



# LIFESPAN SCHOOL-AGE / SUMMER CAMP MENU

## JUNE 2026



	Monday		Tuesday		Wednesday		Thursday		Friday	
Week of 6/1-6/5	<b>BREAKFAST</b>	<b>PM</b>	<b>BREAKFAST</b>	<b>PM</b>	<b>BREAKFAST</b>	<b>PM</b>	<b>BREAKFAST</b>	<b>PM</b>	<b>BREAKFAST</b>	<b>PM</b>
Grain	1oz. Cocoa Puffs	1pk BBQ SunChips	1 oz. Kix Cereal	1pk Cheddar Chex Mix	1oz Cinna Toast Crunch	1 pk Pretzels	1 oz. Kix Cereal	1pk Trad Chex	1oz Cinna Toast Crunch	1 pk Popcorners
Dairy	8 oz. 1% Milk	6 oz Apple Juice	8oz 1% Milk	6 oz White Grape Juice	8oz 1% Milk	6 oz Apple Juice	8oz 1% Milk	6oz White Grape	8 oz. 1% Milk	6 oz Apple Juice
Fruit/Veg.	4oz Apple Sauce		4 oz. Mixed Fruit		4 oz. Pears		4oz Pineapples		4oz Mixed Fruit	
Other										
Week of 6/8-6/12	<b>BREAKFAST</b>	<b>PM</b>	<b>BREAKFAST</b>	<b>PM</b>	<b>BREAKFAST</b>	<b>PM</b>	LIFESPAN CLOSED			
Grain	1 oz. Kix Cereal	1 pk Pretzels	1oz Cinna Toast Crunch	1pk Trad Chex	1oz Kix Cereal	1pk Cheddar Chex Mix				
Dairy	8oz 1% Milk	6 oz White Grape	8 oz. 1% Milk	6 ozApple Juice	8 oz. 1% Milk	6oz White Grape				
Fruit/Veg.	4 oz. Pineapples		4 ox Mixed Fruit		4oz Pears					
Other										
Week of 6/15-6/19	<b>BREAKFAST</b>	<b>AM/PM</b>	<b>BREAKFAST</b>	<b>AM/PM</b>	<b>BREAKFAST</b>	<b>AM/PM</b>	<b>BREAKFAST</b>	<b>AM/PM</b>	<b>BREAKFAST</b>	<b>AM/PM</b>
Grain	1oz Trix	1 pk Goldfish	1oz Cinna Toast Crunch	1pk Cheez Its	1oz. Cocoa Puffs	1 pk Ritz Bits	1oz Kix Cereal	1 pk Popcorners	1oz Trix	1 pk Ched Chex
Dairy	8 oz. 1% Milk	6oz White Grape	8oz 1% Milk	6 oz Apple Juice	8 oz. 1% Milk	6oz Apple Juice	8 oz. 1% Milk	6 oz Apple Juice	8 oz. 1% Milk	6 oz White Grape
Fruit/Veg.	4 oz Pineapples	1pk Sports Bites	4 oz Pears	1 pk Churro Crackers	4oz Mixed Fruit	1 pk Pretzels	4oz Pineapples	1 pk Trad Chex	4oz Mixed Fruit	Trad Sun Chips
Other		6oz Apple Juice		6oz Apple Juice		6oz White Grape		6oz White Grape		6oz Apple Juice
Week 6/22-6/26	<b>BREAKFAST</b>	<b>AM/PM</b>	<b>BREAKFAST</b>	<b>AM/PM</b>	<b>BREAKFAST</b>	<b>AM/PM</b>	<b>BREAKFAST</b>	<b>AM/PM</b>	<b>BREAKFAST</b>	<b>AM/PM</b>
Grain	1oz Cinna Toast Crunch	1pk Cheez Its	1oz. Cocoa Puffs	1pk Goldfish	1oz Kix Cereal	1 pk Ched Chex	1oz Trix	1 pk Trad Chex	1oz Cinna Toast Crunch	1 pk Churro Crackers
Dairy	8oz 1% Milk	6 oz Apple Juice	4oz. Mixed Fruit	6 oz White Grape	8oz 1% Milk	6oz Apple Juice	8 oz. 1% Milk, 4oz Pineapple Bits	6oz Grape Juice	8oz 1% Milk	6oz Apple Juice
Fruit/Veg.	4oz Pears	1pk Pretzels		1 pk Popcorners	4oz Pears	1pk Sports Bites		1pk Goldfish	4 oz Mixed Fruit	1 pk Ritz Bits
Other		6oz White Grape		6oz Apple Juice		6oz White Grape		6 oz Apple Juice		6oz White Grape
Week 6/29-30	<b>BREAKFAST</b>	<b>AM/PM</b>	<b>BREAKFAST</b>	<b>AM/PM</b>						
Grain	1oz. Cocoa Puffs	1 pk Popcorners	1oz Kix Cereal	1 pk Pretzels						
Dairy	8 oz. 1% Milk,	6oz Apple Juice	8 oz. 1% Milk	6oz Grape Juice						
Fruit/Veg.	4 oz. Pears	1 pk Trad Chex	4oz Mixed Fruit	1pk Cheez Its						
Other		6oz White Grape		6oz Apple Juice						

LifeSpan's School-Age Snack Menu is subject to change without notice – All meals provided are per the CACFP guidelines and components – Substitute meals or extra snack may be brought from home – Water is offered at all times

*This institution is an equal opportunity provider.*