



# Chef Chipper's Early Learners Lunch Program



## Lunch



This institution is an equal opportunity provider.  
Approved by Barbara Myers, RD, LD/N

Serving sizes as follows:

1-2 year olds - m/ma 1oz, fruit 1/4c, veg 1/4 c, grain 1/2oz, 4oz Plain Whole Milk

3-5 year olds - m/ma 1.5oz, fruit 1/4c, veg 1/4c, grain 1/2oz, 6oz Plain 1% Milk

School Age - m/ma 2oz, fruit 1/2c, veg 1/2c, grain, 1oz, 8oz Plain 1% Milk

\* Please See CACFP Meal Pattern

Monday	Tuesday	Wednesday	Thursday	Friday
		<p><u>1</u> Penne w/ Meat sauce WG Pasta - 100% Cheddar 80/20 Ground Beef Ricotta - Shredded Mozzarella Carrots Bananas</p>	<p><u>2</u> Herb Roasted Chicken Diced Chicken Breast WG Rice Peas &amp; Carrots Oranges</p>	<p><u>3</u> Popcorn Chicken Tossed Salad Peaches</p> <p style="border: 1px solid blue; padding: 5px; text-align: center;">Menu Items Subject To Change Based On Availability</p>
		<p><u>6</u> Boneless Chicken Bites Corn Apple Slices</p>	<p><u>7</u> Salisbury Steak WG Breadsticks Mashed Potatoes Mixed Fruit</p>	<p><u>8</u> Chicken Fajitas Pulled Chicken Breast Flour Tortillas Fajita Vegetable Mix Bananas</p>
<p><u>13</u> Tyson Chicken Nuggets Tossed Salad Apple Slices</p>	<p><u>14</u> Turkey Ham WG Breadsticks Mashed Potatoes Mixed Fruit</p>	<p><u>15</u> Beefy Baked Ziti WG Penne Pasta—100% Cheddar Tomato Sauce - Mozzarella - Ricotta Peas Bananas</p>	<p><u>16</u> Teriyaki Chicken Rice Stir Fry Vegetables Oranges</p>	<p><u>17</u> Chicken Empanadas Tossed Salad Peaches</p>
<p><u>20</u> Beefy Baked Mac &amp; Cheese WG Rotini - 100% Cheddar 80/20 Ground Beef Mozzarella - Cheese Sauce Tossed Salad</p>	<p><u>21</u> Puled BBQ Chicken Sandwich WG Hot Dog Roll Peas &amp; Carrots Apple Slices</p>	<p><u>22</u> Crispy Fish Filet WG Pullman Bread Corn Bananas</p>	<p><u>23</u> Chicken Parmesan Shredded Chicken Breast - Mozzarella Cheese WG Penne Pasta Mixed Vegetables Oranges</p>	<p><u>24</u> Personal Pizza Tossed Salad Peaches</p>
<p><u>27</u> Roasted BBQ Chicken Bites Broccoli Bites with Ranch Dressing WG Pullman Bread Apple Slices</p>	<p><u>28</u> Chicken Burrito Bowls Pulled Chicken Breast Rice &amp; Beans 100% Cheddar Corn Mixed Fruit</p>	<p><u>29</u> Chilli Con Carne Seasoned Taco Meat (80/20 Ground Beef 100% Cheddar -over Rice Corn Banana</p>	<p><u>30</u> Cheeseburgers WG Roll Mashed Potatoes Oranges</p>	<p>Q: How do bees brush their hair? A: Honeycombs</p>