



# LifeSpan

Day Care You Can Trust For Children.

2460 John Fries Highway

Quakertown, PA 18951

215-536-4417

## CALENDAR OF EVENTS

### JULY 1<sup>st</sup>

250<sup>th</sup> Celebration of America for Kids and Families 3:30-5:30PM

### SPLASH DAY

### JULY 2<sup>nd</sup>

Red, White, Blue, and YOU Parade for Grand-Friends 10am (WEAR YOUR RED, WHITE, AND BLUE!)

### JULY 3<sup>rd</sup>

**LIFESPAN IS CLOSED**

### JULY 8<sup>th</sup>

### SPLASH DAY

### JULY 10<sup>th</sup>

Party Animals Express Animal Show 10AM-10:45AM

FRIDAY SPIRIT DAY: ANIMAL ACTION (Wear your favorite animal or print)

### JULY 15<sup>th</sup>

### SPLASH DAY

### JULY 17<sup>th</sup>

FRIDAY SPIRIT DAY: LUAU DAY

### JULY 20<sup>th</sup>

Pre-K 1 and Pre-K 2 Story Time with Grand-Friends at The Village 10:30AM-11:00AM

### JULY 22<sup>nd</sup>

### SPLASH DAY

### JULY 24<sup>th</sup>

FOAM PARTY 10:00-10:20 Toddler 1/Toddler 2, 10:20-10:40 PS/PK 1/PK2, 10:40-11:00 PK 3/K Prep

FRIDAY SPIRIT DAY: BEACH DAY

### July 27<sup>th</sup>

Action Karate Visits Preschool, Pre-K 1, Pre-K 2, and Pre-K 3

### July 29<sup>th</sup>

### SPLASH DAY

### JULY 31<sup>st</sup>

FRIDAY SPIRIT DAY: PAJAMA DAY

## JULY HAPPENINGS:

Summer at LifeSpan means extra opportunities for outdoor exploration. Each day be sure to send your child dressed for play with closed toe shoes for safety. We ask that you keep a spare set of clothing at school (including socks and underwear) in case of messes or accidents. Feel free to bring a spare pair of shoes or rainboots to have on hand as well.

A few friendly reminders for drop off and pick up:

- Turn your car off while entering the building to drop off or pick up.
- Avoid parking in the handicapped spaces to leave these spots available for those in need.
- Respectfully, we ask that no parents enter the building on their cell phone to be present to greet teachers and their child upon drop off and pick up.
- If someone new is picking up, please make sure they know to have their ID available to share at the front desk.

Thank you for following our policies for the safety for all here at LifeSpan!

### MONTHLY SAFETY TOPIC: WATER SAFETY

With summertime, also comes more water fun. There are a few basics safety tips to keep in mind for a fun time at the pool. Supervision is the number one priority. Young children especially always need a close eye on them around water. This includes water in sinks, toilets, buckets, inflatable pools, and small bodies of standing water around your house. Even children that are familiar with swimming should be watched closely and still run a risk of injury or drowning. Be sure to be safe in water play!

### FARM TO SCHOOL CONNECTION

Our Pa Harvest of the Month for July is beets. Beets are a root vegetable. Did you know that beet juice is widely used as a dye in processed foods? Did you know that originally people would eat the greens of the vegetable and toss the roots? Beets can be microwaved, steamed, boiled, pickled, roasted, or even be consumed raw. Try our shared recipe featured on the PA Harvest of the Month informational board near the school kitchen to make Magenta Root Slaw at home. Cooking a healthy meal together can be so much fun!

Have you taken a peek at our LifeSpan Learning Garden lately? Our greenhouse and raised beds are put in place. Classrooms have enjoyed planting seeds. Stay tune for the growth!

### **HAPPY BIRTHDAY!**

Ms. Melissa- 2<sup>nd</sup>  
Ms. Adlia- 3<sup>rd</sup>  
Ms. Nicole- 6<sup>th</sup>  
Eleanor- 8<sup>th</sup>  
Ms. Hajnal- 8<sup>th</sup>  
Genesis – 10<sup>th</sup>  
Lucas- 10<sup>th</sup>  
Isabella – 12<sup>th</sup>  
Owen- 14<sup>th</sup>  
Lilith- 14<sup>th</sup>  
Ms. Brittany- 13<sup>th</sup>  
Ms. Katie- 15<sup>th</sup>  
Noah – 16<sup>th</sup>  
Maverick- 17<sup>th</sup>  
Arianna- 21<sup>st</sup>  
Quinn- 23<sup>rd</sup>  
Emma- 23<sup>rd</sup>  
Maddox- 24<sup>th</sup>  
Ms. Kim- 24<sup>th</sup>  
Brayden- 26<sup>th</sup>  
Ariana- 26<sup>th</sup>  
Stormi-Flo- 29<sup>th</sup>  
Grayson- 30<sup>th</sup>

### LIFESPAN FAMILY BINGO

Throughout the month of July, we will be offering Family Bingo! There is a Family Bingo Board available at the front desk if you wish to participate. The bingo sheet offers a variety of activities to do as a family. Snap a photo for evidence and check off your box once you complete the activity together. Complete 5 in a row to make BINGO! Email your photos to [kpursell@lq.org](mailto:kpursell@lq.org) and hand in your bingo board to the front desk to receive a prize! Game runs until July 31<sup>st</sup>.