



# Chef Chipper's Early Learners Lunch Program



## Lunch



Serving sizes as follows:

1-2 year olds - m/ma 1oz, fruit 1/4c, veg 1/4 c, grain 1/2oz, 4oz Plain Whole Milk

3-5 year olds - m/ma 1.5oz, fruit 1/4c, veg 1/4c, grain 1/2oz, 6oz Plain 1% Milk

This institution is an equal opportunity provider.

School Age - m/ma 2oz, fruit 1/2c, veg 1/2c, grain, 1oz, 8oz Plain 1% Milk

Approved by Barbara Myers, RD, LD/N

\* Please See CACFP Meal Pattern Charts

Monday	Tuesday	Wednesday	Thursday	Friday
2 <u>Baked Ziti</u> WG Penne Pasta—100% Cheddar Tomato Sauce - Mozzarella - Ricotta Pullman Bread Peas Apple Slices	3 <u>Herb Roasted Chicken</u> Diced Chicken Breast WG Rice Carrots Mixed Fruit	4 <u>Beef Stroganoff</u> 80/20 Ground Beef - Mushroom Gravy WG Pasta Peas Bananas	5 <u>Cheeseburgers</u> WG Roll Potatoes Oranges	6 <u>Personal Pizza</u> Tossed Salad Peaches
9 <u>Popcorn Chicken</u> Peas Apple Slices	10 <u>Chicken over Rice &amp; Beans</u> Shredded Chicken Breast Kidney Beans, Rice, Topped w/ Melted Cheddar Corn Mixed Fruit	11 <u>Tacos</u> 80/20 Ground Beef Flour Tortillas Shredded Cheddar Corn	12 <u>Teriyaki Chicken</u> Rice Stir Fry Vegetables Oranges	13 <u>Crispy Fish Filet</u> WG Bun Peas & Carrots
16 <u>Tyson Boneless Chicken Bites</u> Pullman Bread Apple Slices Carrots	17 <u>Burrito Bowls</u> Seasoned Taco Meat (80/20 Ground Beef) Rice & Beans - 100% Cheddar Corn Mixed Fruit	18 <u>WG Corndog Nuggets</u> Peas Bananas	19 <u>Chicken Parmesan</u> Shredded Chicken Breast - Mozzarella Cheese WG Penne Pasta Green Beans Bananas	20 <u>Beedy Baked Mac &amp; Cheese</u> WG Rotini - 100% Cheddar 80/20 Ground Beef Mozzarella - Cheese Sauce Tossed Salad
23 <u>Puled BBQ Chicken Sandwich</u> WG Hot Dog Roll Broccoli Bites with Ranch Dressing Apple Slices	24 <u>Salisbury Steak</u> Mashed Potatoes Mixed Fruit WG Breadsticks	25 <u>Chicken Primavera</u> Shredded Chicken Breast - WG Pasta Garlic Cream Sauce - Spinach - Mozzarella Corn Bananas	26 <u>Meatballs Sandwich</u> Hot Dog Roll Green Beans Oranges	27 <u>Tyson Chicken Nuggets</u> Tossed Salad Peaches



Q: What did one lightbulb say to the other light bulb on Valentine's day??

A: I love you Watts & Watts



1% Milk  
Is Served At  
Lunch Everyday  
Whole Milk Is Available  
For Students Age 1

Menu Items Subject To Change  
Based On Availability

Meal Changes Shall Be  
Written On The Posted Menu

