

   LIFESPAN SCHOOL-AGE / SUMMER CAMP MENU    August 2026										
	Monday		Tuesday		Wednesday		Thursday		Friday	
Week OF 8/3-8/7	BREAKFAST	AM/PM	BREAKFAST	AM/PM	BREAKFAST	AM/PM	BREAKFAST	AM/PM	BREAKFAST	AM/PM
Grain	1oz. Cocoa Puffs	1 pk Ritz Bits	1oz Trix Cereal	1 pk SunChips	1oz Cinna Toast	1 pk SmartFood Popcorn	1oz Cocoa Puffs	1 pk Teddy Grahams	1 oz Cinna Toast	1 pk Pretzels
Dairy	8 oz. 1% Milk	6oz Apple Juice	8 oz. 1% Milk	6 oz Apple Juice	8 oz. 1% Milk	6 oz White Grape	8 oz. 1% Milk	6oz Grape Juice	8oz 1% Milk	6oz Apple Juice
Fruit/Veg.	4oz Mixed Fruit	1 pk Pretzels	4oz Applesauce	1 pk Trad Chex	4oz Mandarin Oranges	Teddy Grahams	4oz Mandarin Oranges	1pk Cheez Its	4oz Applesauce	1 pk Ched Chex
Other		6oz White Grape		6oz White Grape		6oz Apple Juice		6oz Apple Juice		6oz White Grape
Week of 8/10-8/14	BREAKFAST	AM/PM	BREAKFAST	AM/PM	BREAKFAST	AM/PM	BREAKFAST	AM/PM	BREAKFAST	AM/PM
Grain	1oz Trix	1 pk Goldfish	1oz Cinna Toast Crunch	1pk Cheez Its	1oz Cocoa Puffs	1 pk Ritz Bits	1oz Trix Cereal	1 pk SunChips	1oz Cinna Toast	1 pk SmartFood Popcorn
Dairy	8 oz. 1% Milk	6oz White Grape	8oz 1% Milk	6 oz Apple Juice	8 oz. 1% Milk	6oz Apple Juice	8 oz. 1% Milk	6 oz Apple Juice	8 oz. 1% Milk	6 oz White Grape
Fruit/Veg.	4 oz Pineapples	1pk Animal Crackers	4 oz Pears	1 pk Ched Chex	4oz Mixed Fruit	1 pk Pretzels	4oz Applesauce	1 pk Trad Chex	4oz Mandarin Oranges	Teddy Grahams
Other		6oz Apple Juice		6oz Apple Juice		6oz White Grape		6oz White Grape		6oz Apple Juice
Week of 8/17-8/21	BREAKFAST	AM/PM	BREAKFAST	AM/PM	BREAKFAST	AM/PM	BREAKFAST	AM/PM	BREAKFAST	AM/PM
Grain	1oz Cinna Toast Crunch	1pk Cheez Its	1oz. Cocoa Puffs Mandarin Oranges	1pk Goldfish	1oz Trix Cereal	1 pk Ched Chex	1oz Cinna Toast	1 pk Trad Chex	1oz Cocoa Puffs	1 pk Animal Crackers
Dairy	8oz 1% Milk	6 oz Apple Juice	8oz 1% Milk	6 oz White Grape	8oz 1% Milk	6oz Apple Juice	8 oz. 1% Milk, 4oz Pineapples	6oz Grape Juice	8oz 1% Milk	6oz Apple Juice
Fruit/Veg.	4oz Pears	1pk Pretzels		1 pk SmartFood Popcorn	4oz Applesauce	1pk Sports Bites		1pk Goldfish	4 oz Mixed Fruit	1 pk Ritz Bits
Other		6oz White Grape		6oz Apple Juice		6oz White Grape		6 oz Apple Juice		6oz White Grape
Week of 8/24-8/27	BREAKFAST	AM/PM	BREAKFAST	AM/PM	BREAKFAST	AM/PM	BREAKFAST	AM/PM	BREAKFAST	AM/PM
Grain	1oz. Trix	1 pk SmartFood Popcorn	1oz Cocoa Puffs	1 pk Teddy Grahams	1 oz Cinna Toast	1 pk Pretzels	1oz Cocoa Puffs	1pk Trad Sun Chips	CLOSED	CLOSED
Dairy	8 oz. 1% Milk,	6oz Apple Juice	8 oz. 1% Milk	6oz Grape Juice	8oz 1% Milk	6oz Apple Juice	8 oz. 1% Milk, 4oz Pineapple	6oz Grape Juice		
Fruit/Veg.	4 oz. Pears	1 pk Trad Chex	4oz Mandarin Oranges	1pk Cheez Its	4oz Applesauce	1 pk Ched Chex		1 pk Goldfish		
Other		6oz White Grape		6oz Apple Juice		6oz White Grape		6 oz Apple Juice		

LifeSpan's School-Age Snack Menu is subject to change without notice – All meals provided are per the CACFP guidelines and components – Substitute meals or extra snack may be brought from home – Water is offered at all times

This institution is an equal opportunity provider.