



Chef Chipper's Early Learners Lunch Program



Veggie Lunch



Serving sizes as follows:

1-2 year olds - m/ma 1oz, fruit 1/4c, veg 1/4 c, grain 1/2oz, 4oz Plain Whole Milk

3-5 year olds - m/ma 1.5oz, fruit 1/4c, veg 1/4c, grain 1/2oz, 6oz Plain 1% Milk

This institution is an equal opportunity provider.

School Age - m/ma 2oz, fruit 1/2c, veg 1/2c, grain, 1oz, 8oz Plain 1% Milk

Approved by Barbara Myers, RD, LD/N

* Please See CACFP Meal Pattern Charts

Monday	Tuesday	Wednesday	Thursday	Friday
2 <u>Baked Macaroni & Cheese</u> Corn Apple Slices	3 <u>WG Mozzarella Calzones</u> Corn Mixed Fruit 	4 <u>Baked Ziti</u> Carrots Bananas	5 <u>Veggie Burgers</u> Pullman Bread Green Beans Oranges <div style="border: 1px solid red; padding: 5px; width: fit-content; margin: 5px auto;">1% Milk Is Served At Lunch Everyday Whole Milk Is Available For Students Age 1</div>	6 <u>Veggie Nuggets</u> Tossed Salad Peaches 
9 <u>Veggie Nuggets</u> Broccoli Bites w/ Ranch Dressing Apple Slices 	10 <u>Baked Macaroni & Cheese</u> WG Breadsticks Roasted Potatoes Mixed Fruit	11 <u>Cheese Quesadillas</u> Shredded Cheddar Corn Bananas 	12 <u>Baked Ziti</u> Corn Oranges 	13 <u>Grilled Cheese</u> Tossed Salad Peaches
16 <u>Baked Macaroni & Cheese</u> Corn Apple Slices	17 <u>Grilled Cheese</u> Mashed Potatoes Mixed Fruit St. Patrick's Day 	18 <u>Baked Ziti</u> Peas Bananas	19 <u>Sweet & Sour Tofu</u> Rice Stir Fry Vegetables Oranges	20 <u>Veggie Nuggets</u> Tossed Salad Peaches 
23 <u>Baked Macaroni & Cheese</u> with Ranch Dressing Apple Slices 	24 <u>Veggie Burgers</u> Mixed Vegetables Mixed Fruit	25 <u>WG Calzone's</u> Corn Bananas 	26 <u>Baked Ziti</u> Green Beans Oranges 	27 <u>Personal Pizza</u> Tossed Salad Peaches 
30 <u>Veggie Nuggets</u> Tossed Salad Apple Slices 	31 <u>Grilled Cheese</u> Corn Mixed Fruit 	Q: How Can You Spot A Jealous Shamrock?? A: It Will Be Green With Envy 	<div style="border: 1px solid blue; padding: 5px;">Menu Items Subject To Change Based On Availability Meal Changes Shall Be Written On The Posted Menu</div>	 CACFP Child & Adult Care Food Program