



Chef Chipper's Early Learners Lunch Program



Lunch



This institution is an equal opportunity provider.
Approved by Barbara Myers, RD, LD/N

Serving sizes as follows:

1-2 year olds - m/ma 1oz, fruit 1/4c, veg 1/4 c, grain 1/2oz, 4oz Plain Whole Milk

3-5 year olds - m/ma 1.5oz, fruit 1/4c, veg 1/4c, grain 1/2oz, 6oz Plain 1% Milk

School Age - m/ma 2oz, fruit 1/2c, veg 1/2c, grain, 1oz, 8oz Plain 1% Milk

* Please See CACFP Meal Pattern Charts

Monday	Tuesday	Wednesday	Thursday	Friday
	1 <u>BBQ Beef Sandwich</u> <u>WG Roll</u> <u>Carrots</u> <u>Mixed Fruit</u> 	2 <u>Chicken Parm</u> <u>Pulled Chicken Breast</u> <u>WG Rice</u> <u>Vegetable Blend</u> (Peas, Carrots, Broccoli, Peppers) <u>Bananas</u>	3  <u>MaxxStix (2per)</u> <u>Tossed Salad</u> <u>Oranges</u>	4 <u>Baked Mac & Cheese</u> <u>WG Pasta - 100% Cheddar</u> (1-2 y/o 4oz per) (3-5 you 6oz per) <u>Carrots</u> <u>Peaches</u> 
7	8	9	10	11
	 <u>Tyson Chicken Nuggets</u> (5 = 2oz M 1.5oz G) (3 = 1oz M .5oz G) <u>Corn</u> <u>Pineapple</u>	 <u>Spaghetti Bolognese</u> <u>WG Pasta - 100% Cheddar</u> <u>80/20 Ground Beef</u> <u>Ricotta - Shredded Mozzarella</u> <u>Carrots</u> <u>Bananas</u>	<u>Terriyaki Chicken & Rice</u> <u>WG Rice</u> <u>Stir Fry Vegetables Stir Fry Vegetables</u> (Peas, Carrots, Broccoli, Peppers) <u>Oranges</u>	<u>Tony's Deep Dish WG Pizza</u> <u>Tossed Salad</u> <u>Peaches</u>
14	15	16	17	18
<u>Baked Ziti</u> <u>WG Penne Pasta—100% Cheddar</u> <u>Tomato Sauce - Mozzarella - Ricotta</u> (1-2 y/o 4oz per) (3-5 you 6oz per) <u>Peaches</u> <u>Peas</u> 	 <u>Chicken Fajitas</u> <u>Pulled Chicken Breast</u> <u>WG Flour Tortillas</u> <u>Fajita Vegetable Mix</u> <u>Mixed Fruit</u>	<u>Beef & Bean Chili</u> <u>80/20 Ground Beef - White Beans</u> <u>100% Cheddar —over WG Rice</u> <u>Corn</u> <u>Bananas</u>	<u>Sweet & Sour Chicken</u> <u>Pulled Chicken Breast</u> <u>WG Rice</u> <u>Oranges</u> 	<u>WG Chicken Empanadas</u> <u>Tossed Salad</u> <u>Peaches</u> 
21	22	23	24	25
<u>Crispy Chicken Sandwich</u> <u>WG Roll</u> <u>Corn</u> <u>Peaches</u>	 <u>Meatball Sandwich</u> <u>100% Beef Meatballs (4 .5oz)</u> <u>WG Hot Dog Roll</u> <u>Diced Potatoes</u> <u>Mixed Fruit</u>	<u>Chicken Burrito Bowls</u> <u>Pulled Chicken Breast</u> <u>WG Rice & Beans</u> <u>w/ 100% Cheddar</u> <u>Corn</u> <u>Bananas</u> <u>1% Milk</u> <u>Is Served At</u> <u>Lunch Everyday</u> <u>Whole Milk Is Available</u> <u>For Students Age 1</u>	<u>Chicken Alfredo</u> <u>Pulled Chicken Breast -WG Rotini</u> <u>Creamy Alfredo Sauce</u> <u>Green Beans</u> <u>Oranges</u>	<u>Tyson Chicken Nuggets</u> (5 = 2oz M 1.5oz G) (3 = 1oz M .5oz G) <u>Tossed Salad</u> <u>Pineapple</u> 
28	29	30		
<u>Roasted BBQ Chicken Bites</u> (5 = 2oz M) (3 = 1oz M) <u>WG Pullman Bread</u> <u>Peas</u> <u>Apple Slices</u> 	 <u>Tukey in Gravy</u> <u>over WG Rice</u> <u>Mixed Vegetables</u> <u>Mixed Fruit</u>	<u>Crispy Fish Filet</u> <u>WG Roll</u> <u>Carrots</u> <u>Bananas</u> 	<u>Meal Changes Shall Be</u> <u>Written On The Posted Menu</u> <u>Menu Items Subject To Change</u> <u>Based On Availability</u>	 Q: Why did the Math book look so sad? ? ? A: Because It Had Too Many Problems!



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Veggie Lunch



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Serving sizes as follows:

1-2 year olds - m/ma 1oz, fruit 1/4c, veg 1/4 c, grain 1/2oz, 4oz Plain Whole Milk

3-5 year olds - m/ma 1.5oz, fruit 1/4c, veg 1/4c, grain 1/2oz, 6oz Plain 1% Milk

School Age - m/ma 2oz, fruit 1/2c, veg 1/2c, grain, 1oz, 8oz Plain 1% Milk

* Please See CACFP Meal Pattern Charts

Monday	Tuesday	Wednesday	Thursday	Friday
	1 <u>Veggie Burger</u> <u>WG Roll</u> <u>Carrots</u> <u>Mixed Fruit</u> 	2 <u>Grilled Cheese</u> <u>100% Cheddar—WG Bread</u> <u>Vegetable Blend</u> (Peas, Carrots, Broccoli, Peppers) <u>Bananas</u>	3  <u>MaxxStix (2per)</u> <u>Tossed Salad</u> <u>Oranges</u>	4 <u>Baked Mac & Cheese</u> <u>WG Pasta - 100% Cheddar</u> (1-2 y/o 4oz per) (3-5 you 6oz per) <u>Carrots</u> <u>Peaches</u> 
7	8	9	10	11
	 <u>Veggie Nuggets</u> (5 = 2oz M 1.5oz G) (3 = 1oz M .5oz G) <u>Corn</u> <u>Pineapple</u>	 <u>Baked Ziti</u> <u>WG Penne Pasta—100% Cheddar</u> <u>Tomato Sauce - Mozzarella - Ricotta</u> (1-2 y/o 4oz per) (3-5 you 6oz per) <u>Carrots</u> <u>Bananas</u>	<u>Terriyaki Tofu</u> <u>WG Rice</u> <u>Stir Fry Vegetables Stir Fry Vegetables</u> (Peas, Carrots, Broccoli, Peppers) <u>Oranges</u>	<u>Tony's Deep Dish WG Pizza</u> <u>Tossed Salad</u> <u>Peaches</u>
14	15	16	17	18
<u>Baked Ziti</u> <u>WG Penne Pasta—100% Cheddar</u> <u>Tomato Sauce - Mozzarella - Ricotta</u> (1-2 y/o 4oz per) (3-5 you 6oz per) <u>Peaches</u> <u>Peas</u> 	 <u>Cheese Quesadilla</u> <u>100% Cheddar</u> <u>WG Flour Tortillas</u> <u>Fajita Vegetable Mix</u> <u>Mixed Fruit</u>	<u>Grilled Cheese</u> <u>100% Cheddar—WG Bread</u> <u>Corn</u> <u>Bananas</u>	<u>Sweet & Sour Tofu</u> <u>Pulled Chicken Breast</u> <u>WG Rice</u> <u>Oranges</u> 	<u>MaxxStix (2per)</u> <u>Tossed Salad</u> <u>Peaches</u> 
21	22	23	24	25
<u>Veggie Burgers</u> <u>WG Roll</u> <u>Corn</u> <u>Peaches</u>	 <u>Baked Mac & Cheese</u> <u>WG Pasta - 100% Cheddar</u> (1-2 y/o 4oz per) (3-5 you 6oz per) <u>Diced Potatoes</u> <u>Mixed Fruit</u>	<u>Cheese Quesadilla</u> <u>100% Cheddar</u> <u>Corn</u> <u>Bananas</u> <u>1% Milk</u> <u>Is Served At</u> <u>Lunch Everyday</u> <u>Whole Milk Is Available</u> <u>For Students Age 1</u>	<u>WG Mozzarella Calzone</u> <u>Green Beans</u> <u>Oranges</u>	<u>Veggie Nuggets</u> (5 = 2oz M 1.5oz G) (3 = 1oz M .5oz G) <u>Tossed Salad</u> <u>Pineapple</u> 
28	29	30		
<u>Tony's Deep Dish WG Pizza</u> <u>Peas</u> <u>Apple Slices</u> 	 <u>Baked Ziti</u> <u>WG Penne Pasta—100% Cheddar</u> <u>Tomato Sauce - Mozzarella - Ricotta</u> (1-2 y/o 4oz per) (3-5 you 6oz per) <u>Mixed Vegetables</u> <u>Mixed Fruit</u>	<u>Grilled Cheese</u> <u>100% Cheddar—WG Bread</u> <u>Carrots</u> <u>Bananas</u> 	<u>Meal Changes Shall Be</u> <u>Written On The Posted Menu</u> <u>Menu Items Subject To Change</u> <u>Based On Availability</u>	 Q: Why did the Math book look so sad? ? ? A: Because It Had Too Many Problems!