LifeSpan

Day Care You Can Trust For Children.

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NOVEMBER HAPPENINGS:

November is here, bringing cooler days and a wonderful opportunity to focus on gratitude, family, and friendship. We are so thankful for the amazing children and families who make our school community such a special place!

Throughout the month our classrooms will explore the season through hands-on learning experiences, fall-themed art, stories, music, sensory activities, and conversations around the idea of what it means to be thankful.

Families, please stop at the front desk to pick up a turkey feather for our turkey display. On the turkey feather please write something you/your family is thankful for. Together, we will fill up our turkey with feathers!

A friendly reminder for smoother drop off and pick up routines, parents, we respectfully ask that you are not on your phone during these times. Thank you!



FALL FAMILY RESOURCE FAIR:

This is a new event for us at LifeSpan! We will have a small fair set up throughout the front parking circle. We will have a variety of local businesses joining us for this event. Among our resource tables set up will be Last Chance Ranch, a local animal rescue organization, and Dance Works, a local dance studio that offers classes for all ages! We will have State Troopers out for a car seat safety check station during this time too. This event will be Friday, November 6th from 4-5PM. This is a great opportunity to see some of the materials the children have been exploring with in our new Learning Beyond Paper Curriculum and Farm to School Connection.

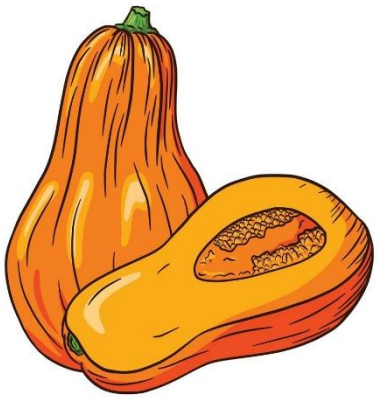
We have a lot to be THANKFUL for here at LifeSpan! We will be doing our part to spread joy to a few families in need this Thanksgiving. If you wish to donate, we will have a Food Pantry Donation Box located at the front entrance kiosk from November 2nd-13th. We are collecting the following items:

- Instant Mashed Potatoes
- Cornbread Mix
- Canned Cranberry Sauce
- Canned Carrots
- Canned Green beans
- Canned French-Fried Onions
- Canned Cream of Mushroom Soup
- Canned/Jarred Gravy
- Canned Yams
- Canned pumpkin puree
- Premade Pie Crusts
- Bagged Cookie Mix
- Bagged Marshmallows
- Boxed Stuffing
- Boxed Mac n Cheese
- Boxed Brownie Mix

FARM TO SCHOOL UPDATES:

Our Harvest of the month for the month of November is winter squash. Butternut Squash is the most common and sweetest variety of winter squash. PA HARVEST OF THE MONTH presents the following fun facts about squash:

- Did you know squashes are one of the oldest known crops? Winter squashes date back to 10,000 years ago!
- Did you know that the original pies made by the Pilgrims were made of squash and not crust? Pilgrims used a hollowed-out pumpkin that was filled with apples, sugar, milk, and spices to make pies.



MONTHLY SAFETY TOPIC:

Throughout the month of November is taking note of potential choking hazards. With the holidays just around the corner and Santa's elves preparing new toys, it is the best time of year for a review. Choking is easily preventable. Two easy ways to avoid choking. It is important to keep tiny items such as marbles, beads, or coins away from children under the age of 3. Secondly, preventing children from walking, running, and playing when they have food or toys in their mouth can drastically limit an occurrence of choking.

The CDC also recommends cooking and prepare food to the right shape, size, and texture for your child's development while avoiding small, sticky, or hard foods that are hard to swallow. Keeping meal time a calming time helps to avoid distractions that can further prevent choking occurrences.

Please join us in wishing the following a very happy birthday this month!

Iris- 11/1
Ramona- 11/1
Isla- 11/2
Gianna- 11/2
Alarric- 11/3
Mattias- 11/6
Amina- 11/7
Eleanor- 11/12
Cirilla- 11/12
Daniel- 11/12
Myles- 11/21
Logan D. – 11/24
Ms. Pearl- 11/26
Jolene- 11/27
Baker- 11/29
Catalina- 11/29

