



LifeSpan

Day Care You Can Trust For Children.

2460 John Fries Highway

Quakertown, PA 18951

215-536-4417

Back To School Tips & Tricks:

Establish Routines Right Away

Create a consistent morning routine: wake up, get dressed, eat breakfast (or enjoy breakfast at LifeSpan) and leave around the same time daily.

Predictability helps children know what to expect.

Keep Goodbye Short & Positive

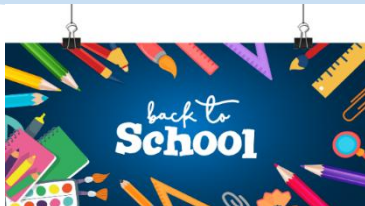
Give a hug, say goodbye confidently, and remind your child you'll be back. Long goodbyes can sometimes make separation more difficult.

Talk Positively About School

Build excitement by talking about their teachers, friends, and classroom activities, and all the fun things they'll get to experience. Ask specific questions after the day like "What made you laugh today?" or "What did you make today?"

Label EVERYTHING!

Label spare clothing, blankets, hats, gloves, jackets, etc. This makes it much easier to get belongings back to their owner if left behind. We have a Lost & Found bin at the parent kiosk area. LifeSpan partners with Mabel Labels – see the front office if you are interested in purchasing labels. 20% of their profits come right back to school!



September Happenings:

September is here, and we are excited to welcome a new season of learning, growing, and making new memories together! As our classrooms settle into their routines, we have some special events to look forward to this month.

Please join us on Wednesday, September 9th from 3:30-5:30PM for our BACK TO SCHOOL NIGHT. Families are invited to visit their child's classroom, meet the teachers, learn more about the classroom routines and curriculum, and see some of the wonderful things your child has been working on so far. We will have a special guest joining us this night for family photo ops!

We are looking forward to a wonderful September filled with new friendships, exciting learning experiences, and plenty of fun! Thank you for being such an important part of our LifeSpan community.



Scholastic Book Fair is visiting LifeSpan School & Day Care! The Scholastic Book Fair will run from Monday, September 14th from noon to Friday, September 18th at noon. CASH, CARD, and APPLE PAY will be accepted forms of payment as you shop the fair throughout the week. We will have a classroom wish lists posted along the front desk if you are interested in purchasing a book for your child's classroom. We will have a variety of books and materials for sale ranging from board books to grade 2.

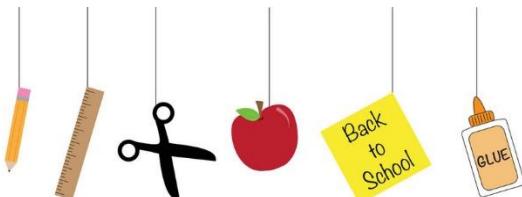


PA HARVEST OF THE MONTH

After being proud participants in the PA FARM TO SCHOOL INSTITUTE in June of 2024, our Farm to School Team earned a grant to help rejuvenate our school garden area and develop an additional learning space. As a part of this program, our classrooms participate in PA HARVEST OF THE MONTH.

The HARVEST of the Month for the month of September is peppers. One of our Farm to School team goals is to expand the pallet of each child and offering tastings of any pepper products grown in our school garden projects. We utilize the idea of taking a “polite bite” to try new foods- even ones we have never tried or do not think we may enjoy. Keep an eye out for more information of the Harvest of the Month resources, recipes, and general facts via our procare parent app.

Have you tried checking out the supplies of local farmers markets to find fresh fruits and vegetables such as peppers? Saucon Valley Farmers Market of Hellertown as well as Ottsville Farm are just two of the local opportunities for fresh produce. Look for a tasting table set up during Back to School Night featuring peppers. Be sure to mark off which one is your favorite!



Please join us in wishing the following a very happy birthday this month!

Izabella – Sept 3rd
Isabella – Sept 6th
Athena– Sept 6th
Ms. Gaynell – Sept 8th
Jamison – Sept 12th
Brayden – Sept 14th
Wyatt – Sept 20th
Lucas V. – Sept 21st
Ms. Rylee – Sept 21st
Ila – Sept 22nd
Victor – Sept 26th
Johnathan– Sept 28th
Brinley– Sept 29th

Our safety topic of the month of September is bus and car seat safety. Please be sure to read over this month's safety resource for basic car seat safety from SAFE KIDS WORLDWIDE that is posted on each classroom's parent communication board. We also aim to have an in-person car seat safety check with our State Troopers right here at LifeSpan where families can have an office check that their car seat is up to date and safely secured.