

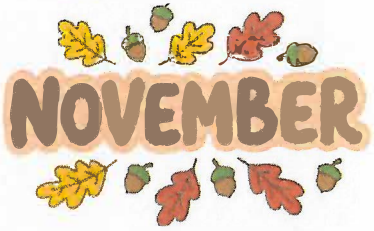
Chef Chipper's Early Learners Lunch Program

This institution is an equal opportunity provider.
Approved by Barbara Myers, RD, LD/N

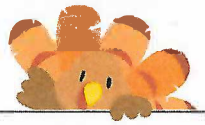
Breakfast

Serving sizes are as follows:
1-2 year olds - m/ma 1oz, fruit 1/4c, veg 1/4 c, grain 1/2oz, 4oz Plain Whole Milk
3-5 year olds - m/ma 1.5oz, fruit 1/4c, veg 1/4c, grain 1/2oz, 6oz Plain 1% Milk
School Age - m/ma 2oz, fruit 1/2c, veg 1/2c, grain, 1oz, 8oz Plain 1% Milk

* Please See CACFP Meal Pattern



1% Milk Is Served At Breakfast Everyday.
Whole Milk Is Available For Students Under Age 2

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 WG Blueberry Loaf or Muffin Diced Peaches	3 WG Honey Cherrios Pineapple 	4 WG Waffles Sliced Apples	5  WG Corn Chex Madarin Oranges	6 WG English Muffin w/ Grape Jelly WG Mixed Fruit
9 WG Banana Loaf or Muffin Diced Peaches	10 WG Honey Cherrios Pineapple 	11 WG Pancakes Diced Peaches	12 Yoplait Simply Go-Gurt Mandarin Oranges	13 WG Bagel w/ Cream Cheese Mixed Fruit
16 WG Blueberry Loaf or Muffin Diced Peaches	17 WG Honey Cherrios Pineapple 	18 WG Waffles Sliced Apples	19 WG Corn Chex Madarin Oranges 	20 WG English Muffin w/ Grape Jelly WG Mixed Fruit
23 WG Banana Loaf or Muffin Diced Peaches	24 WG Honey Cherrios Pineapple 	25 WG Pancakes Diced Peaches	26 We Are THANKFUL For You! 	27 WG Bagel w/ Cream Cheese Mixed Fruit
30 WG Blueberry Loaf or Muffin Diced Peaches	Q: Why was The Turkey arrested?? A: Fowl Play! Chef Chipper ChefChipper.com	Meal Changes Will Be Written On The Posted Menu Menu Items Subject To Change Based On Availability		



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Lunch

Serving sizes are as follows:
1-2 year olds - m/ma 1oz, fruit 1/4c, veg 1/4 c, grain 1/2oz, 4oz Plain Whole Milk
3-5 year olds - m/ma 1.5oz, fruit 1/4c, veg 1/4c, grain 1/2oz, 6oz Plain 1% Milk
School Age - m/ma 2oz, fruit 1/2c, veg 1/2c, grain, 1oz, 8oz Plain 1% Milk

* Please See CACFP Meal Pattern



1% Milk Is Served At Lunch Everyday.
Whole Milk Is Available For Students Under Age 2

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 Baked Mac & Cheese - WG Pasta - 100% Cheddar (1-2 y/o 4oz per) (3-5 you 6oz per) • Carrots • Apple Slices	**3** WG Tyson Boneless Chicken Bites (5 = 2oz, M 1.5oz G), (3 = 1oz, M .5oz G) Peas Mixed Fruit	**4** Mexi-Cali Pasta Bake WG Pasta - 100% Cheddar Tomatoes Pulled Chicken Shredded Cheddar Carrots Bananas	**5** Cheeseburgers 100% All Beef Patty - WG Burger Roll Sliced American Cheese Roasted Potatoes Bananas Halo Oranges	**6** Tony's Deep Dish WG Pizza Tossed Salad Peaches
9 WG Tyson Popcorn Chicken (9= 2oz M 1.5oz G) (6 = 1oz M .5oz G Peas Pineapple	**10** Sweet & Sour Chicken Meatballs WG Burger Roll Stir Fried Vegetables Mixed Fruit	**11** Chicken Burrito Bowls Pulled Chicken Breast Tomato Salsa WG Rice & Beans - 100% Cheddar Corn Bananas	**12** Lemon Pepper Chicken WG Pasta Creamy Parmesan Sauce Carrots Halo Oranges	**13** Maxx Stix (2per) Tossed Salad Peaches
16 WG Tyson Boneless Chicken Bites (5 = 2oz, M 1.5oz G), (3 = 1oz, M .5oz G) Corn Peaches	**17** WG Turkey Pepperoni Calzone Peas Mixed Fruit	**18** Crispy Chicken Sandwich WG Bun - 100% Cheddar Mixed Vegetables Bananas	**19** Chicken Parm Pulled Chicken Breast WG Pasta - Mozzarella Cheese Green Beans Halo Oranges	**20** Tony's Deep Dish WG Pizza Tossed Salad Peaches
23 Baked Ziti WG Penne Pasta - 100% Cheddar Tomato Sauce - Mozzarella - Ricotta (1-2 y/o 4oz per) (3-5 you 6oz per) Peaches Peas	**24** **Thanksgiving Meal** Roast Turkey in Gravy Mashed Potatoes WG Dinner Roll Mixed Fruit	**25** Meatball Sandwich 100% Beef Meatballs (4 .5oz) WG Hot Dog Roll Tossed Salad Bananas	**26** We Are THANKFUL For You!	**27** WG Tyson Boneless Chicken Bites (5 = 2oz, M 1.5oz G), (3 = 1oz, M .5oz G) Corn Peaches
30 Roasted BBQ Chicken Bites (5 = 2oz M), (3 = 1oz M) WG Pullman Bread Peas Apple Slices	Q: Why was The Turkey arrested?? A: Fowl Play! Chef Chipper ChefChipper.com	Meal Changes Will Be Written On The Posted Menu Menu Items Subject To Change Based On Availability	Happy Thanksgiving	CACFP Child & Adult Care Food Program



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Veggie Lunch

Serving sizes are as follows:
1-2 year olds - m/ma 1oz, fruit 1/4c, veg 1/4 c, grain 1/2oz, 4oz Plain Whole Milk
3-5 year olds - m/ma 1.5oz, fruit 1/4c, veg 1/4c, grain 1/2oz, 6oz Plain 1% Milk
School Age - m/ma 2oz, fruit 1/2c, veg 1/2c, grain, 1oz, 8oz Plain 1% Milk

* Please See CACFP Meal Pattern



1% Milk Is Served At Lunch Everyday.
Whole Milk Is Available For Students Under Age 2

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 Baked Mac & Cheese WG Pasta - 100% Cheddar (1-2 y/o 4oz per) (3-5 you 6oz per) Carrots Apple Slices	3 Veggieburgers Sliced American Cheese Roasted Potatoes WG Burger Roll Mixed Fruit	4 Grilled Cheese WG Bread 100% Cheddar Cheese Mixed Vegetables Bananas	5 Baked Ziti WG Penne Pasta-100% Cheddar Tomato Sauce - Mozzarella Ricotta Cheese (1-2 y/o 4oz per), (3-5 you 6oz per) Italian Vegetables Halo Oranges	6 Tony's Deep Dish WG Pizza Tossed Salad Peaches
9 Veggie Nugget (9= 2oz M 1.5oz G) (6 = 1oz M .5oz G Peas Pineapple	10 Tofu Stir Fry WG Rice Stir Fry Veggies Mixed Fruit	11 Cheese Quesadillas WG Tortilla - 100% Cheddar Corn Bananas	12 Baked Mac & Cheese WG Pasta - 100% Cheddar (1-2 y/o 4oz per) (3-5 you 6oz per) Carrots Halo Oranges	13 Maxx Stix (2per) Tossed Salad Peaches
16 Veggie Nuggets (5= 2oz M, 1.5oz G) (3 = 1oz M, .5oz G) Corn Apple Slices	17 WG Mozzarella Calzones Peas Mixed Fruit	18 Grilled Cheese WG Bread - 100% Cheddar Mixed Vegetables Bananas	19 Baked Ziti WG Pasta - 100% Cheddar (1-2 y/o 4oz per) (3-5 you 6oz per) Green Beans Halo Oranges	20 Tony's Deep Dish WG Pizza Tossed Salad Peaches
23 Baked Ziti WG Penne Pasta-100% Cheddar Tomato Sauce - Mozzarella - Ricotta (1-2 y/o 4oz per) (3-5 you 6oz per) Peaches Peas	24 Baked Mac & Cheese WG Pasta - 100% Cheddar (1-2 y/o 4oz per) (3-5 you 6oz per) Mashed Potatoes Mixed Fruit	25 Cheese Quesadillas WG Tortilla - 100% Cheddar Tossed Salad Bananas	26 We Are THANKFUL For You!	27 Maxx Stix Corn Peaches
30 Veggie Nuggets (5= 2oz M, 1.5oz G) (3 = 1oz M, .5oz G) Peas Apple Slices	Q: Why was The Turkey arrested?? A: Fowl Play! Chef Chipper ChefChipper.com	Meal Changes Will Be Written On The Posted Menu Menu Items Subject To Change Based On Availability	Happy Thanksgiving	NATIONAL SCHOOL LUNCH PROGRAM



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AM Snack

Serving sizes are as follows:
1-2 year olds - m/ma 1oz, fruit 1/4c, veg 1/4 c, grain 1/2oz, 4oz Plain Whole Milk
3-5 year olds - m/ma 1.5oz, fruit 1/4c, veg 1/4c, grain 1/2oz, 6oz Plain 1% Milk
School Age - m/ma 2oz, fruit 1/2c, veg 1/2c, grain, 1oz, 8oz Plain 1% Milk

* Please See CACFP Meal Pattern



1% Milk Is Served At AM Snack Everyday.
Whole Milk Is Available For Students Under Age 2

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 WG Blueberry Loaf or Muffin	3 WG Honey Cherrios 	4 WG Waffles 	5  WG Corn Chex	6 WG English Muffin w/ Grape Jelly
9 WG Banana Loaf or Muffin 	10 WG Honey Cherrios 	11 WG Pancakes 	12 Yoplait Simply Go-Gurt 	13 WG Bagel w/ Cream Cheese
16 WG Blueberry Loaf or Muffin 	17 WG Honey Cherrios 	18 WG Waffles	19 WG Corn Chex 	20 WG English Muffin w/ Grape Jelly
23 WG Banana Loaf or Muffin	24 WG Honey Cherrios 	25 WG Pancakes	26 We Are THANKFUL For You! 	27 WG Bagel w/ Cream Cheese
30 WG Blueberry Loaf or Muffin	Q: Why was The Turkey arrested?? A: Fowl Play! Chef Chipper ChefChipper.com 	Meal Changes Will Be Written On The Posted Menu Menu Items Subject To Change Based On Availability		CACFP Child & Adult Care Food Program



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PM Snack

Serving sizes are as follows:
1-2 year olds - m/ma 1oz, fruit 1/4c, veg 1/4 c, grain 1/2oz, 4oz Plain Whole Milk
3-5 year olds - m/ma 1.5oz, fruit 1/4c, veg 1/4c, grain 1/2oz, 6oz Plain 1% Milk
School Age - m/ma 2oz, fruit 1/2c, veg 1/2c, grain, 1oz, 8oz Plain 1% Milk

* Please See CACFP Meal Pattern



1% Milk Is Served At PM Snack Everyday.
Whole Milk Is Available For Students Under Age 2

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 WG Graham Crackers Dried Cranberries** 	3 WG Goldfish Mozzarella String Cheese 	4 WG Apple Cinnamon Loaf Baby Carrots	5 WG Animal Crackers Yoplait Simply Go-GURT	6 Cheddar Cheese Stick Mixed Fruit 
9 WG Scoobie Grahams Raisins** **Substitutions Available for Infants	10 WG Sunchips Mozzarella String Cheese	11 WG CheezeIts Sliced Cucumbers 	12 WG Vanilla Bears Apple Slices	13 WG Vanilla Bears Mixed Fruit
16 WG Graham Crackers Dried Cranberries** Dried Fruit is Credited at Twice its' Volume Under USDA CACFP Meal Pattern	17 WG Goldfish Mozzarella String Cheese	18 WG Apple Cinnamon Loaf Baby Carrots	19 WG Animal Crackers Yoplait Simply Go-GURT 	20 Cheddar Cheese Stick Mixed Fruit
23 WG Scoobie Grahams Raisins** 1/2 Cup of Dried Fruit = ¼ Cup of Fruit	24 WG Sunchips Mozzarella String Cheese Stix 	25 WG CheezeIts Sliced Cucumbers 	26 We Are THANKFUL For You! 	27 WG Vanilla Bears Mixed Frui
30 WG Graham Crackers Dried Cranberries**	Chef Chipper ChefChipper.com	Meal Changes Will Be Written On The Posted Menu Menu Items Subject To Change Based On Availability	Happy Thanksgiving	CACFP Child & Adult Care Food Program

QUAKERTOWN LIFESPAN SCHOOL AGE
NOVEMBER SNACK MENU 2026

	Monday		Tuesday		Wednesday		Thursday		Friday	
11/2-11/6	**BREAKFAST**	**PM**	**BREAKFAST**	**AM/PM**	**BREAKFAST**	**PM**	**BREAKFAST**	**PM**	**BREAKFAST**	**PM**
Grain	1 Choc. Chip Muffin, 8oz 1%Milk, 4oz Mixed Fruit	1 pk Garden Salsa Sunchips 6oz Apple Juice	1 pk Granola Bar 8oz 1% Milk 1 Yogurt	1 pk Pretzels 1 Cheese stick 6oz Apple Juice	1oz Cereal 8oz 1% Milk 4oz Pineapples	1 pk Teddy Grahams 6oz Apple Juice	1 Choc. Chip Muffin, 8oz 1%Milk, 4oz Peaches	1pk Trad Chex 6oz Apple Juice	1 pk Granola Bar 8oz 1% Milk 1 Yogurt	1 pk Cheez-Its 6oz Apple Juice
Dairy				1 pk Goldfish Crackers 6oz Apple Juice						
Fruit/Veg.										
Other				**Holiday Care**						
11/9-11/13	**BREAKFAST**	**AM/PM**	**BREAKFAST**	**AM/PM**	**BREAKFAST**	**PM**	**BREAKFAST**	**PM**	**BREAKFAST**	**PM**
Grain	1oz Cereal 8oz 1% Milk 4oz Mandarin Oranges	1 pk Popcorn 6oz Apple Juice	1 Choc. Chip Muffin, 8oz 1%Milk, 4oz Mixed Fruit	1 pk Sun Chips 6oz Apple Juice	1oz Cereal 8oz 1% Milk 4oz Applesauce	1 pk Trad Chex 6oz Apple Juice	1 Choc. Chip Muffin, 8oz 1%Milk, 4oz Peaches	1 pk Pretzels 1 Cheese stick 6oz Apple Juice	1oz Cereal 8oz 1% Milk 4oz Pineapples	1 pk Goldfish Crackers 6oz Apple Juice
Dairy										
Fruit/Veg.										
Other										
11/16-11/20	**BREAKFAST**	**PM**	**BREAKFAST**	**PM**	**BREAKFAST**	**PM**	**BREAKFAST**	**PM**	**BREAKFAST**	**PM**
Grain	1 pk Granola Bar 8oz 1% Milk 1 Yogurt	1 pk Ritz Bits 6oz Apple Juice	1 Choc. Chip Muffin, 8oz 1%Milk, 4oz Mango Fruit	1 pk Teddy Grahams 6oz Milk	1 pk Granola Bar 8oz 1% Milk 1 Yogurt	1 pk Ched Goldfish 6oz Apple Juice	1 Choc. Chip Muffin, 8oz 1%Milk, 4oz Mandarin Oranges	1 pk Pretzels 1 Cheese stick 6oz Apple Juice	1 pk Granola Bar 8oz 1% Milk 1 Yogurt	1 pk Trad Chex 6oz Apple Juice
Dairy										
Fruit/Veg.										
Other										
11/23-11/27	**BREAKFAST**	**PM**	**BREAKFAST**	**PM**	**BREAKFAST**	**PM**	**BREAKFAST**	**PM**	**BREAKFAST**	**PM**
Grain	1oz Cereal 8oz 1% Milk 4oz Applesauce	1 pk Ranch Fantastix 6oz Apple Juice	1 pk Granola Bar 8oz 1% Milk 1 Yogurt	1 pk Ched Sun Chips 6oz Apple Juice	1 Choc. Chip Muffin, 8oz 1%Milk, 4oz Mixed Fruit	1 pk Cheez-Its 6oz White Grape	**CLOSED**	**CLOSED**	**CLOSED**	**CLOSED**
Dairy						1 pk Ched Goldfish 6oz Apple Juice				
Fruit/Veg.				**1/2 DAY QCSD HOLIDAY CARE**						
Other						**HOLIDAY CARE**				

LifeSpan's School-Age Snack Menu is subject to change without notice – All meals provided are per the CACFP guidelines and components – Substitute meals or extra snack may be brought from home. Water is offered at all times

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