



Chef Chipper's Early Learners Lunch Program



This institution is an equal opportunity provider.
Approved by Barbara Myers, RD, LD/N

Lunch

Serving sizes as follows:

1-2 year olds - m/ma 1oz, fruit 1/4c, veg 1/4 c, grain 1/2oz, 4oz Plain Whole Milk

3-5 year olds - m/ma 1.5oz, fruit 1/4c, veg 1/4c, grain 1/2oz, 6oz Plain 1% Milk

School Age - m/ma 2oz, fruit 1/2c, veg 1/2c, grain, 1oz, 8oz Plain 1% Milk

* Please See CACFP Meal Pattern Charts



Monday	Tuesday	Wednesday	Thursday	Friday
<u>3</u> <u>Tyson Chicken Nuggets</u> <u>(5 = 2oz M 1.5oz G)</u> <u>(3 = 1oz M .5oz G)</u> <u>Corn</u> <u>Pineapple</u>	<u>4</u>  <u>Sloppy Joe</u> <u>(80/20 Ground Beef)</u> <u>WG Roll</u> <u>Green Beans</u> <u>Mixed Fruit</u>	<u>5</u> <u>BBQ Beef Sandwich</u> <u>WG Roll</u> <u>Carrots</u> <u>Bananas</u> 	<u>6</u> <u>Chicken Parm</u> <u>Pulled Chicken Breast</u> <u>WG Rice</u> <u>Vegetable Blend</u> <u>(Peas, Carrots, Broccoli, Peppers)</u> <u>Oranges</u>	<u>7</u> <u>Tony's Deep Dish WG Pizza</u> <u>Tossed Salad</u> <u>Peaches</u> 
<u>10</u>  <u>Baked Mac & Cheese</u> <u>WG Pasta - 100% Cheddar</u> <u>(1-2 y/o 4oz per)</u> <u>(3-5 you 6oz per)</u> <u>Carrots</u> <u>Apple Slices</u>	<u>11</u> <u>Meatloaf</u> <u>WG Pullman Bread</u> <u>Peas & Carrots</u> <u>Mixed Fruit</u>	<u>12</u> <u>WG Mozzarella Calzone</u> <u>Tossed Salad</u> <u>Bananas</u> 	<u>13</u> <u>Sweet & Sour</u> <u>Chicken Meatballs (4 .5oz)</u> <u>WG Pullman Bread</u> <u>Green Beans</u> <u>Oranges</u>	<u>14</u> <u>Chicken & White Bean Chilli</u> <u>Chicken Breast - White Beans</u> <u>100% Cheddar -over WG Rice</u> <u>Corn</u> <u>Pineapple</u> 
<u>17</u> <u>Tyson Boneless Chicken Bites</u> <u>(5 = 2oz M 1.5oz G)</u> <u>(3 = 1oz M .5oz G)</u> <u>Tossed Salad</u> <u>Apple Slices</u>	<u>18</u> <u>Chicken Fajitas</u> <u>Pulled Chicken Breast</u> <u>WG Flour Tortillas</u> <u>Fajita Vegetable Mix</u> <u>Mixed Fruit</u>	<u>19</u> <u>Chicken Burrito Bowls</u> <u>Pulled Chicken Breast</u> <u>WG Rice & Beans</u> <u>w/ 100% Cheddar</u> <u>Corn</u> <u>Bananas</u> <u>1% Milk</u> <u>Is Served At</u> <u>Lunch Everyday</u> <u>Whole Milk Is Available</u> <u>For Students Age 1</u>	<u>20</u> <u>Sweet & Sour Chicken</u> <u>Pulled Chicken Breast</u> <u>WG Rice</u> <u>Stir Fry Vegetables Stir Fry Vegetables</u> <u>(Peas, Carrots, Broccoli, Peppers)</u> <u>Oranges</u>	<u>21</u> <u>Tony's Deep Dish WG Pizza</u> <u>Tossed Salad</u> <u>Peaches</u>
<u>24</u> <u>Crispy Chicken Sandwich</u> <u>WG Roll</u> <u>Corn</u> <u>Peaches</u>	<u>25</u>  <u>Meatball Sandwich</u> <u>100% Beef Meatballs (4 .5oz)</u> <u>WG Hot Dog Roll</u> <u>Diced Potatoes</u> <u>Apple Slices</u>	<u>26</u> <u>Baked Ziti</u> <u>WG Penne Pasta—100% Cheddar</u> <u>Tomato Sauce - Mozzarella - Ricotta</u> <u>(1-2 y/o 4oz per)</u> <u>(3-5 you 6oz per)</u> <u>Peas - Bananas</u>	<u>27</u> <u>Cajun Chicken & Pasta</u> <u>Pulled Chicken Breast -WG Rotini</u> <u>Creamy Creole Sauce w/ Diced Bell Peppers</u> <u>Green Beans</u> <u>Oranges</u>	<u>28</u> <u>Tyson Chicken Nuggets</u> <u>(5 = 2oz M 1.5oz G)</u> <u>(3 = 1oz M .5oz G)</u> <u>Tossed Salad</u> <u>Pineapple</u> 
<u>31</u> <u>Roasted BBQ Chicken Bites</u> <u>(5 = 2oz M)</u> <u>(3 = 1oz M)</u> <u>WG Pullman Bread</u> <u>Peas</u> <u>Apple Slices</u> 	<u>Meal Changes Shall Be</u> <u>Written On The Posted Menu</u> <u>Menu Items Subject To Change</u> <u>Based On Availability</u>	 Q: What don't Seagulls fly over the bay ??? A: Because then they'd be BAY-gels !		



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Veggie Lunch



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3-5 year olds - m/ma 1.5oz, fruit 1/4c, veg 1/4c, grain 1/2oz, 6oz Plain 1% Milk

School Age - m/ma 2oz, fruit 1/2c, veg 1/2c, grain, 1oz, 8oz Plain 1% Milk

* Please See CACFP Meal Pattern Charts

Monday	Tuesday	Wednesday	Thursday	Friday
<u>3</u> Veggie Nuggets (5 = 2oz M 1.5oz G) (3 = 1oz M .5oz G) Corn Pineapple	<u>4</u>  Veggie Burgers WG Roll Green Beans Mixed Fruit	<u>5</u> Cheese Quesadillas (100) Cheddar WG Tortillas) WG Roll Carrots Bananas 	<u>6</u> Baked Ziti WG Penne Pasta—100% Cheddar Tomato Sauce - Mozzarella - Ricotta (1-2 y/o 4oz per) (3-5 you 6oz per) Vegetable Blend (Peas, Carrots, Broccoli, Peppers)	<u>7</u> Tony's Deep Dish WG Pizza Tossed Salad Peaches 
<u>10</u> Baked Mac & Cheese WG Pasta - 100% Cheddar (1-2 y/o 4oz per) (3-5 you 6oz per) Carrots Apple Slices 	<u>11</u> Veggie Burgers WG Pullman Bread Peas & Carrots Mixed Fruit	<u>12</u> WG Mozzarella Calzone Tossed Salad Bananas 	<u>13</u> Grilled Cheese (10% Cheddar WG Bread) Green Beans Oranges 	<u>14</u> WG Sun Butter Sandwich Corn Pineapple
<u>17</u> Veggie Nuggets (5 = 2oz M 1.5oz G) (3 = 1oz M .5oz G) Tossed Salad Apple Slices	<u>18</u> Cheese Quesadillas (100) Cheddar WG Tortillas) Fajita Vegetable Mix Mixed Fruit	<u>19</u> Rice & Bean Burrito Bowls Red & Black Beans WG Rice w/ 100% Cheddar Corn Bananas 1% Milk Is Served At Lunch Everyday Whole Milk Is Available For Students Age 1	<u>20</u> Sweet & Sour Tofu WG Rice Stir Fry Vegetables Stir Fry Vegetables (Peas, Carrots, Broccoli, Peppers) Oranges	<u>21</u> Tony's Deep Dish WG Pizza Tossed Salad Peaches
<u>24</u> Baked Mac & Cheese WG Pasta - 100% Cheddar (1-2 y/o 4oz per) (3-5 you 6oz per) Corn Peaches	<u>25</u> Grilled Cheese (100% Cheddar WG Bread) Diced Potatoes Apple Slices 	<u>26</u> Baked Ziti WG Penne Pasta—100% Cheddar Tomato Sauce - Mozzarella - Ricotta (1-2 y/o 4oz per) (3-5 you 6oz per) Peas - Bananas	<u>27</u> WG Sun Butter Sandwich Green Beans Oranges	<u>28</u> Veggie Nuggets (5 = 2oz M 1.5oz G) (3 = 1oz M .5oz G) Tossed Salad Pineapple 
<u>31</u> Veggie Nuggets (5 = 2oz M 1.5oz G) (3 = 1oz M .5oz G) Pullman Bread Peas Apple Slices 	Meal Changes Shall Be Written On The Posted Menu Menu Items Subject To Change Based On Availability	 Q: What did the ghost say on the 4th of July ??? A: Red, White, & Blue!	 Child & Adult Care Food Program	