



# MARCH 2026



	Monday		Tuesday		Wednesday		Thursday		Friday	
week of 3/2-3/6	<b>BREAKFAST</b>	<b>PM</b>	<b>BREAKFAST</b>	<b>PM</b>	<b>BREAKFAST</b>	<b>PM</b>	<b>BREAKFAST</b>	<b>PM</b>	<b>BREAKFAST</b>	<b>PM</b>
Grain	1 oz Kix Cereal	Sports Bites	1 English Muffin	1pk Trad SunChips	1 oz Kix Cereal	1 pk Pretzels	1 Apple Cinna	1 pk BBQ SunChips	1 English Muffin	1 pk Baked Tostitos w/ salsa
Dairy	8 oz. 1% Milk		8oz 1% Milk		8oz 1% Milk		8 oz. 1% Milk		8oz 1% Milk	
Fruit/Veg.	4oz Apple Sauce		4oz Mixed Fruit		4oz Pineapple Bits		4oz Pears		4oz Applesauce	
Other		6oz White Grape		6 oz Apple Juice		6ozWhite Grape		6oz Apple Juice		6 oz Apple Juice
week of 3/9-3/13	<b>BREAKFAST</b>	<b>PM</b>	<b>BREAKFAST</b>	<b>PM</b>	<b>BREAKFAST</b>	<b>PM</b>	<b>BREAKFAST</b>	<b>PM</b>	<b>BREAKFAST</b>	<b>AM/PM</b>
Grain	1 Corn Muffin	BBQ Sunchips	1 oz Crispy Rice	1pk Trad SunChips	1 Corn Muffin	1 pk Baked Tostitos w/ salsa	1oz Trix	1pk Goldfish	1 Corn Muffin	1 pk Cheez Its, 6oz Apple Juice
Dairy	8oz 1% Milk		8oz 1% Milk		8 oz. 1% Milk		8 oz. 1% Milk		8oz 1% Milk	1 pk Ritz Bits, 6oz White Grape
Fruit/Veg.	4oz Mixed Fruit	6 oz Apple Juice	4oz Pineapples	6oz Grape Juice	4oz Pears	6oz Apple Juice	4oz Apple Sauce	6oz White Grape	4oz Mixed Fruit	
Other									<b>HOLIDAY CARE</b>	<b>HOLIDAY CARE</b>
week of 3/16-3/20	<b>BREAKFAST</b>	<b>PM</b>	<b>BREAKFAST</b>	<b>PM</b>	<b>BREAKFAST</b>	<b>PM</b>	<b>BREAKFAST</b>	<b>PM</b>	<b>BREAKFAST</b>	<b>PM</b>
Grain	1 oz Crispy Rice	1 pk Pretzels	1 Corn Muffin	1 pk Ched Chex	1oz Trix	1pk Ritz Bits	1 Corn Muffin	1pk Cheez Its	1 oz Crispy Rice	1pk Gold Fish
Dairy	8oz 1% Milk	Cheese Stick	8oz 1% Milk		8oz 1% Milk		8 oz. 1% Milk		8 oz. 1% Milk	
Fruit/Veg.	1pk Applesauce		4oz Mixed Fruit		4oz Pears		4oz Mixed Fruit		4oz Pineapples	
Other		6oz Grape Juice		6oz Grape Juice		6oz Apple Juice		6 oz Apple Juice		6oz Grape Juice
week of 3/23-3/27	<b>BREAKFAST</b>	<b>PM</b>	<b>BREAKFAST</b>	<b>PM</b>	<b>BREAKFAST</b>	<b>PM</b>	<b>BREAKFAST</b>	<b>PM</b>	<b>BREAKFAST</b>	<b>PM</b>
Grain	1 Corn Muffin	1pk Sports Bites	1oz Trix	1pk Trad Chex	1 Corn Muffin	1pk Pretzels	1 oz Crispy Rice	1 pk Goldfish	1 Corn Muffin	1pk Sports Bites
Dairy	8 oz. 1% Milk	6oz Apple Juice	8oz 1% Milk	6oz Apple Juice	8oz 1% Milk	6ozWhite Grape	8 oz. 1% Milk	6oz Apple Juice	8oz 1% Milk	6oz Apple Juice
Fruit/Veg.	4oz Applesauce		4oz Pears		4oz Mixed Fruit		4oz Pineapples		4oz Applesauce	
Other										
week of 3/30-4/3	<b>BREAKFAST</b>	<b>PM</b>	<b>BREAKFAST</b>	<b>PM</b>	<b>BREAKFAST</b>	<b>PM</b>	<b>BREAKFAST</b>	<b>PM</b>	<b>BREAKFAST</b>	<b>PM</b>
Grain	1oz Trix	1pk Ritz Bits	1 Corn Muffin	1pk Pretzels	1 oz Crispy Rice	1 pk Ched Chex Mix	1 Corn Muffin	1pk Cheez Its	1oz Trix	1pk Gold Fish
Dairy	8oz 1% Milk	6 oz White Grape	8oz 1% Milk	Cheese Stick	8 oz. 1% Milk		8 oz. 1% Milk		8oz 1% Milk	
Fruit/Veg.	4oz Pears		4oz Applesauce	6oz Apple Juice	4oz Mixed Fruit	6oz Apple Juice	4oz Pineapple Bits	6 oz White Grape	4oz Pears	6 oz Apple Juice
Other										

LifeSpan's School-Age Snack Menu is subject to change without notice – All meals provided are per the CACFP guidelines and components – Substitute meals or extra snack may be brought from home – Water is offered at all times

*This institution is an equal opportunity provider.*