



Chef Chipper's Early Learners Lunch Program



Veggie Lunch



Serving sizes as follows:

1-2 year olds - m/ma 1oz, fruit 1/4c, veg 1/4 c, grain 1/2oz, 4oz Plain Whole Milk










3-5 year olds - m/ma 1.5oz, fruit 1/4c, veg 1/4c, grain 1/2oz, 6oz Plain 1% Milk

This institution is an equal opportunity provider.

School Age - m/ma 2oz, fruit 1/2c, veg 1/2c, grain, 1oz, 8oz Plain 1% Milk

Approved by Barbara Myers, RD, LD/N

* Please See CACFP Meal Pattern Charts

Monday	Tuesday	Wednesday	Thursday	Friday
2 <u>Baked Ziti</u> <u>Pullman Bread</u> <u>Peas</u> <u>Apple Slices</u>	3 <u>Grilled Cheese</u> <u>Carrots</u> <u>Mixed Fruit</u> 	4 <u>Mac & Cheese</u> <u>Peas</u> <u>Bananas</u>	5 <u>Veggie Burgers</u> <u>WG Roll</u> <u>Potatoes</u> <u>Oranges</u> 	6 <u>Personal Pizza</u> <u>Tossed Salad</u> <u>Peaches</u> 
9 <u>Veggie Nuggets</u> <u>Peas</u> <u>Apple Slices</u> 	10 <u>Rice, Bean, & Cheddar Burrito Bowl</u> <u>Corn</u> <u>Mixed Fruit</u>	11 <u>Cheese Quesadillas</u> <u>Shredded Cheddar</u> <u>Corn</u> <u>Bananas</u> 	12 <u>Tofu & Rice</u> <u>Stir Fry Vegetables</u> <u>Oranges</u>	13 <u>Mozzarella Calzone</u> <u>WG Bun</u> <u>Peas & Carrots</u>
15 <u>Veggie Nuggets</u> <u>Apple Slices</u> <u>Carrots</u>	17 <u>Rice, Bean, & Cheddar Burrito Bowl</u> <u>Corn</u> <u>Mixed Fruit</u>	18 <u>Grilled Cheese</u> <u>Peas</u> <u>Bananas</u>	19 <u>Personal Pizza</u> <u>Green Beans</u> <u>Bananas</u> 	20 <u>Mac & Cheese</u> <u>Tossed Salad</u> <u>Peaches</u>
22 <u>Chese Quesadillas</u> <u>Broccoli Bites with Ranch Dressing</u> <u>Apple Slices</u>	24 <u>Grilled Cheese</u> <u>Mashed Potatoes</u> <u>Mixed Fruit</u> 	25 <u>Baked Ziti</u> <u>Corn</u> <u>Bananas</u>	26 <u>Veggie Burgers</u> <u>Hot Dog Roll</u> <u>Green Beans</u> <u>Oranges</u> 	27 <u>Tyson Chicken Nuggets</u> <u>Tossed Salad</u> <u>Peaches</u> 



Q: What did one lightbulb say to the other light bulb on Valentine's day??

A: I love you Watts & Watts



1% Milk
Is Served At
Lunch Everyday
Whole Milk Is Available
For Students Age 1

Menu Items Subject To Change
Based On Availability

Meal Changes Shall Be
Written On The Posted Menu

