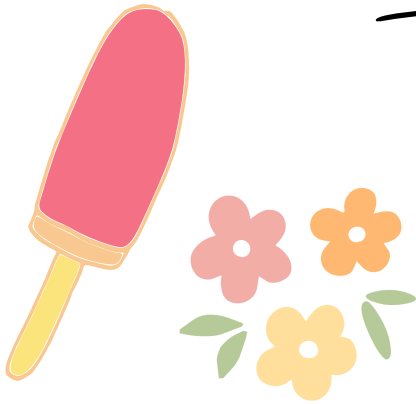
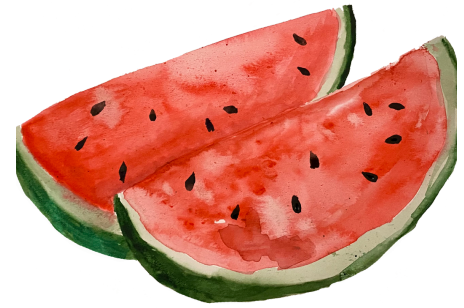


AUGUST'S NEWSLETTER



Building Information:
399 Washington Street
East Greenville, Pennsylvania
Phone # 215-679-5940
www.lifespanchildcare.org
[Facebook](#)



Important Dates



August 3rd- Kindergarten Prep and Pre-K will take a field trip over the Upper Perk Police Station for a tour, play on the playground, and have a picnic with pizza, and popsicles.

August 13th- Kindergarten Prep will participate in a guided painting activity led by Busy Mom Brush & Banner

August 27th- Allison's Party Animal Express will come to visit our Kindergarten Prep and Pre-K classes.

August 28th- LifeSpan will be CLOSED for staff in-service

August 31st- The new school year begins

September 7th- CLOSED for Labor Day

Soccer Shots Summer session runs through August 11th and Basketball runs through August 21st. Information regarding sessions for the fall will be communicated out this month.

Good Luck to all of our Kindergarten Prep students who will be starting Kindergarten this fall! We will miss you!

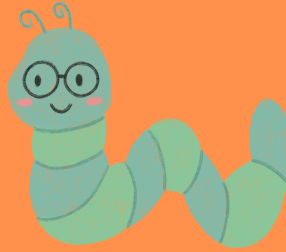


August's Tip of the Month: Navigating the Back-to-School Season | Tips for Parents and Students



The back-to-school season is an exciting time filled with anticipation, new beginnings, and opportunities for growth. Whether your child is starting kindergarten or heading off to college, this transitional period can also bring about its fair share of challenges. As a parent or student, it's essential to approach this time with preparation, organization, and a positive mindset. In this blog post, we will explore valuable tips and strategies to help parents and students navigate the back-to-school season successfully.

- Establish a Routine
- Organize School Supplies and Materials
- Plan Healthy Meals and Snacks
- Foster Effective Communication
- Prioritize Self-Care

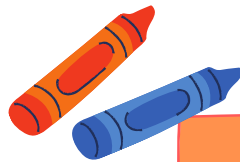


The back-to-school season can be a whirlwind of emotions and responsibilities, but with proper preparation and a positive mindset, parents and students can navigate this time successfully. By establishing routines, organizing supplies, planning healthy meals, fostering communication, and prioritizing self-care, you set the stage for a productive and fulfilling academic year. Remember, the back-to-school season is not just about the destination; it's about embracing the journey and the opportunities for growth and learning that lie ahead.



Read the rest of the article here:

<https://www.primary-health.net/blog/navigating-the-back-to-school-season-tips-for-parents-and-students/>



Other Information

- ~ Don't forget to check out our LifeSpan Facebook page and website.
- ~ What information would you like to see on the newsletter? Let me know at kparis@lq.org
- ~ Please be sure to bring your child weather appropriate clothing ie: jackets may still be necessary on the chilly mornings or sunglasses and hats for the sun. Please also be sure your child is wearing closed-toed shoes. Our policy is to take the children outside between the real feel temperatures of 25 and 90 degrees. Please label all your children's belongings.

Happy Birthday



BRYSON
AUGUST 3RD



DIVANTE
AUGUST 4TH



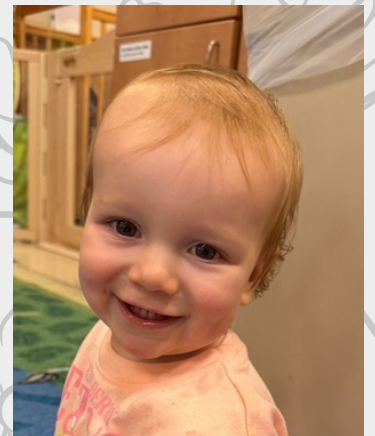
JAMES (JAMIE)
AUGUST 22ND



TEDMUND (TEDDY)
AUGUST 3RD



ALAYNE
AUGUST 12TH



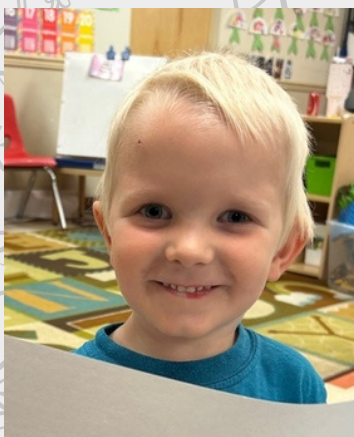
LILLIAN
AUGUST 22ND



LAILA
AUGUST 11TH



MADISON
AUGUST 18TH



RUSSELL
AUGUST 3RD



XAVIER
AUGUST 24TH