



Chef Chipper's Early Learners Lunch Program



Vegetarian Lunch



This institution is an equal opportunity provider.
Approved by Barbara Myers, RD, LD/N














Serving sizes as follows:

1-2 year olds - m/ma 1oz, fruit 1/4c, veg 1/4 c, grain 1/2oz, 4oz Plain Whole Milk

3-5 year olds - m/ma 1.5oz, fruit 1/4c, veg 1/4c, grain 1/2oz, 6oz Plain 1% Milk

School Age - m/ma 2oz, fruit 1/2c, veg 1/2c, grain, 1oz, 8oz Plain 1% Milk

* Please See CACFP Meal Pattern Charts

Monday	Tuesday	Wednesday	Thursday	Friday
	Menu Items Subject To Change Based On Availability Meal Changes Shall Be Written On The Posted Menu	<u>Teriyaki Tofu</u> <u>Rice</u> <u>Stir Fry Vegetables</u> <u>Bananas</u> 	<u>Baked Ziti</u> <u>Green Beans</u> <u>Oranges</u>	 <u>Veggie Nuggets</u> <u>Tossed Salad</u> <u>Peaches</u>
6	7	8	9	10
<u>Grilled Cheese</u> <u>Peas</u> <u>Oranges</u>	<u>Veggie Burgers</u> <u>WG Bun</u> <u>Sliced Cucumbers w/ Ranch</u> <u>Mixed Fruit</u> 	<u>Cheese Quesadillas</u> <u>Shredded Cheddar</u> <u>Corn</u> <u>Bananas</u>	<u>Macaroni & Cheese</u> <u>WG Rice</u> <u>Oranges</u> <div>1% Milk Is Served At Lunch Everyday Whole Milk Is Available For Students Age 1</div>	 <u>Personal Pizza</u> <u>Tossed Salad</u> <u>Peaches</u>
13	14	15	16	17
 <u>Grilled Cheese</u> <u>Tossed Salad</u> <u>Apple Slices</u>	<u>Veggie Burgers</u> <u>WG Roll</u> <u>Potatoes</u> <u>Mixed Fruit</u> 	<u>Baked Ziti</u> <u>Peas</u> <u>Bananas</u> 	<u>Cheese Quesadillas</u> <u>Corn, Roast Tomato, Bell Pepper</u> <u>Oranges</u>	 <u>Veggie Nuggets</u> <u>Tossed Salad</u> <u>Peaches</u>
20	21	22	23	24
<u>Grilled Cheese</u> <u>Apple Slices</u> <u>Peas</u>	<u>Macaroni & Cheese</u> <u>Carrots</u> <u>Mixed Fruit</u>	 <u>Baked Ziti</u> <u>Peas</u> <u>Bananas</u>	<u>Veggie Burgers</u> <u>WG Roll</u> <u>Romaine Lettuce - Tomatoes</u> <u>Oranges</u>	<u>Personal Pizza</u> <u>Tossed Salad</u> <u>Peaches</u>
27	28	29	30	31
 <u>Grilled Cheese</u> <u>Apple Slices</u> <u>Peas</u>	<u>Cheese Quesadillas</u> <u>Corn</u> <u>Mixed Fruit</u> 	<u>Veggie Burgers</u> <u>WG Bun</u> <u>Tossed Salad</u> <u>Mixed Fruit</u>	<u>Maxx Pizza Stixxx</u> <u>Corn</u> <u>Oranges</u>	 <u>Veggie Nuggets</u> <u>Tossed Salad</u> <u>Peaches</u>