



# LIFESPAN SCHOOL-AGE MENU



## February 2026

	Monday		Tuesday		Wednesday		Thursday		Friday	
week of 2/2	<b>BREAKFAST</b>	<b>PM</b>	<b>BREAKFAST</b>	<b>PM</b>	<b>BREAKFAST</b>	<b>PM</b>	<b>BREAKFAST</b>	<b>PM</b>	<b>BREAKFAST</b>	<b>PM</b>
Grain	1 English Muffin	1 pk BBQ Sunchips	1 oz Cinna Toast	1 pk Goldfish	1 English Muffin	1 pk Cheez Its	1oz Kix Cereal	1 pk Sports Bites	1 English Muffin	1 pk Pretzels
Dairy	8 oz. 1% Milk		8oz 1% Milk		8oz 1% Milk		8oz 1% Milk		8oz 1% Milk	
Fruit/Veg.	4 oz Pears		4oz Applesauce		4oz Mixed Fruit		4oz Pineapples		4oz Applesauce	
Other		6oz White Grape		6 oz Grape Juice		6oz White Grape		6oz Grape Juice		6 oz White Grape
week of 2/9	<b>BREAKFAST</b>	<b>PM</b>	<b>BREAKFAST</b>	<b>PM</b>	<b>BREAKFAST</b>	<b>PM</b>	<b>BREAKFAST</b>	<b>PM</b>	<b>BREAKFAST</b>	<b>AM/PM</b>
Grain	1oz Cocoa Puffs	1 pk Ched Chex Mix	1 Blueberry Muffin	1 pk Tostitos with Salsa	1oz Kix Cereal	1 pk Ritz Bits	1 Blueberry Muffin	1 pk Goldfish	1oz Cinna Toast Cereal	1pk Cheez-Its
Dairy	8 oz. 1% Milk		8 oz. 1% Milk		8oz 1% Milk		8oz 1% Milk		8 oz. 1% Milk	6oz Grape Juice
Fruit/Veg.	4oz Mixed Fruit		4oz Pineapple Bits		4oz Pears		4oz Applesauce		4oz Mixed Fruit	1pk Trad Chex Mix
Other		6 oz Grape Juice		6oz White Grape Juice		6oz Grape Juice		6 oz White Grape Juice	<b>HOLIDAY CARE</b>	6oz Grape Juice
week of 2/16	<b>BREAKFAST</b>	<b>PM</b>	<b>BREAKFAST</b>	<b>PM</b>	<b>BREAKFAST</b>	<b>PM</b>	<b>BREAKFAST</b>	<b>PM</b>	<b>BREAKFAST</b>	<b>PM</b>
Grain	<b>CLOSED</b>	<b>CLOSED</b>	1oz Kix Cereal	1pk BBQ Sunchips	1 Blueberry Muffin	1 pk Pretzels	1 oz Cocoa Puffs	1pk Ched Chex Mix	1 Blueberry Muffin	1 pk Ritz Bits
Dairy	<b>NO SCHOOL</b>	<b>NO SCHOOL</b>	8oz 1% Milk		8 oz. 1% Milk		8oz 1% Milk		8 oz. 1% Milk	
Fruit/Veg.			4oz Applesauce		4oz Pears		4oz Mixed Fruit		4oz Pineapples	
Other				6oz White Grape Juice		6oz Grape Juice		6 oz White Grape		6oz Grape Juice
week of 2/23	<b>BREAKFAST</b>	<b>PM</b>	<b>BREAKFAST</b>	<b>PM</b>	<b>BREAKFAST</b>	<b>PM</b>	<b>BREAKFAST</b>	<b>PM</b>	<b>BREAKFAST</b>	<b>PM</b>
Grain	1 oz Kix Cereal	1 pk Tostitos w/Salsa	1 Blueberry Muffin	1 pk Goldfish	1 oz Cinna Toast	1pk Sports Bites	1 Blueberry Muffin	1 pk Cheez Its	1 oz Kix Cereal	1 pk Trad Chex
Dairy	8oz 1% Milk		8 oz. 1% Milk		8oz 1% Milk		8 oz. 1% Milk		8oz 1% Milk	
Fruit/Veg.	4oz Pears		4oz Mixed Fruit		4oz Applesauce		4oz Pineapples		4oz Mixed Fruit	
Other		6oz White Grape Juice		6oz Grape Juice		6oz White Grape		6 oz Grape Juice		6oz White Grape Juice

LifeSpan's School-Age Snack Menu is subject to change without notice – All meals provided are per the CACFP guidelines and components – Substitute meals or extra snack may be brought from home – Water is offered at all times

*This institution is an equal opportunity provider.*