



Chef Chipper's Early Learners Lunch Program



Veggie Lunch



This institution is an equal opportunity provider.
Approved by Barbara Myers, RD, LD/N

Serving sizes as follows:

1-2 year olds - m/ma 1oz, fruit 1/4c, veg 1/4 c, grain 1/2oz, 4oz Plain Whole Milk

3-5 year olds - m/ma 1.5oz, fruit 1/4c, veg 1/4c, grain 1/2oz, 6oz Plain 1% Milk

School Age - m/ma 2oz, fruit 1/2c, veg 1/2c, grain, 1oz, 8oz Plain 1% Milk

* Please See CACFP Meal Pattern

Monday		Tuesday		Wednesday		Thursday		Friday	
				<u>Baked Ziti</u> <u>Carrots</u> <u>Bananas</u>		<u>Macaroni & Cheese</u> <u>Peas & Carrots</u> <u>Oranges</u>		<u>Veggie Nuggets</u> <u>Tossed Salad</u> <u>Peaches</u>	
6		7		8		9		10	
<u>Baked Ziti</u> <u>Corn</u> <u>Apple Slices</u>				<u>Veggie Burgers</u> <u>WG Breadsticks</u> <u>Mashed Potatoes</u> <u>Mixed Fruit</u>		<u>Cheese Quesadillas</u> <u>Fajita Vegetable Mix</u> <u>Bananas</u>		<u>Baked Ziti</u> <u>Peas</u> <u>Oranges</u>	
<u>Veggie Nuggets</u> <u>Tossed Salad</u> <u>Apple Slices</u>				<u>Grilled Cheese Sandwich</u> <u>Mashed Potatoes</u> <u>Mixed Fruit</u>		<u>Baked Ziti</u> <u>Peas</u> <u>Bananas</u>		<u>Teriyaki Tofu</u> <u>Rice</u> <u>Stir Fry Vegetables</u> <u>Oranges</u>	
13		14		15		16		17	
<u>Baked Ziti</u> <u>Tossed Salad</u> <u>Peaches</u>		<u>Grilled Cheese</u> <u>WG Hot Dog Roll</u> <u>Peas & Carrots</u> <u>Apple Slices</u>		<u>Macaroni & Cheese</u> <u>WG Pullman Bread</u> <u>Corn</u> <u>Bananas</u>		<u>Mozzarella & Cheese Calzones</u> <u>Mixed Vegetables</u> <u>Oranges</u>			
		<u>Cheese Quesadillas</u> <u>Corn</u> <u>Mixed Fruit</u>				<u>Baked Ziti</u> <u>Corn</u> <u>Banana</u>			
20		21		22		23		24	
<u>Veggie Nuggets</u> <u>Broccoli Bites</u> <u>with Ranch Dressing</u> <u>WG Pullman Bread</u> <u>Apple Slices</u>						<u>Mozzarella & Cheese Calzones</u> <u>Mixed Vegetables</u> <u>Oranges</u>			
27		28		29		30			