

A decorative horizontal swirl of autumn leaves in shades of yellow, orange, and brown, ending in a small spiral on the right.

	Monday		Tuesday		Wednesday		Thursday		Friday	
10/1-10/3	BREAKFAST	PM	BREAKFAST	PM	BREAKFAST	PM	BREAKFAST	AM/PM	BREAKFAST	PM
Grain					Cheerios 8 oz 1% Milk 4oz Pineapples	1pk Traditional Sun Chips 6oz White Grape	Frosted Flakes, 8oz 1%Milk, 4oz Mixed Fruit	1 pk Cheddar Sun Chips 6oz Apple Juice	1oz Cheerios 8oz 1%Milk 4oz Pears	1 pk Cheez Its 6oz Apple Juice
Dairy								1 pk Pretzels, 1 Cheesestick 6oz White Grape		
Fruit/Veg.										
Other										
10/6-10/10	BREAKFAST	PM	BREAKFAST	PM	BREAKFAST	PM	BREAKFAST	PM	BREAKFAST	PM
Grain	1 English Muffin w. Cream Cheese/Jelly 8 oz 1% Milk 4oz Mixed Fruit	1pk Traditional Sun Chips 6oz White Grape	1pk Cocoa Puffs 8oz 1%Milk, 4oz Pineapples	1 pk Popcorners 6oz Apple Juice	1oz Kix 8oz 1%Milk 4oz Pears	1pk Sports Bites 6oz White Grape	1 English Muffin w. Cream Cheese/Jelly 8 oz 1% Milk 4oz Applesauce	1 pk Ritz Bits Cheese Crackers 6oz Apple Juice	1oz Cinna Toast Crunch 8oz 1%Milk 4oz Pineapples	1pk Apple Cinn Rice Cakes 6oz White Grape
Dairy										
Fruit/Veg.										
Other										
10/13-10/17	BREAKFAST	PM	BREAKFAST	PM	BREAKFAST	PM	BREAKFAST	PM	BREAKFAST	PM
Grain	1 English Muffin w. Cream Cheese/Jelly 8 oz 1% Milk 4oz Mixed Fruit	1 pk Pretzels, 1 Cheesestick 6oz Apple Juice	1oz Kix 8oz 1%Milk 4oz Pears	1 pk Cheddar Sun Chips 6oz White Grape	1 English Muffin w. Cream Cheese/Jelly 8 oz 1% Milk 4oz Applesauce	1 pk Ranch Rice Cakes 6oz Apple Juice	1pk Cocoa Puffs 8oz 1%Milk, 4oz Pineapples	1 pk Goldfish 6oz White Grape Juice	1 English Muffin w. Cream Cheese/Jelly 8 oz 1% Milk 4oz Mixed Fruit	1 pk Popcorners 6oz Apple Juice
Dairy										
Fruit/Veg.										
Other										
10/20-10/24	BREAKFAST	PM	BREAKFAST	PM	BREAKFAST	PM	BREAKFAST	PM	BREAKFAST	PM
Grain	1oz Cinna Toast Crunch 8oz 1%Milk 4oz Applesauce	1pk Apple Cinn Rice Cakes 6oz White Grape	1 English Muffin w. Cream Cheese/Jelly 8 oz 1% Milk 4oz Mixed Fruit	1 pk Ritz Bits Cheese Crackers 6oz Apple Juice	1oz Kix 8oz 1%Milk 4oz Pears	1pk Traditional Sun Chips 6oz White Grape	1 English Muffin w. Cream Cheese/Jelly 8 oz 1% Milk 4oz Pineapples	1 pk Pretzels, 1 Cheesestick 6oz Apple Juice	1pk Cocoa Puffs 8oz 1%Milk, 4oz Applesauce	1 pk Goldfish 6oz White Grape Juice
Dairy										
Fruit/Veg.										
Other										
10/27-10/31	BREAKFAST	PM	BREAKFAST	PM	BREAKFAST	PM	BREAKFAST	PM	BREAKFAST	PM
Grain	1 English Muffin w. Cream Cheese/Jelly 8 oz 1% Milk 4oz Pineapples	1pk Sports Bites 6oz White Grape	1oz Cinna Toast Crunch 8oz 1%Milk 4oz Applesauce	1 pk Cheez Its 6oz Apple Juice	1pk Cocoa Puffs 8oz 1%Milk, 4oz Pears	1 pk Cheddar Sun Chips 6oz White Grape	1 English Muffin w/Cream Cheese 8oz 1%Milk 4oz Mixed Fruit	1 pk Ranch Rice Cakes 6oz Apple Juice	1oz Kix 8oz 1%Milk 4oz Applesauce	1 pk Popcorners 6oz White Grape
Dairy										
Fruit/Veg.										
Other										