape		
Other										