

Chef Chipper's Early Learners Lunch Program

This institution is an equal opportunity provider.
Approved by Barbara Myers, RD, LD/N

Veggie Lunch

Serving sizes are as follows:
1-2 year olds - m/ma 1oz, fruit 1/4c, veg 1/4 c, grain 1/2oz, 4oz Plain Whole Milk
3-5 year olds - m/ma 1.5oz, fruit 1/4c, veg 1/4c, grain 1/2oz, 6oz Plain 1% Milk
School Age - m/ma 2oz, fruit 1/2c, veg 1/2c, grain, 1oz, 8oz Plain 1% Milk

* Please See CACFP Meal Pattern



1% Milk Is Served At Lunch Everyday.
Whole Milk Is Available For Students Under Age 2

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 Baked Mac & Cheese WG Pasta - 100% Cheddar (1-2 y/o 4oz per) (3-5 you 6oz per) Carrots Apple Slices	3 Veggieburgers Sliced American Cheese Roasted Potatoes WG Burger Roll Mixed Fruit	4 Grilled Cheese WG Bread 100% Cheddar Cheese Mixed Vegetables Bananas	5 Baked Ziti WG Penne Pasta-100% Cheddar Tomato Sauce - Mozzarella Ricotta Cheese (1-2 y/o 4oz per), (3-5 you 6oz per) Italian Vegetables Halo Oranges	6 Tony's Deep Dish WG Pizza Tossed Salad Peaches
9 Veggie Nugget (9= 2oz M 1.5oz G) (6 = 1oz M .5oz G Peas Pineapple	10 Tofu Stir Fry WG Rice Stir Fry Veggies Mixed Fruit	11 Cheese Quesadillas WG Tortilla - 100% Cheddar Corn Bananas	12 Baked Mac & Cheese WG Pasta - 100% Cheddar (1-2 y/o 4oz per) (3-5 you 6oz per) Carrots Halo Oranges	13 Maxx Stix (2per) Tossed Salad Peaches
16 Veggie Nuggets (5= 2oz M, 1.5oz G) (3 = 1oz M, .5oz G) Corn Apple Slices	17 WG Mozzarella Calzones Peas Mixed Fruit	18 Grilled Cheese WG Bread - 100% Cheddar Mixed Vegetables Bananas	19 Baked Ziti WG Pasta - 100% Cheddar (1-2 y/o 4oz per) (3-5 you 6oz per) Green Beans Halo Oranges	20 Tony's Deep Dish WG Pizza Tossed Salad Peaches
23 Baked Ziti WG Penne Pasta-100% Cheddar Tomato Sauce - Mozzarella - Ricotta (1-2 y/o 4oz per) (3-5 you 6oz per) Peaches Peas	24 Baked Mac & Cheese WG Pasta - 100% Cheddar (1-2 y/o 4oz per) (3-5 you 6oz per) Mashed Potatoes Mixed Fruit	25 Cheese Quesadillas WG Tortilla - 100% Cheddar Tossed Salad Bananas	26 We Are THANKFUL For You!	27 Maxx Stix Corn Peaches
30 Veggie Nuggets (5= 2oz M, 1.5oz G) (3 = 1oz M, .5oz G) Peas Apple Slices	Q: Why was The Turkey arrested?? A: Fowl Play! Chef Chipper ChefChipper.com	Meal Changes Will Be Written On The Posted Menu Menu Items Subject To Change Based On Availability	Happy Thanksgiving	NATIONAL SCHOOL LUNCH PROGRAM